

National Conference 2023

MAY 11 & 12  
2023



**Empowering  
Society** — ES-2023-IU  
through  
Education Science & Sports

A MULTIDISCIPLINARY CONFERENCE  
ON

## EMPOWERING SOCIETY 2023

EMPOWERING SOCIETY  
THROUGH  
EDUCATION SCIENCE & SPORTS

11 & 12 MAY, 2023



Introspecting and interpreting the possibilities to Progress-  
A Multidisciplinary Approach

PATRON-IN-CHIEF



**Prof. Umesh Rai**

Hon'ble Vice Chancellor  
University of Jammu

Submit Abstract at  
[es2023ju@gmail.com](mailto:es2023ju@gmail.com)  
11 & 12 MAY, 2023

REGISTRATION:

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[es2023ju@gmail.com](mailto:es2023ju@gmail.com)

Brigadier Rajinder Singh Auditorium, Univ. of Jammu, J&K

Organized By:

DIRECTORATE OF SPORTS AND  
PHYSICAL EDUCATION  
UNIVERSITY OF JAMMU

J&K

# CONFERENCE CONCEPT

ES 2023 JU is the 1st in a series of Conference that will be organized by the Directorate of Sports and Physical Education, University of Jammu, UT of J&K. National Conference on Empowering Society through Education, Science and Sports for introspecting and interpreting the possibilities to progress in the current scenario and to provide all possible support to the society by the Educational Institutions to bring together leading academic scientists, researchers and research scholars to exchange and share their experiences and research results on all aspects of Education, Science and Sports for progress of Society and welfare. It also provides a premier interdisciplinary platform for researchers, practitioners and educators to present and discuss the most recent innovations, trends, and concerns as well as practical challenges encountered and solutions adopted in the fields of Education, Science, and Sports for the upliftment of Society.

## CONFERENCE OBJECTIVE

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- > To explore the ways of quality living through Education, Science and Sports.
- > To place value of Physical Education and Sports in Empowering Society.
- > To explore ways and means of operationalizing the term 'Empowerment' in Society in New-Norman, Post COVID-19 and Current unstable situation.
- > To provide a comprehensive understanding of the Innovative and Scientific approach to uplift social values and enhancement of healthy lifestyle.
- > To understand and interpret general rules and regulations of inclusive education and empowering specially abled people for current scenario.
- > To create an interface among professionals, academicians and experts in the field of Education, Science and Sports to formulate and introspect methods and mediums to create prepared and protective environment to deal with Pandemic and any such situation.
- > To explore the use of technology in empowering Society for Unstable but yet said as New-Norman and Post COVID-19 scenario.
- > To exchange experiences in promoting the empowerment of Society and education through different disciplines.
- > To study the impact of Sport on the development of Society in Current and Future prospects.
- > To explore new research from a range of academic disciplines to empower Society and Wellness in Unstable but yet said as New-Norman and Post COVID-19 or Appealing Scenario.

## CALL FOR CONTRIBUTORS

*Prospective authors are kindly encouraged to contribute to and help shape the conference through submissions of their research abstracts, papers and posters. Also, high quality research contributions describing original and unpublished results of conceptual, constructive, empirical, experimental, or theoretical work in all areas of Sports, Society and Technology are cordially invited for presentation at the conference. The conference solicits contributions of abstracts, papers and posters that address themes and topics of the conference, including figures, tables and references of novel research materials.*

## PRESENTATION TYPES

**Physical presentation** is an oral conferencing presentation that is made using digital technology including embedded digital elements (texts, tables, graphs, or videos) for PowerPoint sharing.

**Poster presentation** is a open conferencing presentation that is made using Flex (Banner) to be placed on erased/High Boards/Walls including embedded digital elements ( texts, tables, graphs, or videos ) for Physical Presentation.

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# THEMES OF THE CONFERENCE

## Theme

"Empowering Society through Education, Science and Sports"

### Sub Themes

1. Issues and Problems of Society Empowerment Areas: Problems faced by Social Beings & members in Society and solutions through Physical Education Programs, Sports and Participation.
2. Role of Education, Science and Sports in empowering society and living quality life : - Rural Development, Human Resource Development, Women Development etc
3. Pandemic Preparedness and Response Measures.
4. Involvement of Inclusive Education/Practices for Society Empowerment Areas: Right to Education Act-2009 (Regulation & Policies), Sarva Shiksha Abhiyan (Regulation & Policies), Rashtriya Madhyamik Shiksha Abhiyan (Regulation & Policies), Rashtriya Uchchatar Shiksha Abhiyan (Regulation & Policies) and related concepts.
5. Sensitizing students and teachers through Physical Education and Sports.
6. Sensitizing social members on New Norman and Post COVID-19 living standards and quality safety approaches through awareness Programs and other approaches associated with Education, Science and Sports.
7. Empowering Society through Physical Education, Visual & Performing Arts. Areas: - Physical Education/ Sports /Yoga / Meditation/Fitness and Diet.
8. Empowering Society through Research in Physical Education and Sports.

