

## **Inter-Collegiate Competitions 2021-22 commenced at Jammu University**

### **Inter-Collegiate Cross Country (M&W) Championship 2021-22**

The Inter-Collegiate Competitions of the University of Jammu of various games for the session 2021-22, commenced on **10<sup>th</sup> of November 2021**, with the organization of the Inter-Collegiate Cross Country (M&W), Boxing (M&W), Fencing (M&W) and Handball (M&W) tournaments by the Directorate of Sports and Physical Education, University of Jammu at the University Campus.

**Prof. Manoj k. Dhar**, Vice Chancellor University of Jammu was the Chief Guest of the Inter-Collegiate Cross Country (M&W) Championship 2021-22 on **10<sup>th</sup> of November 2021**, who flagged off the races in the presence of Dr. Daud Iqbal Baba, Director Sports and Phy. Edu, Physical Directors of various colleges, officials, guests and staff of the Directorate.

#### **Cross Country (Men)**

Name	College	Timing	Position
Mohd. Mahir	GDC Poonch	49:59:52	1 <sup>st</sup> (Gold Medal)
Parvaiz Musharif	GDC Rajouri	50:32:32	2 <sup>nd</sup> (Silver Medal)
Sachin Sharma	GDC Ramnagar	50:41:11	3 <sup>rd</sup> (Bronze Medal)

#### **Cross Country (Women)**

Name	College	Timing	Position
Shamshad Banoo	GDC Paloura	28:37:77	1 <sup>st</sup> (Gold Medal)
Palvi Thakur	GDC Kathua	31:09:50	2 <sup>nd</sup> (Silver Medal)
Mamta Sharma	GDC Kathua	32:40:00	3 <sup>rd</sup> (Bronze Medal)



### **Inter Collegiate Handball (M&W) Tournament 2021-22**

The Inter Collegiate Handball (Men & Women) Tournament 2021-22 w.e.f **10<sup>th</sup> to 12<sup>th</sup> November 2021**, organized by the Directorate of Sports & Physical Education, University of Jammu at University Handball Court.



In the final matches, P.G. Department beats GCW Udhampur by a huge margin of 9-1 goals in Women section while GDC Udhampur outplayed PG Department by 19-12 goals in Men section respectively.



### **Inter Collegiate Boxing (M&W) Championship 2021-22**

The Inter- Collegiate Boxing (Men & Women) Championship 2021-22 10<sup>th</sup> to 12<sup>th</sup> November 2021, organized by the Directorate of Sports & Physical Education, University of Jammu at University Boxing Ring.



### **Inter-Collegiate Fencing (M&W) Championship 2021-22**

The Inter-Collegiate Fencing (M&W) Championship 2021-22 w.e.f **10<sup>th</sup> to 12<sup>th</sup> November 2021**, organized by the Directorate of Sports & Physical Education, University of Jammu at Fencing Hall





### **Inter-Collegiate Kabaddi(Women) Tournament 2021-22**

The combined side of P.G Dept. claimed Inter-Collegiate Kabaddi(Women) Tournament 2021-22 and lifted the trophy organised by the Directorate of Sports and Physical Education, University of Jammu w.e.f 15<sup>th</sup> to 18<sup>th</sup> November 2021 at the P.V Sindhu Gymnasium Hall.





### **Inter -Collegiate Volleyball (Men) Tournament 2021-22**

The combined side of PG Department, Jammu University claimed **Volleyball (Men)** title and lift the winning trophy in the ongoing Inter Collegiate Volleyball (Men) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Volleyball Courtw.e.f 15<sup>th</sup> to 18<sup>th</sup> November 2021.



### **Inter -Collegiate Volleyball (Women) Tournament 2021-22**

The Govt. Degree College Ramnagar claimed **Volleyball (Women)** title and lift the winning trophy in the ongoing Inter Collegiate Volleyball (Women) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Volleyball Courtw.e.f 23<sup>rd</sup> to 26<sup>th</sup> November 2021.





## **Inter -Collegiate Kabaddi (Men) Tournament 2021-22**

The Govt. Degree College Kathua claimed **Kabaddi (Men)** title and lift the winning trophy in the ongoing Inter Collegiate Kabaddi (Men) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Gymnasium Hallw.e.f 23<sup>rd</sup> to 26<sup>th</sup> November 2021.



### **Inter-Collegiate Judo (Men) Championship 2021-22**

The combined side of PG Department, Jammu University claimed **Judo Men** title and lift the winning trophy by scoring 11 points in the ongoing Inter Collegiate Judo (Men) Tournament 2021-22 w.e.f 29<sup>th</sup> to 30<sup>th</sup> November 2021 organized by the Directorate of Sports & Physical Education, University of Jammu at University Gymnasia.





## **INTER-COLLEGIATE JUDO (MEN) CHAMPIONSHIP 2021-**

### **22**

The combined side of PG Department, Jammu University claimed **Judo Men** title and lift the winning trophy by scoring 11 points in the ongoing Inter Collegiate Judo (Men) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Gymnasia.

