

**Directorate of Sports and Physical Education, University of Jammu Organizes Sports Activities under “Khelo India Samvaad – Khel Ki Baat PM Ke Saath” as part of the upcoming National Sports Day 2026**

The **Directorate of Sports and Physical Education, University of Jammu**, organized sports activities under the “**Khelo India Samvaad – Khel Ki Baat PM Ke Saath**” programme as part of the upcoming National Sports Day 2026, in collaboration with Mera Yuva Bharat (MY Bharat), Department of Youth Affairs, Ministry of Youth Affairs and Sports, Government of India.

The programme was organized in line with the vision of the **Hon’ble Prime Minister, Shri Narendra Modi**, to build a fit, healthy, disciplined and sporting nation and to place youth at the centre of India’s development journey. The sports activities and interactions organized at the Directorate provided students and young participants with an opportunity to actively engage with the objectives of the Khelo India Samvaad programme and understand the important role of sports in promoting physical fitness, discipline, leadership, teamwork and responsible citizenship.

The programme focused on the key themes of **Strengthening India’s Sports Ecosystem, Olympic Vision 2036, Viksit Bharat @2047, and Nasha Mukta Yuva Movement**, emphasizing grassroots sports, youth participation, fitness, discipline, leadership and healthy lifestyles. A dedicated “Yuva Samvaad” session provided students an opportunity to share their ideas and aspirations regarding sports, nation building, volunteering and a drug-free society.

Interactive lecture and dialogue session was organized at the Athletic Track of the University of Jammu during the morning session. The session provided an opportunity for emerging athletes and students to interact with experts, exchange ideas, share their experiences, and gain valuable insights into sports, fitness, discipline, and career development in the field of sports. Live telecast of the Hon’ble Prime Minister’s address under the “Khelo India Samvaad – Khel Ki Baat PM Ke Saath” programme was witnessed by the students and faculty members of the Directorate of Sports and Physical Education, University of Jammu. The live interaction further motivated the participants and highlighted the importance of sports in nation-building, youth empowerment, and developing a strong sporting culture across the country.

The programme was conducted keeping in view the broader vision of “**Viksit Bharat @2047**”, emphasizing the role of a healthy, active, disciplined, and sports-oriented youth population in building a developed India. The event also encouraged young athletes to contribute towards the nation’s sporting excellence and to pursue the ideals of fitness, participation, teamwork, leadership, and excellence.

The event was organized under the supervision of **Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu, whose guidance ensured the smooth and successful conduct of the programme, faculty members, Research Scholars and Students actively participated in and extended their support towards the various activities, contributing to the successful organization of the event.

