

PG. Deptt. JU Cinches Inter-Collegiate Hockey (Men) Tournament 2025-26 Title.

Today the final match of the Inter-Collegiate Hockey (Men) Tournament 2025-26 was organised by The Directorate of Sports and Physical Education, University of Jammu at K.K. Hakku Stadium, Jammu. The final match was played between the teams of PG Department, University of Jammu and GDC Kathua in which PG.Deptt.JU. JU team beat GDC Kathua by 06-03 goals. The match remained 03-03 draw during the stipulated time and decided through penalty shoot out. For PG.Deptt.JU team Yogeshwar Rudar Scored 03 field goals on 10th, 35th & 45th minute of the match in the stipulated time. During penalty shoot out Sukchinder Singh, Yogeshwar Rudar & Sahil Kumar scored the goal for the PG. Deptt. JU team.

Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu was the chief Guest of the final match who awarded medals & trophy to the winning teams/players in the presence of Prof. Shivani Kotwal, Sh. Ravish Vaid, Sh. Vikas Karlopiya, Dr. Mahak, S. Harinderpal Singh, S. Ravinder Singh and Sh. Rishiv Sharma.

The match was officiated by **Mr. Karanjit Singh, Mr. Koushal Sharma, Mr. Harvinder Singh, and S.P.D. Singh.**



University of Jammu Inaugurates Inter-Collegiate Kho-Kho (Men) Tournament 2025–26

The Directorate of Sports and Physical Education, University of Jammu, today organized the Inter-Collegiate Kho-Kho (Men) Tournament 2025–26 at the Kho-Kho Ground, University of Jammu. This flagship sporting event aims to promote physical fitness, teamwork, resilience, and sportsmanship among young students. Serving as a prestigious platform for the University's affiliated colleges, the tournament allows participants to showcase their athletic talent, strategic skills, and competitive zeal. By encouraging enthusiastic participation and healthy competition, the event continues to inspire students to adopt an active lifestyle while fostering camaraderie, unity, and mutual respect through the traditional and culturally significant sport of Kho-Kho.

Day One Highlights:

The inaugural day of the tournament witnessed thrilling contests and an exceptional display of skills and strategy by the participating teams. Each match was marked by competitive spirit and high energy, underscoring the growing popularity of Kho-Kho among students.

Results of Day One Matches:

1. GDC Paloura beat GDC Reasi by 02 points.
2. GDC Doda beat Dogra Degree College by 14 points.
3. GDC Doda beat UIET Kathua by 08 points.
4. GDC R S Pura beat GDC Paloura by 01 points.

The tournament is conducted under the supervision of **Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu. His dedicated team has ensured the smooth conduct of the event with a strong emphasis on discipline, fair play and organizational excellence.

The match was officiated by Sh. Anil Sharma, Sh. Ajay Gupta, Sh. Dheeraj Sharma, Sh. Palbinder Singh, Ms. Pooja Sharma and Sh. Gagan Kumar.



GCW Parade dominates the mat, wins Inter-Collegiate Judo (Women) Championship 2025–26 at University of Jammu

The Directorate also organized the **Inter-Collegiate Judo (Women) Tournament 2025–26** at the **Gymnasium Hall, University of Jammu**.

Results of the Competition:

Below 48-Kg	Name of the Player	Institute	Position
1	Vishali Devi	GDC Khour	Gold Medal
2	Tania Akhter	GDC Basohli	Silver Medal
3	Akshna Chawla	GDC Bishnah	Bronze Medal
4	Manvi Devi	GDC Kakryal	Bronze Medal
Below 52-Kg	Name of the Player	Institute	Position
1	Kashish Bhagat	GDC Doda	Gold Medal
2	Shivani Devi	GDC Khour	Silver Medal
3	Manvi Pathania	GDC Basholi	Bronze Medal
4	Suhani Devi	GDC Bishnah	Bronze Medal
Below 57-Kg	Name of the Player	Institute	Position
1	Upasana	PG. Deptt. JU	Gold Medal
2	Tania Chib	GCW Parade	Silver Medal
3	Vishali Thakur	GDC Basohli	Bronze Medal
4	Kajal Devi	GDC Doda	Bronze Medal
Below 63-Kg	Name of the Player	Institute	Position
1	Samreena Kouser	GDC Reasi	Gold Medal
2	Roshan Bibi	GDC Bishnah	Silver Medal
3	Mamta	GDC Basohli	Bronze Medal
4	Mangla	GDC Doda	Bronze Medal
Below 70-Kg	Name of the Player	Institute	Position
1	Babli Devi	GDC Reasi	Gold Medal
2	Chaksha Sharma	GCW Parade	Silver Medal
3	Sakshi Sharma	GDC Khour	Bronze Medal
4	Kanchan Devi	GDC Basohi	Bronze Medal
Below 78-Kg	Name of the Player	Institute	Position
1	Anshika Sharma	PG. Deptt. JU	Gold Medal
2	Jigmat Choszin	GCW Parade	Silver Medal
3	Tania Sharma	GDC Khour	Bronze Medal
Above78-Kg	Name of the Player	Institute	Position
1	Niharika Sharma	GCW Parade	Gold Medal
2	Palvi Pathania	GDC Basohli	Silver Medal
3	Rishita Khajuria	GDC Khour	Bronze Medal

The competition was officiated by **Sh. Danish Sharma, Ms. Shweta Thakur, Sh. Vikas Dogra, Ms. Arshi Nad,** and **Sh. Jai Bharat**.