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports & Physical Education, University of Jammu awarded the trophy and medals to the winners and runner up in the presence of Sh. Narinder Sharma, Sh. Goutam Sharma, Dr. Pinky Devi & Dr. Baljinder Kour.



**The bouts were conducted by the following panel of officials:**

Sh. Danish Sharma, Sh. Vikas Dogra, Smt. Arshi Nad, Sh. Virender Sharma, Smt. Shewta Thakur, Sh. Rameshwar Singh, Sh. Jai Bharat

**The following are the results of the final matches of JUDO 2021-22:**

**-60 kg**

- |                                   |               |
|-----------------------------------|---------------|
| 1. Shubam Sharma (GDC Sunderbani) | <b>Gold</b>   |
| 2. Nitin Kumar (GDC Reasi)        | <b>Silver</b> |
| 3. Sanchit Karlopia (P.G.Dept.)   | <b>Bronze</b> |
| 4. Harsh Sharma (GDC Akhnoor)     |               |

**-66 Kg**

- |                                 |               |
|---------------------------------|---------------|
| 1. Gulshan Kumar (GDC Vijaypur) | <b>Gold</b>   |
| 2. Bhupinder Singh (GDC Kathua) | <b>Silver</b> |
| 3. Anil Sharma (GDC Sunderbani) | <b>Bronze</b> |

**-73 Kg**

- |                                    |               |
|------------------------------------|---------------|
| 1. Aryan Gupta (P.G. Dept.)        | <b>Gold</b>   |
| 2. Nishant Manhas (GDC Mishriwala) | <b>Silver</b> |
| 3. Nitin (GDC Khour)               | <b>Bronze</b> |
| 4. Abhay Takur (GDC Karkyal)       |               |

**-81 Kg**

- |                                |               |
|--------------------------------|---------------|
| 1. Vikram Sharma (M.I.E.T)     | <b>Gold</b>   |
| 2. Tarun Sharma (GDC Kathua)   | <b>Silver</b> |
| 3. Perteak Bali (GDC Kunjwani) | <b>Bronze</b> |
| 4. Sanjeev Singh (GDC Reasi)   |               |



### **-90 kg**

- |                                 |        |
|---------------------------------|--------|
| 1. Shubam Kerni (P.G. Dept.)    | Gold   |
| 2. Gurmeet Singh (GDC Vijaypur) | Silver |
| 3. Tanish Sharma (GDC Akhnoor)  | Bronze |
| 4. Shagun Saini (GDC Kathua)    |        |

### **-100 Kg**

- |                                   |        |
|-----------------------------------|--------|
| 1. Raman Singh (GDC Khour)        | Gold   |
| 2. Sanan (GDC kunjwani)           | Silver |
| 3. Kapil Singh (GDC Katra)        | Bronze |
| 4. Vikrant Kangutra (GDC Paloura) |        |

### **+100 Kg**

- |                                       |        |
|---------------------------------------|--------|
| 1. Aryan Singh Choudhary (GDC Kathua) | Gold   |
| 2. Ankit Mahajan (GDC Kunjwani)       | Silver |

## **INTER-COLLEGIATE JUDO (WOMEN) CHAMPIONSHIP** **2021-22**

The Inter-Collegiate Judo (Women) Tournament 2021-22 commenced at the Gymnasium Hall of the Directorate of Sports and Physical Education, University of Jammu. GDC Kathua claims the overall trophy by securing 18 points while P.G Dept. remains runner up securing 16 points.

**The Following are the result of the today's bouts:**

### **-48 kg**

- |                              |        |
|------------------------------|--------|
| 1. Jimmo Devi (GDC Kathua)   | Gold   |
| 2. Shilpa Devi (GDC Jindrah) | Silver |

3. Mandeep Kour (GDC Kunjwani) Bronze

3. Priya Sharma (GDC Kour) Bronze

**-52 Kg**

1. Hrmila Devi (GDC Basoli) Gold

2. Kamal Sharma (GDC Kathua) Silver

3. Nitika Sharma (GWC Parade) Bronze

3. Anjali (GDC Jindrah) Bronze

**-57 Kg**

1. Anshika Manhas (P.G. Dept.) Gold

2. Shilpi Baloria (GDC Basoli) Silver

3. Rohni Sharma (GDC Paloura) Bronze

3. Deepasha Choudhary (GDC Kathua) Bronze

**-63 Kg**

1. Kashish Sharma (GDC kathua) Gold

2. Pratiba Sharma (GCW Kathua) Silver

3. Mahika (GDC Kunjwani) Bronze

3. Rashika Honda (P.G. Dept.) Bronze

**-70 Kg**

1. Priya Sharma (P.G. Dept.) Gold

2. Monika Sharma (GDC Khour) Silver

3. Mansi Dogra (GWC Prade) Bronze

3. Palak (GDC kathua) Bronze

**-78 Kg**

1. Seevanshi (GDC Kathua) Gold

**+78 Kg**

1. Diksha Jasrotia (P.G. Dept.) Gold

2. Anmol Sharma (GDC Kathua) Silver

3. Tanisha Sharma (GWC Prade) Bronze

Nidhi Verma (GDC Paloura) Bronze

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports & Physical Education, University of Jammu awarded the trophy and medals to the winners and runner up in the presence of Sh. Narinder Sharma, Sh. Goutam Sharma, Sh. Sanjeev Sharma, Sh. Roshan Sharma, Ms. Suman Sharma , Sh. Rajkumar Bakshi, Sh. Ravish Vaid &Dr. Baljinder Kour.