### Sub Themes

9. Enhancing the environment for learning and mobilizing resources through Sports.
10. Roll of Physical Education Programs and Sports competitions in enhancing safe and quality life.
11. Physical Education, Sports, Behavioral, Social and Educational Subjects as contributors in uplifting Society.
12. Empowering Society through Innovative Practices. Areas: - Life Skills, Modern methods of teaching learning, M-learning, MOOC, E-library, ICT etc.
13. Empowering Society through the introduction of new subjects/topics. Areas: - New subjects introduced in Education /Arts/Science/Social Sciences/Agriculture/Fashion Designing/Languages/Commerce/ Music/Drama etc.
14. Specified Subjects from Sciences like Physics, Mathematics, Chemistry and Bio-Sciences as contributors in enhancing Quality Life and protective approaches required in New Norman and Post COVID-19.
15. All other important aspects to empower Society and Quality life; in which Education, Science and Sports are playing vital role to handle New Norman and Post COVID-19 scenario.

**HOWEVER PAPERS CAN ALSO BE SUBMITTED IN OTHER RELATIVE & RESEARCH TOPICS**

## SUBMIT ABSTRACT / PAPER

PARTICIPANTS INTERESTED IN PRESENTING RESEARCH PAPERS ON THE GIVEN THEME/SUBTHEMES OF THE CONFERENCE ARE REQUIRED TO INITIALLY SUBMIT



ABSTRACT THROUGH E-MAIL

es2023ju@gmail.com



# REGISTRATION CHARGES

Payment of Registration is compulsory for all the delegates. Registration entitles attendance to all the scientific sessions, Registration/Conference kit, Abstract e-book, Papers published in Online International Journal\* with ISSN, Peer Reviewed & DoI, Coffee/Tea and Lunch during the conference days. Transport, accommodation and other expenses will be borne by the delegates/participants.

Category of Delegates	Up to	After	On Desk/On Spot
	17 <sup>th</sup> April 2023	17 <sup>th</sup> April 2023	Days of Conference
Delegates (Academics/Industry)	Rs. 1000/-	Rs. 1500/-	Rs. 2000/-
Research Scholars/Student	Rs. 300/-	Rs. 500/-	Rs. 700/-
Accompanying Person	Rs. 500/-	Rs. 700/-	Rs. 1000/-

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Note: Registration fee can be paid through

1. Accompanying persons will not get conference kit.

2. Registration fee is non-refundable.

3. Participants are requested to make their own arrangement of stay. List of Hotels/Hostels /Guest Houses will be intimated to all registered participants.

4. Registration is compulsory for all.

a) NEFT/Money transfer to "The Jammu and Kashmir Bank Ltd.", with details:

Account Name: **Empowering Society 2023**

Account Number: **0345040160000144**

Branch: **New University Campus, Jammu**

Branch Code: **0345**

IFSC Code: **JAKA0CANAAL**

b) By Cash at Registration counter for late Registered delegates at the Conference Venue at Jammu.

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# IMPORTANT DATES

<b>Abstract Submission</b>	On or Before 27 <sup>th</sup> April 2023
<b>Paper Submission (Full Paper)</b>	On or Before 30 <sup>th</sup> April 2023
<b>Notification of Acceptance</b>	On or Before 30 <sup>th</sup> April 2023
<b>Late Paper Submission (to be published in Next Issue of Proposed Journals)</b>	After 30 <sup>th</sup> April 2023
<b>Registration</b>	Early Bird (On or Before 17 <sup>th</sup> April 2023)
	After 17 <sup>th</sup> April 2023
	Desk Registration (Days of Conference)
<b>Conference Date</b>	11 <sup>th</sup> & 12 <sup>th</sup> May 2023

