



## ***Pogostemon benghalensis*** **(Burm.f.) Kuntze**

**Family:** Lamiaceae

**Common name:** Bengal shrub-mint

**Local name:** Kali suali

**Importance:**

- The oil is used in aromatherapy to treat skin complaints.
- Used for several treatment as stomach disorders like Diarrhea, dysentery, indigestion, etc. and as a recipe for women as post parturition treatment, weakness and lactation.