



Artocarpus heterophyllus Lam.

Family: Moraceae

Common name: Jack tree

Local name: Katthal

Importance:

- The boiled young jackfruit is used in salads or as a vegetable in spicy curries and side dishes, and as fillings for cutlets and chops.
- The pulp and seeds are used as a tonic, the warmed leaves have healing properties if applied to wounds.