**DATES EXTENDED  
TILL  
7TH MAY 2023**

**Dates Open for Abstract  
submission**



## ABOUT THE UNIVERSITY

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Cradled in the lap of Himalaya at the foothill of auspicious Trikuta Hills, besides the banks of river Tawi at an altitude of 1030 ft. is Jammu City. This 'City of Temples' has many places which are flocked by people from every nook and corner of the globe. Among all these, also counts the famed University of Jammu, a place, where imparting education is not considered just as a mere duty, but as a commitment towards the advancement of the society. The University of Jammu, Jammu established in 1969 is presently accredited as "A++" grade University by National Assessment and Accreditation Council of India. The main campus is located in Jammu, along with its offsite campuses at Bhadarwah, Kathua, Kishtwar, Poonch, Ramnagar, Reasi and Udhampur. The University offers a number of academic and professional programmes leading to Post Graduate, Ph.D., Postgraduate Diplomas, Certificates and Graduate Degrees through its forty departments, Directorate of Distance Education and more than one hundred sixty affiliated colleges. The University has been identified as one of the sixteen Universities in the country for promotion of Indian higher education abroad.

## ABOUT THE DIRECTORATE

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Directorate of Sports & Physical Education was established in the year 1969. The primary objective of the Directorate was to monitor and conduct Inter-Collegiate Tournaments in various disciplines and ensure participation of Jammu University team in zonal and All India Inter-University Championships. However, the campus sports activities are being looked after by the PTI Campus who works under the direct supervision of Chairman Campus Sports Committee. The nomenclature of the Directorate was changed into Directorate of Sports & Physical Education during the session 2002-03 with inception of the B.P.Ed professional course of one year duration and M.P.Ed course with two years duration in the year 2008 and has recently framed the time bound programmes for achieving sporting and academic excellence. The Directorate has given very good result by producing numbers of players of International; Standard and has also produced three batches of M.P.Ed students and that too with hundred percent placement in the Govt. sector. The Directorate with its vigour, confidence and synergized efforts towards meeting this vision and objectives.

## ABOUT JAMMU

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Jammu also known as "City of Temples" is a historical city having numerous temples in its lap. The view of the dawn and dusk of this sacred city is simply enchanting. All bazaars in the city have their own peculiarities and specializations. Bagh-e-Bahu and world class underground Fish Aquarium are the centres of attraction. The city hosts the historical Amar Mahal Museum. Pilgrimage of Mata Vaishno Devi is said to be one of the holiest pilgrims in the world. Shri Mata Vaishno Devi resides in a cave which is situated in the three peaked mountain called Trikoot. Lakhs of devotees pay homage to Mata Vaishno Devi ji every year. The holy cave of Mata Vaishno Devi ji is located at the height of 5200 ft. Devotees mostly stay at Katra which is about 45 km from Jammu and trek up a path of 12 Km. Darshans for Mata Vaishnodevi Ji is open 24 hours a day throughout the year. Helicopter service and for other bookings one can browse [www.maavaishnodevi.org](http://www.maavaishnodevi.org). Famous Cave shrine of "Shivkhori" is about 110 km from Jammu, depicts the natural formation of Shivlingam. It is one of the most venerated cave shrines of Lord Shiva in the region. The Holy Cave is more than 150 mts long & houses 4 feet high Svayambhu Lingam, which constantly bathes in a milky lime fluid dripping from the ceiling. The cave is full of natural impressions and images of various Hindu Deities.

# HOW TO REACH JAMMU

Jammu is the winter capital of the UT of Jammu and Kashmir and is well connected by roads, rail and air with different parts of the country. By Air: Jammu has direct flights to and fro from Delhi/Mumbai, and well connected to other major cities of the country. Jammu Airport is located at a distance of approximately 5 Kilometres from Jammu University campus. By Rail: There are daily trains connecting Jammu to New Delhi, Mumbai, Lucknow, Varanasi, Gorakhpur, Jaipur, Indore, Kolkata, Chennai etc. Jammu Tawi railway station is located at a distance of approximately 2 KM from Jammu University campus. By Road: Jammu is well connected by good road network connecting it to various cities and towns across India. Various government as well as private agencies offers daily bus services to various destinations in the UT of J & K and the neighbouring states. General Bus Stand, Jammu is located at a distance of approximately 2 KM from Jammu University campus. Climate and Clothing: Climate in Jammu during the month of May would be hot with day time temperature varying between 35-42 degree centigrade while night time temperature varying between 30-40 degree centigrade. Light summer clothes during the day time are recommended.

## FOR ACCOMODATION

Submit Abstract at  
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Participants are requested to make their own arrangement of stay. List of Hotels/Hostels /Guest Houses will be intimated to all registered participants.)

Early Booking of Guest House & Hotels is Adviced.

