

University of Jammu organize Inter-Collegiate Yoga (M&W) Championship 2025-26

The Directorate of Sports and Physical Education, University of Jammu, commenced the Inter-Collegiate Yoga (Women) Championship 2025–26 on **30th September 2025** at Gymnasium Hall, University of Jammu.

The competition was inaugurated in the presence of Dr. Vimal Kishore, Sh. Sanjeev Kumar, Sh. Ravish Vaid, Sh. Vikas Karlopiya, Dr. Mukesh Kumar, Dr. Rupali Slathia, Sh. Jagtar Singh, Ms. Sonu Mehra, Ms. Drishti Pawan Sharma, Mr. Sunil, Dr. Inderjeet Singh, Dr. Mahak, Mr. Rishiv Sharma and various officials and participants from the University's affiliated colleges.

The event witnessed intense competition and outstanding performances, reflecting the growing interest in yoga and physical wellness among students. The Directorate of Sports and Physical Education expressed heartfelt gratitude to all the participants, officials, and spectators whose support and enthusiasm contributed to the smooth execution and success of the championship.

Yoga Team (Women) Results:

- **1st Position:** PG Department, University of Jammu
- **2nd Position:** GCW Parade
- **3rd Position:** GCW Udhampur

Yoga Individual (M) Results:

- **1st Position:** Nitika Sharma PG. Deptt. JU
- **2nd Position:** Rama Sharma PG. Deptt. JU
- **3rd Position:** Meenakshi Devi PG Department, University of Jammu and Anadya Handa GMC Rajouri respectively.

The matches were officiated by a technical panel of experts including Sh. Sanjeev Kumar Pandey, Sh. Devesh Kumar, Dr. Sandeep Sharma, Sh. Ankit Bali, Gorav Raina, Deepti Sharma and Ms. Zoha Barkat.



Inter-Collegiate Cricket (Men) Tournament 2025–26

The ongoing Inter-Collegiate Cricket (Men) Tournament 2025–26 is being organized by the Directorate of Sports and Physical Education, University of Jammu, at the University Cricket Ground. This prestigious annual event seeks to foster sportsmanship, promote competitive cricket at the collegiate level, and provide a platform for young cricketers to showcase their talent, dedication, and passion for the game.

Results of the Matches:

1. ASCOMS Jammu registered a 25-run victory over GDC Reasi. Batting first, ASCOMS posted 130 runs in 20 overs, losing all 10 wickets. Nadeem top-scored with 40 runs, while Aryan added 13. With the ball, Irfan Arif and Qazi Umar impressed, picking up 4 and 3 wickets respectively.

In reply, GDC Reasi was bundled out for 105 runs in 17.5 overs. Aryan Thakur was the top scorer with 31 runs, while Rishab and Sumit claimed 3 wickets each.

The tournament is being conducted under the overall supervision of **Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu.

The technical panel for officiating the matches comprised **Sh. Ashok Singh, Sh. Vijay Raina, Sh. Danish Singh, Manu, Sh. Raj Kumar Bakshi**, and **Sh. Anirudh Singh**, whose professional expertise ensured that all matches were conducted fairly and in strict adherence to the rules of the game.