**The bouts were conducted by the following panel of officials:**

Sh. Danish Sharma, Sh. Vikas Dogra, Smt. Arshi Nad, Sh. Virender Sharma, Smt. Shewta Thakur, Sh. Rameshwar Singh, Sh. Jai Bharat.



### **P.G. Department JU and GCW Parade claimed Inter Collegiate Basketball (M) and Basketball (W) titles**

The combined side of PG Department, Jammu University claimed **Basketball Men** title and lift the winning trophy where as in **Women Section** GCW Parade clinches the winning trophy in the ongoing Inter Collegiate Basketball (Men & Women) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Basketball Court.

In the final matches, P.G. Department beats GDC Kathua by the score of 44-25 in Men section while GCW Parade outplayed GDC Udhampur by the score of 28-12 in Women section respectively.

**Sh. Harjinder Singh**, Chief Coach Basketball, posted in Sports Authority of India, Training Centre, Jammu was the chief guest on the occasion of finals in the presence of **Dr. Daud Iqbal Baba**, Director, Directorate of Sports & Physical Education, University of Jammu, who awarded the trophies and medals to the winners and runner up teams. Others present on the occasion were Sh. Raj Kumar Bakshi, Sh. Ravish Vaid, Sh. Vikas Karlopia, Sh. Shashi Sharma, Sh. Jai Bharat, Ms. Suman Lata and Sh. Sanjeev Sharma.

Earlier in the First Semifinal Matches GDC Kathua(M) beat GDC Udhampur(M) by the score of 30-21 and P.G. Dept.(M) beat GCET Jammu(M) by the score of 44-35 in second semifinal match.

**The matches were officiated by** Sh. Ranbir Singh, Sh. Shubham Sharma, Sh. Shubham Bhardwaj, Sh. Vishal Sharma, Sh. Sanjeev Sharma & Sh. Vishal



## **PG Department JU & GDC R.S Pura claimed Inter -Collegiate Kho-Kho (Women & Men) Titles**

The PG Department Jammu University and the Govt. Degree College R.S. Pura claimed **Kho-Kho (Women& Men)** titles and lift the winning trophies in the ongoing Inter Collegiate Kho-Kho (M&W) Tournament 2021-22 organized by the Directorate of Sports & Physical Education, University of Jammu at University Stadium.

### **Men section**

In the final match GDC RS Pura outplayed GDC Udhampur by **02 points**. Manpreet Singh, Neeraj Kumar of GDC RS Pura showed outstanding performance and lead the team towards victory whereas Mohd. Farhan, Ankush Sharma also played well from GDC Udhampur.

### **Women section**

The final match was played between PG Department and GDC Kathua in which PG Department beat GDC Kathua by **08 points**. Sapna Devi, Toshi Devi of PG Deptt showed



outstanding performance whereas Jimmo Devi, Pallvi Thakur also played well from GDC Kathua.

**S. Manmeet Singh**, President JKKKA was the Chief Guest on Women's Final match whereas **S. Bhupinder Singh Tirthi**, Treasurer JKOAw as the Chief Guest on Men's Final match along with **Dr. Daud Iqbal Baba**, Director, Directorate of Sports & Physical Education, University of Jammu, Jammu who awarded the trophies and medals to the winners and runner up team in the presence of Sh Shashi Sharma, S.Jogbinder Singh, Kajal Premi, Dr. Kamal Preet Singh, Sh. Tanvir, Dr. Dinesh Sharma, Sh. Arjun Singh, Sh. Ravish Vaid, Sh. Raj Kumar Bakshi, Sh. Harinderpal Singh, Sh. Gagan Kumar, Sh. Sanjeev Sharma, Sh. Tarvinderpal Singh, & Sh. Bhavana Sharma.

Earlier semi-final matches were played:

#### **Women section**

In the first Semi-final GDC Kathua beat GDC Doda by 01point and PG Deptt defeated GCW Udhampur by 01point in the second semi-final.

#### **Men section**

In the first Semi-final GDC Udhampur beat GDC Rajouri by 07 points and GDC RS Pura defeated GDC Kathua by 04points in the second semi-final

**The matches were officiated by the technical panel of experts including:** Sh. Ajay Gupta, Sh. Anil Sharma, Sh. Dheeraj Sharma, Sh. Gagan Kumar, Amrinderpal Singh, Palbinder Singh, Pooja Sharma, Surbhi Anthal & Sahil Dev Singh.



