



Carica papaya L.

Family: Caricaceae

Common name: Papaya, Pawpaw

Local name: Papita

Importance:

- Known as a “common man’s fruit” because of its low cost and excellent nutritional value.
- Unripe papaya fruit is a valuable remedy for impotence and ulcers and reduces menstrual unevenness, thereby assisting in menstrual flow.
- Papaya latex helps treat dyspepsia and is applied topically to treat burns, scalds, diarrhea and whooping cough.