Contact for any assistance in Accomodation:

Mr. Tarvinderpal Singh- 7006275749

Dr.Mandeep Singh- 9906365952

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## AWARDS

**# Best Paper Award**

**# Young Scientist Award**

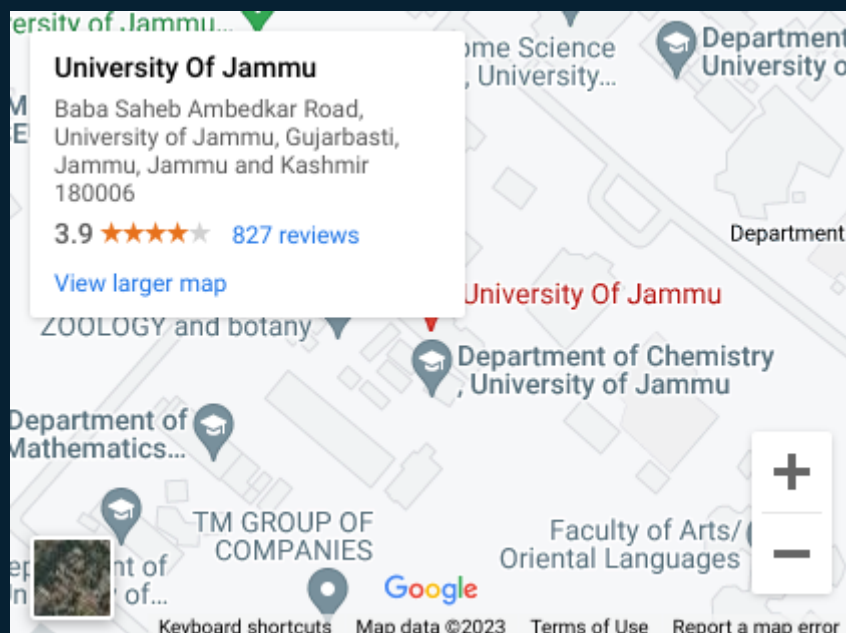
## LOCATION



University of Jammu,  
Baba Saheb Ambedkar Road,  
Jammu Tawi (J&K)-180006 (INDIA)

Conference Venue:

Brigadier Rajinder Singh Auditorium, Univ. of Jammu, J&K





## EXPLORE JAMMU

### SHRI VAISHNO DEVI TEMPLE



### RAGHUNATH TEMPLE



### BAHU FORT



### PEER KHO CAVE



### BAAG-E-BAHU



### DOGRA ART MUSEUM



### AMAR MAHAL



### SHIV KHORI



### RAGHUNATH BAZAAR



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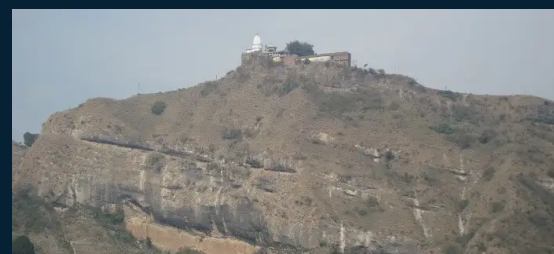
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### SURINSAR LAKE



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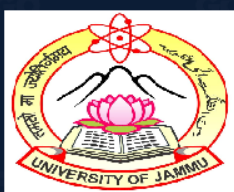
### DUDHADHARI MANDIR





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A Multidisciplinary Approach

key note speaker

Prof. Nishan Singh Deol  
Punjabi University, Patiala



## Speakers



Mary C. Lethil  
University of Delhi,



Prof. M Elayaraja  
Pondicherry University



Prof. J P Bhukar  
Central University of Haryana



Dr. Anek Goel  
University of Delhi



DR. Hartej Singh  
Govt. College



Dr. Suman Pandey Mahadevan  
Savitribai Phule Pune University, Pune



Dr. Madhuri Sadgir  
Mumbai University,  
Maharashtra



Dr. Yogesh Chander  
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OPEN CALL TO SUBMIT RESEARCH PAPERS FOR BEST  
PAPER & YOUNG SCIENTIST AWARD



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with Prime Theme of

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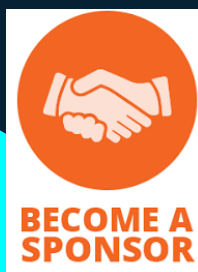
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Presentation & Participation

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POTENTIALLY FORMING PARTNERSHIPS AND MENTORSHIPS**

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- #Paper Publication with DoI for High Citation\*
- #Experience & Learning

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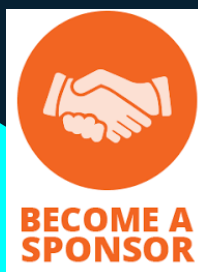
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