**INTER COLLEGIATE WRESTLING (MEN) CHAMPIONSHIP 2021-22**

Inter-Collegiate Wrestling (M) Championship was held at University of Jammu, Gymnasium on 03/12/21 where in more than 200 wrestlers from 27 colleges of Jammu province participated overall championship won by GDC Kathua with 17 points followed by GDC Khour with 11 points. The prize were distributed by Dr. Daud Iqbal Baba, Director, Directorate of Sports & Ph. Education to the medalists

The officiating was conduction by panels of referees Sh. Jai Bharat, Sh. Bansi Lal Tidy, Sh. Sahil Sharma, Dr. Kamal Sharma, prominent were others present, Dr. Sunil Dubey, Sh. Gautam Sharma, Ms. Kajal Premi, Sh. Sandeep Sharma, Dr. Pinky Sharma, Dr. Vikesh, S. P.D. Singh, Sh. Vikas Karlopiya, Sh. Raj Kumar, Sh. Gagan Kumar, S. Harinder Pal Singh , , S. Tarvinder Singh

## **Final Result**

### **Weight Category: below 57 Kg.**

1. Rohit Kumar	GDC Khour	<b>GOLD</b>
2. Abhi Sharma	GDC Basohli	<b>Silver</b>
3. Talib Hussain	GDC Kathua	<b>Bronze</b>
4. Shafqat	GDC Kunjwani	<b>Bronze</b>

### **Weight Category: below 61 Kg.**

1. Mohd Riaz	GDC Reasi	<b>Gold</b>
2. Mohd Asif	GDC Udhampur	<b>Silver</b>
3. Rajat	GDC KHour	<b>Bronze</b>
4. Pardeep Kumar	GDC Samba	<b>Bronze</b>

### **Weight Category: below 65 Kg.**

1. Iqbal Mohd.	GDC Jindrah	<b>Gold</b>
2. Suraj Din	GDC Billawar	<b>Silver</b>
3. Shivam Sharma	GDC Akhnoor	<b>Bronze</b>
4. Zaheer Chowdhary	GDC Ponni	<b>Bronze</b>

### **Weight Category: below 70 Kg.**

1. Dev Singh	GDC Basohli	<b>Gold</b>
2. Gagan Singh	GDC Vijaypur	<b>Silver</b>
3. Rohit Sharma	GDC Paloura	<b>Bronze</b>
4. Sahil Ali	GDC Kathua	<b>Bronze</b>

### **Weight Category: below 74 Kg.**

1. Saddam	GDC Kathua	<b>Gold</b>
2. Daleep	GDC Hiranagar	<b>Silver</b>
3. Gulsan	GDC Vijaypur	<b>Bronze</b>
4. Sidharth	GDC Reasi	<b>Bronze</b>

### **Weight Category: below 79 Kg.**

1. Tarun Sharma	GDC kathua	<b>Gold</b>
2. Atul Sharma	GDC Billawar	<b>Silver</b>
3. Mohd Shafiq	PTI	<b>Bronze</b>
4. Kamal Preet	GDC Akhnoor	<b>Bronze</b>

### **Weight Category: below 86 Kg.**

1. Anuj Singh	PTI	<b>Gold</b>
2. Nikhil Sharma	GDC Samba	<b>Silver</b>



3. Koushal Kumar	GDC Khour	Bronze
4. Kulbushan Singh	GDC Vijaypur	Bronze

**Weight Category: below 92 Kg.**

1. Abhishek	GDC Sidhra	Gold
2. Raman Singh	GDC Khour	Silver
3. Sanam Bahar	GDC Kunjwani	Bronze
4. Anmol Sudan	GDC R.S. Pura	Bronze

**Weight Category: below 97 Kg.**

1. Javed Sheikh	TDC, Nardani	Gold
2. Sunny Sharma	GDC Khour	Silver

**Weight Category: below 125 Kg.**

1. R.N Chowdhur	GDC Kathua	Gold
2. Pankaj Thakur	GDC Jindrah	Silver
3. Vivek Mahajan	GDC Khour	Bronze
4. Sajid Ah. Chowdhary	GDC Kunjwani	Bronze



**INTER COLLEGIATE WRESTLING (WOMEN) CHAMPIONSHIP 2021-22**

**Final Result**

**Weight Category: below 50 Kg.**

1. Chand Chib	GDC RS PURA	GOLD
2. Priya Sharma	GDC KHour	Silver
3. Resha Rajput	GCW Parade	Bronze
4. Nagma	GDC Chouwdhary	Bronze

**Weight Category: below 53Kg.**

1. Anju Devi	GDC Kathua	Gold
2. Manvi Sharma	GDC Khour	Silver
3. Nitika	GCW Parade	Bronze
4. Lepakshi Bagal	GDC Samba	Bronze