Inter-Collegiate Cricket (Men) Tournament 2025–26

The ongoing Inter-Collegiate Cricket (Men) Tournament 2025–26 is being organized by the Directorate of Sports and Physical Education, University of Jammu, at the University Cricket Ground. This prestigious annual event seeks to foster sportsmanship, promote competitive cricket at the collegiate level, and provide a platform for young cricketers to showcase their talent, dedication, and passion for the game.

Results of the Matches:

GDC Marh registered a convincing 6-wicket victory over Dogra Degree College. Batting first, Dogra Degree College was bundled out for **113 runs in 15 overs**. In reply, **GDC Marh** successfully chased down the target, scoring **114 runs** for the loss of **4 wickets in 13.1 overs**. **Atinder** was the top scorer with **48 runs**, while **Baljeet** contributed **23 runs**. For Dogra Degree College, **Mayank and Ansu** claimed one wicket each.

The tournament is being conducted under the overall supervision of **Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu.

The technical panel for officiating the matches comprised **Sh. Ashok Singh, Sh. Vijay Raina, Sh. Danish Singh, Manu, Sh. Raj Kumar Bakshi**, and **Sh. Anirudh Singh**, whose professional expertise ensured that all matches were conducted fairly and in strict adherence to the rules of the game.

PG Department, University of Jammu dominates inter-collegiate Weightlifting (Women) Championship 2025–26 at University of Jammu

The Directorate also organized the **Inter-Collegiate Weightlifting (Women) Tournament 2025–26** at the **Training Hall, University of Jammu**. This flagship event aims to promote physical fitness, resilience, and a spirit of sportsmanship among young students. Providing a prestigious platform for players from affiliated colleges, the tournament allows participants to demonstrate their strength, skill, and competitive drive. By fostering enthusiastic participation and fair competition, the event encourages players to lead active lifestyles while promoting unity, camaraderie, and mutual respect within the weightlifting community

Results of the Competition:

49-Kg	Name of the Player	Institute	Position
1	Kashish Bhagat	GDC Doda	Gold Medal
2	Sania Dhiman	GDC Basohli	Silver Medal
53-Kg	Name of the Player	Institute	Position
1	Riya Mehra	GCW Parade	Gold Medal
2	Vanshika Gupta	MIET	Silver Medal
58-Kg	Name of the Player	Institute	Position
1	Priya Devi	PG. Deptt. JU	Gold Medal
2	Upasana	PG. Deptt. JU	Silver Medal
3	Kajal Devi	GDC Doda	Bronze Medal
63-Kg	Name of the Player	Institute	Position
1	Sakshi Sharma	PG Deptt. JU	Gold Medal
2	Mamta Devi	GDC Basohli	Silver Medal
3	Mangla Gouria	GDC Doda	Bronze Medal
69-Kg	Name of the Player	Institute	Position
1	Arpana Devi	GDC Doda	Gold Medal
77-Kg	Name of the Player	Institute	Position
1	Kaushki Sharma	GCW Parade	Gold Medal
86-Kg	Name of the Player	Institute	Position
1	Maseeba Kouser	GCW Parade	Gold Medal
2	Bhumika Padwal	GDC Basohli	Silver Medal
+ 86 Kg	Name of the Player	Institute	Position
1	Ekam Kour	PG Deptt. JU	Gold Medal
2	Palve Pathania	GDC Basohli	Silver Medal
3	Kritika Padwal	GDC Basohli	Bronze Medal

Over-all Trophy won by PG Deptt, University of Jammu by securing Eighteen points & GCW Parade remains runner-up by securing Fifteen points.

The competition was officiated by **Sh. Ravi Singh, S. Inderpal Singh, S. Lakhwinder Singh, Dr. Dhanraj Singh Slathia, and Sh. Jai Bharat.**

PG Department, University of Jammu dominates inter-collegiate Weightlifting (Men) Championship/Trial 2025–26 at University of Jammu

The Directorate also organized the **Inter-Collegiate Weightlifting (Men) competition/trials 2025–26** at the **Training Hall, University of Jammu.**

Results of the Competition:

60-Kg	Name of the Player	Institute	Position
1	Tousif Malik	GDC Basohli	Gold Medal
65-Kg	Name of the Player	Institute	Position
1	Vasu Sharma	PG Deptt. JU	Gold Medal
2	Anirudh Barney	PG Deptt. JU	Silver Medal
3	Sachin Baloria	GDC Basohli	Bronze Medal
71-Kg	Name of the Player	Institute	Position
1	Mohd. Ashraf	GDC Basohli	Gold Medal
79-Kg	Name of the Player	Institute	Position
1	Sahil Abbas	PG Deptt. JU	Gold Medal
2	Rohanjeet	GDC Doda	Silver Medal
3	Major Singh	GDC Sidhra	Bronze Medal
88 Kg	Name of the Player	Institute	Position
1	Adnan Farooq	GDC Doda	Gold Medal
98 Kg	Name of the Player	Institute	Position
1	Pankaj Kumar	GDC Sidhra	Gold Medal
110 Kg	Name of the Player	Institute	Position
1	Karan Kumar Sahu	Prabha Ji Pharmacy Clg.	Gold Medal

The competition was officiated by **Sh. Ravi Singh, S. Inderpal Singh, S. Lakhwinder Singh, Dr. Dhanraj Singh Slathia,** and **Sh. Jai Bharat.**