



## *Mesua ferrea* L.

**Family:** Calophyllaceae

**Common name:** Ceylon ironwood

**Local name:** Naag kesar

**Importance:**

- Traditionally, it is used as an antipyretic, antimicrobial, anticancer, carminative, cardiotoxic, diuretic and expectorant.
- It is used in a variety of Ayurvedic formulations (Brahma Ramayana and Chawanprash) as an immunity booster agent.
- Dried flowers have anti-inflammatory and stomachic properties.