**Weight Category: below 55 Kg.**

1. Samriti	GCW Parade	Gold
2. Manisha	GDC Samba	Silver
3. Reeta	GDC Kathua	Bronze
4. Sinia Chib	GDC RS Pura	Bronze

**Weight Category: below 57Kg.**

1. Muskan	PG Dept.	Gold
2. Kusam	GCW Parade	Silver
3. Deepshika	RS Pura	Bronze
4. Tripta Devi	GDC Kathua	Bronze

**Weight Category: below 59 Kg.**

1. Manju	GDC Rajouri	Gold
2. Riya Devi	GDC Paloura	Silver
3. Shriya Gupta	GCW Parade	Bronze
4. Arti Thakur	GDC Ramnagar	Bronze

**Weight Category: below 62 Kg.**

1. Poonam Devi	GDC khour	Gold
2. Riya Sharma	GDC RS Pura	Silver
3. Monika Devi	GDC Kathua	Bronze
4. Kajal Chib	GDC RS Pura	Bronze

**Weight Category: below 65Kg.**

1. Joyti Devi	GDC Rajouri	Gold
2. Manvi	GDC Samba	Silver
3. Riya	GDC Parade	Bronze

**Weight Category: below 72 Kg.**

1. Rosy Chib	GDC RS Pura	Gold
2. Mansi Dogra	GDC Parade	Silver

**Weight Category: below 76 Kg.**

1. Meenaskhi	GDC Ramnagar	Gold
2. Ambika	GDC Parade	Silver

Inter-Collegiate Wrestling (W) Championship was held at University of Jammu, Gymnasium on 06/12/21 where in more than 50 female wrestlers from 10 mufasil colleges of University of Jammu participated Overall championship won by GCW Parade with 17 points followed by GDC Khour with 14 points. The prize were distributed by Dr. Daud Iqbal Baba, Director, Directorate of Sports & Ph. Education to the medalists

The officiating was conduction by panels of referees Sh. Jai Bharat, Sh. Bansi Lal Tidyral, Sh. Sahil Sharma, Dr. Kamal Sharma, prominent were others present, Sh. Roshan Sharma, Sh. Sanjeev Jamwal Sh. Gautam Sharma, Ms. Suman Lata, Ms. Kajal Premi, Sh. Narinder Sharma, Dr. Vikesh, S. P.D. Singh, Sh. Ravish Vaid, Sh. Vikas Karlopie, Sh. Raj Kumar, Sh. Gagan Kumar



### **Inter-Collegiate Yoga (M&W) Championship 2020-21**

The inter-college Yoga (Men & Women) Championship 2020-21 being organized by the Directorate of Sports and Physical Education University of Jammu at the University Campus concluded today.

In Men Team Section PG Department of University of Jammu bagged 1<sup>st</sup> Position and 2<sup>nd</sup>& 3<sup>rd</sup> position bagged by the GDC Paloura (Mishriwala) and GDC Rajouri respectively. In individually 1<sup>st</sup> position bagged by Vikrant Anthral of PG Department University of Jammu , 2<sup>nd</sup> and 3<sup>rd</sup> position bagged by Baljinder singh , GCED, Jammu and Kanav Pardhan, GDC, Kunjawani respectively.

In women Team Section GWC, Parade, Jammu bagged 1<sup>st</sup> Position and 2<sup>nd</sup>& 3<sup>rd</sup> position bagged by the PG Department University of Jammu and GWC , Udampur respectively. In individually 1<sup>st</sup> Position bagged by Vikansha Pandita, GMC, Rajouri , 2<sup>nd</sup> and 3<sup>rd</sup> position bagged by Risha Rajput GWC, Parade, Jammu and Piyush Sharma, GWC, Udampur respectively.



Dr. Daud Iqbal Baba, Director Sports and Physical Education, University of Jammu awarded the trophies and medals to the winners in the presence of Physical Director/ Teachers, invited guests from the University and civil society.

The matches were officiated by the technical panel of experts including: Sh. Sanjeev kumar Pandey, Sh. Anil Gupta, Harinder Pal Singh, Sh. Mukesh Sharma, Miss. Komal Gupta and Sandeep Sharma.





## **Jammu University Volleyball (Men) Team leaves for Kurukshetra.**

The Directorate of Sports and Physical Education University of Jammu is projecting its Volleyball (Men) team for the participation in the forthcoming North Zone Inter-University Volleyball (Men) Tournament 2021-22 to be organized by the Kurukshetra University, Kurukshetra from 12<sup>th</sup> to 16<sup>th</sup> December, 2021.

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off the Jammu University Volleyball (Men) Team at University Sports Stadium. The team shall leave for Kurukshetra University, Kurukshetra today on 10<sup>th</sup> December 2021.

Prominent among others present on the occasion were Sh. Raj Kumar Bakshi, Mr. Vikas Karlopiya, Sh. Ravish Vaid, Sh. Padam Dev Singh, Sh. Jai Bharat and Mr. Buneet Singh.



