



UNIVERSITY OF JAMMU

(NAAC ACCREDITED A + GRADE UNIVERSITY)
Baba Sahib Ambedkar Road, Jammu-180006 (J&K)

NOTIFICATION (23/May/Adp/18)

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, has been pleased to authorize the adoption of the Guidelines and Syllabus for **M.D. in Psychiatry** as per National Medical Commission for the Examinations to be held in the years 2023, 2024 and 2025.

The Syllabi of the course is available on the University Website: www.jammuuniversity.ac.in.

Sd/-
DEAN ACADEMIC AFFAIRS

No. F.Acd/III/23/2204- 2210
Dated: 11/05/2023

Copy for information & necessary action to:-

1. Dean , Faculty of Medical Science
2. Principal, Government Medical College/ASCOMS, Sidhra, Jammu
3. Deputy/Assistant Registrar (Exams/Confidential/Evaluation)
4. Incharge, University Website

Sumitashamo
Deputy Registrar (Academic)
11/5/23
11/5/23
11/5/23

**NATIONAL MEDICAL COMMISSION
Postgraduate Medical Education Board**

D 11011/1/22/AC/Guidelines/15

Date: 05-08-2022

**GUIDELINES FOR COMPETENCY
BASED
POSTGRADUATE TRAINING
PROGRAMME FOR M.D. IN
PSYCHIATRY**

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GUIDELINES FOR COMPETENCY BASED POSTGRADUATE TRAINING PROGRAMME FOR MD IN PSYCHIATRY

Preamble

The purpose of PG education is to create specialists who would provide high quality health care and advance the cause of science through research & training.

A postgraduate specialist having undergone the required training should be able to recognize the health needs of the community, should be competent to handle medical problems effectively and should be aware of the recent advances pertaining to his specialty. The post graduate student should acquire the basic skills in teaching of medical/para-medical students. She/he is also expected to know the principles of research methodology and modes of consulting library.

The purpose of this document is to provide teachers and learners illustrative guidelines to achieve defined outcomes through learning and assessment. This document was prepared by various subject-content specialists. The Reconciliation Board of the Academic Committee has attempted to render uniformity without compromise to purpose and content of the document. Compromise in purity of syntax has been made in order to preserve the purpose and content. This has necessitated retention of "domains of learning" under the heading "competencies".

SUBJECT SPECIFIC LEARNING OBJECTIVES

The primary goal of the MD course in Psychiatry is to produce a post graduate clinician able to provide health care in the field of Psychiatry. A physician qualified in Psychiatry, at the end of the course, should be able to diagnose and treat psychiatric disorders, take preventive and curative steps for the disease in the community at all levels of health care and qualify as a consultant and teacher in the subject.

At the end of the MD course in Psychiatry, the student should be able to:

- Understand the relevance of mental health in relation to the health needs of the country,
- Ethical considerations in the teaching and practice of Psychiatry,
- Identify the social, economic, biological and emotional determinants of mental health,
- Identify the environmental causes as determinants of mental health,
- institute appropriate diagnostic, therapeutic and rehabilitative procedures to the mentally ill patient,

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- Take detailed history, conduct appropriate ethically valid physical examination and institute appropriate evaluation procedures to make a correct clinical diagnosis,
 - Perform relevant investigative and therapeutic procedures for the psychiatric patient,
 - Recommend appropriate laboratory and imaging examinations and interpret the results correctly,
 - Plan and deliver comprehensive treatment of a psychiatric patient using principles of rational drug therapy,
 - Plan rehabilitation of psychiatric patient suffering from chronic illness,
 - Clinically manage psychiatric emergencies efficiently,
 - Demonstrate empathy and humane approach towards patients and their families and respect their sensibilities,
 - Demonstrate communication skills of a high order in explaining management and prognosis, providing counselling and giving health education messages to patients, families and communities,
 - Develop appropriate skills to practice evidence-based psychiatry,
 - Demonstrate competence in basic concepts of research methodology and epidemiology,
 - Be aware of and take appropriate steps in the implementation of national mental health programs, effectively and responsibly,
 - Be aware of the concept of essential drugs and rational use of drugs,
 - Be aware of the legal issues in the practise of Psychiatry,
 - Be aware of the special requirements in the practice of Child and adolescent Psychiatry and Geriatric Psychiatry.
 - Be aware of the role of sex and gender in the practice of psychiatry
 - Be able to determine the capacity and capability of the individual (especially children and adolescents) to identify and articulate a gender identity
- **Research:** The student should know the basic concepts of research methodology and plan a research project in accordance with ethical principles. S/he should also be able to interpret research findings and apply these in clinical practice. S/he should know how to access and utilize information resources and should have basic knowledge of statistics.
 - **Teaching:** S/He should learn the basic methodology of teaching and develop competence in teaching medical/paramedical students, health professionals, members of allied disciplines (e.g. behavioural sciences), law enforcement agencies, families and consumers and members of the public.

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