



## *Dioscorea bulbifera* L.

**Family:** Dioscoreaceae

**Common name:** Air potato

**Local name:** Contres

**Importance:**

- Bulbils are used in the treatment of piles, dysentery, syphilis, ulcers, cough, leprosy, diabetes, asthma and cancer.
- It is a raw material for contraceptives.
- Used as a folk remedy to treat conjunctivitis and diarrhoea.
- It is used as a precursor for the synthesis of hormones and corticosteroids which improve fertility in males.