## **Jammu University Basketball (Men) Team leaves for JMI, Delhi.**

The Directorate of Sports and Physical Education University of Jammu is projecting its Basketball (Men) team for the participation in the forthcoming North Zone Inter-University Basketball (Men) Tournament 2021-22 to be organized by the Jamia Milia Islamia, University, New Delhi from 15<sup>th</sup> to 18<sup>th</sup> December, 2021.

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off the Jammu University Basketball (Men) Team at University Sports Stadium. The team shall leave for JMI, New Delhi today on 13<sup>th</sup> December 2021.

Jammu University Basketball (Men) Team includes:

Hritik Khullar, Neeraj Manhas, Shivam Sharma, Jatin Gandotra, Haroon Tuffail Shah, Hritik Sharma, Puneet Pal Singh, Pranshu Thakur, Mohd. Ramzan, Kushagra Manhotra, Deep Sagar and Dhanshu Verma. Mr. Kanav Gupta and Mr. Nitesh Atri will accompany the team as Coach and Manager respectively.

Prominent among others present on the occasion were Sh. Raj Kumar Bakshi, Mr. Vikas Karlopiya and Sh. Ravish Vaid.





## **Jammu University Volleyball (Women) Team leaves for Kurukshetra**

The Directorate of Sports and Physical Education University of Jammu is projecting its Volleyball (Women) team for the participation in the forthcoming North Zone Inter-University Volleyball (Women) Tournament 2021-22 to be organized by the Kurukshetra University, Kurukshetra from 18<sup>th</sup> to 22<sup>nd</sup> December, 2021.

**Prof. Dipankar Sen Gupta**, Director Poonch Campus, University of Jammu and **Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off the Jammu University Volleyball (Women) Team at University Sports Stadium. The team shall leave for Kurukshetra University, Kurukshetra today on 16<sup>th</sup> December 2021.

The Jammu University Volleyball (Women) Team includes:

Meenakshi, Kamlesh Kumari, Shivani, Champa Devi, Priyanka Sharma, Sunena Bharti, Raavish Urooj, Arushi Sharma, Rifat Choudhary, Simran Bhagat, Rupali Bamotra and Harpreet Kour. Mr. Neetan Sharma and Ms. Bhavna Sharma will accompany the team as Coach and Manager respectively.

Prominent among others present on the occasion were Mr. Vikas Karlopiya, Sh. Padam Dev Singh and Sh. Jai Bharat.





### **Jammu University Boxing (Women) Team leaves for Lovely Professional University.**

The Directorate of Sports and Physical Education University of Jammu is projecting its Boxing (Women) team for the participation in the forthcoming All India Inter-University Boxing (Women) Championship 2021-22 to be organized by the Lovely Professional University, Phagwara from 17<sup>th</sup> to 22<sup>nd</sup> December, 2021.

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off the Jammu University Boxing (Women) Team at University Sports Stadium. The team shall leave for Lovely Professional University, Phagwara today on 16<sup>th</sup> December 2021.

The Jammu University Boxing (Women) Team includes:

Preeti Devi, Kajal Sharma, Narmita Katoch, Diksha Jasrotia, Bharkha, Rigzen Tsomo, Avantika Bali. Mr. Hardesh Singh, Mr. Anshuman Sharma and Mrs. Avneet Kour will accompany the team as Coach, Assistant Coach and Manager respectively.

Prominent among others present on the occasion were Dr. Mandeep Singh, Sh. Vikas Karlopie, Sh. Ravish Vaid, S. Harinderpal Singh, Sh. Gagan Kumar, Sh. Rajkumar Bakshi and Sh. Jai Bharat.





### **Jammu University Boxing (Men) Team leaves for Lovely Professional University.**

The Directorate of Sports and Physical Education University of Jammu is projecting its Boxing (Men) team for the participation in the forthcoming All India Inter-University Boxing (Men) Championship 2021-22 to be organized by the Lovely Professional University, Phagwara from 24<sup>th</sup> 2021 to 3 Feb 2022

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, and **Dr. Komal Nagar** Assistant Director of Sports and Physical Education University of Jammu interacted with the players and flagged off the Jammu University Boxing (Men) Team at University Sports Stadium. The team shall leave for Lovely Professional University, Phagwaratoday on 24<sup>th</sup> December 2021. **S. Harindrpal Singh** will accompany the team as Coach,

Prominent among others present on the occasion were **Sh. Ravish Vaid** and **S. Harinderpal Singh**.





## **Jammu University Basketball (Women) and Badminton (Women) Teams leave for Chitkara University, Rajpura**

The Directorate of Sports and Physical Education University of Jammu is projecting its Basketball (Women) and Badminton (Women) Teams for the participation in the forthcoming North Zone Inter-University Basketball (Women) Tournament 2021-22 and North Zone Inter-University BBadminton (Women) Tournament 2021-22 to be organized by the Chitkara University, RajpuraPunjab from 30<sup>th</sup> December, 2021 to 3<sup>rd</sup> January 2022.

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off both teams at University Sports Stadium. The teams leave for Chitkara University, Rajpuratoday on 29<sup>th</sup> December 2021.

### **Jammu University Basketball (Women) Team includes:**

Harmanpreet Kour, Kiran Kour, Komal, Rimjhim, Radhika, Shallu, Khushi Verma, Nandini Gill, Priyanka, Pratibha Takotra, Lakshika Jamwal and Anupriya. Mr. Hritik Khullar and Mr. Nitesh Atri will accompany the team as Coach and Manager respectively.

### **Jammu University Badminton (Women) Team includes:**

Harsha Sharma, Aarushi, Varinda Badyal, Niharika Mahajan and Sumritika Bharti. Mr. Shivam Guptaas Coach, Ms. Amrita Sharma as Asstt. Coach and Mr. Jeevan Lal as Manager will accompany the team.

Prominent among others present on the occasion were Sh. Raj Kumar Bakshi, Mr. Vikas Karlopie, Sh. Ravish Vaid, Sh. Gagan Kumar, Sh. Vikram Jamwal and Sh. Jeevan Bhagat.



### **JU Fencing (M&W) Team Leaves for the Inter-University Tournament**

The University of Jammu Fencing (M&W) Team today left for participation in the All India Inter-University Fencing (M&W) Tournament 2021-22 to be organized by the GNDU Amritsar w.e.f 7<sup>th</sup> to 10<sup>th</sup> January, 2022.

The men fencing team of the University of Jammu comprises of Parvinder Sharma, Gourav Thakur, Parshant Chib, Harsh Singh, Udhayveer Singh Chandel, Siddhant Raina, Lakshay Sharma, Suryansh Sharma & Sawan Magotra.

The fencing women team consists of Diksha Sharma, Gazal Suri, Jaspreet Kour, Mansi Spolia, Mokshika Rana, Pihul Rajput, Riya Manhas, Anshika Bandral, Vanshika Bandral & Simran Rajput.

Ms. Mokshi Sharma, Mr. Ajay Kumar, Mr. Anthony Mattoo & S. Padam Dev Singh are accompanying with the men & women teams as coaches and managers respectively.



Dr. Daud Iqbal Baba, Director Sports & Physical Education, JU interacted with the team members along and wish them successful participation in the said tournament. Sh. Shotu Lal Sharma was also present on the occasion.



### **Jammu University Fencing Team Qualified for Khelo-India University Games to be held at Bangalore.**

University of Jammu won three Bronze Medals in team Event in the recently concluded All India Inter-University Fencing Championship 2021-22 which was held at Guru Nanak Dev University Amritsar from 7th to 10th January, 2022. The detailed results are as under:

Bronze Medal in Sabre Girls Team comprising Jaspreet Kour, Riya Manhas, Mokshika Rana and Simran Rajput.

Bronze Medal in Epee Boys Team comprising Parvinder Sharma, Sawan Mangotra, Gourav Thakur and Harsh Singh.

Bronze Medal in Sabre Boys Team comprising Udhayveer Singh Chandel, Lakshay Sharma, Suryansh Sharma and Siddhant Raina.

While Foil Boys Team qualified for Khelo India University Games with team comprising Parshant Chib, Gourav Thakur, Parvinder Sharma and Sawan Mnagotra.

Udhayveer Singh Chandel also qualified for Khelo India University Games in Sabre Individual Boys category.

Director Physical Education and Sports, University of Jammu Dr. Daud Iqbal Baba was also present on the occasion as observer from AIU for the said Championship who was also accompanied by Padam Dev Singh, In-charge Fencing event of Jammu University. JU Fencing team was accompanied by Ajay Kumar and Mokshi Sharma as Coach while Anthony Mattoo as Team Manager.





Press Release 17/02/2022

### **Vice-Chancellor flagged off JU Contingent**

The University of Jammu, 50 member's contingent 40 students and 10 staff left for participation in the **Snow Carnival** being organized by Indian Army under the aegis of 4RR-Bn (Bihar) along with Bhaderwah Development Authority, Jawahar Institute of Mountaineering & Winter Sports and local Administration at Jai Valley Bhaderwah w.e.f 18<sup>th</sup> to 20<sup>th</sup> February, 2022.

Prof. Manoj K. Dhar, Vice-Chancellor University of Jammu flagged off the JU contingent for participation in the said events along with Dr. Daud Iqbal Baba (Director Sports) and in the presence of Padam Dev Singh (Hockey Coach) Sh. Sanjeev Sharma, Mr. Harinderpal Singh, Ms. Bhavana Sharma, Sh. Kuljeet Singh, & Sh. Makhan Lal.

While addressing the contingent, Prof. Dhar highly praised the efforts of Director of Sports and Physical Education. He said, in the last few years Directorate of Sports and Physical Education has successfully hosted and conducted number of local and national level events which has given a huge exposure to the students in all spheres of Sports Particularly Adventure Sports. He also said that the students will learn how to maintain discipline, brotherhood and harmony in these camps. He congratulated the Directorate for scaling new heights in the area of Sports.

During the said Carnival, various activities will be organized by the organizer to channelize the energy of youth in the right direction.



## **Jammu University Handball (Men) Team leaves for Ch. Ranbir Singh University Jind Haryana.**

The Directorate of Sports and Physical Education University of Jammu is projecting its Handball (Men) team for the participation in the forthcoming North Zone Inter-University Handball (Men) Tournament 2021-22 to be organized by the Ch. Ranbir Singh University Jind Haryana University, w.e.f.11<sup>th</sup> to 15<sup>th</sup> March,2022.

The Jammu University Handball (Men) Team includes:

Maninder Singh, Dimple Singh, Ishan Gupta, Mohd Mahiar, Tahir Khursheed,Imran Khan, Aditya Sharma, Tushar Sharma, Raghav Thakur, Aman Kumar, Arun Sharma, Sarvesh Feria, Pankaj Sharma, Piyush Amla, Sourav Sudan and Aayush Sharma.

Mr. Karun Mangotra and Sh. Rishi Kumar Sharma will accompany the Jammu University Handball (M) Team as Coach and Assistant Coach respectively.





### **Vice-Chancellor flagged off JU Hiking & Trekking Contingent**

The University of Jammu 50 members contingent comprises of 40 students and 10 staff members left for the Hiking & Trekking expedition organised by the Directorate of Sports & Physical Education, University of Jammu at Dudu Basantgarh w. e.f 12<sup>th</sup> to 15<sup>th</sup> March,2022.

Prof. Manoj K. Dhar, Vice-Chancellor University of Jammu flagged off the JU contingent for participation in the said events along with Dr. Daud Iqbal Baba (Director Sports) in the presence of S .Padam Dev Singh (Hockey Coach), Sh. Ravish Vaid (T.T Coach), Sh.Sanjeev Sharma, Mr. Tarvinder Pal singh , Ms. Bhavana Sharma, Mr. Arshad Baba, Mr. Nissar, Sh. Kuljeet Singh & Sh. SatPal Sharma.

While addressing the contingent, Prof. Dhar highly appreciated the efforts of the Director, Directorate of Sports and Physical Education, University of Jammu and his entire team for organising various Sports & adventurous activities even during the tough time of covid-19 and engaged the students, following all the guidelines issued by the authorities from time to time.

He also advised the participants to enjoy the expedition respecting the resources of nature and following the instructions of the staff.



Prior to it, Dr. Daud Iqbal Baba, Director Sports & PE briefed the Vice-Chancellor about the conduct of the said expedition and the activities to be performed during the expedition.





## **Jammu University Korfball (Mixed) Team leaves for Savitribai Phule Pune University, Pune.**

The Directorate of Sports and Physical Education University of Jammu is projecting its Korfball (Mixed) team for the participation in the forthcoming All India Inter-University Korfball (Mixed) Tournament 2021-22 to be organized by the Savitribai Phule Pune University, Pune from 20<sup>th</sup> to 24<sup>th</sup> March, 2022.

Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off the Jammu University Korfball (Mixed) Team at University Sports Stadium. The team shall leave for Savitribai Phule Pune University, Pune today on 17<sup>th</sup> March, 2022.

Jammu University Korfball (Mixed) Team includes:

Hritik Khullar, Neeraj Manhas, Hritik Sharma, Ajay Sharma, Jagmohan Singh Jamwal, Aryan Dev Singh, Ayoush, Pranshu Thakur, Kiran Kour, Manisha Manhas, Roshni Mahajan, Ujala Mahajan, Shivani Sharma, Komal, Sudhashi Khajuria and Lakshika Jamwal. Mr Manjeet Singh and Ms. Sumriti Slathia will accompany the team as Coach and Manager respectively.

Prominent among others present on the occasion were Mr. Vikas Karlopie, Sh. Gagan Kumar and Sh. Ravish Vaid.



## **Vice Chancellor flagged off One Day Trekking Expedition(Men & Women)**

The Directorate of Sports and Physical Education, University of Jammu is organizing One Day Trekking Expedition (Men & Women) from Jammu University to Manda and back on 23<sup>th</sup> March, 2022 for

380 students of the various Departments of the Jammu University, offsite campuses as well as the students of Directorate of Sports and Physical Education, University of Jammu.

**Prof. Manoj Kumar Dhar**, Vice Chancellor University of Jammu was the Chief Guest on the occasion who interacted with the Students and flagged off the Trekking contingent at 7:30 am in the presence of Prof. Parkash C. Anthal (DSW) and Prof. Parmil Kumar HoD Statistics. He appreciated the efforts of the Directorate especially **Dr. Daud Iqbal Baba**, Director Sports and his entire team for encouraging the participation in the adventurous activities by organizing these type of events. Addressing the participants, Prof. Dhar also advised to enjoy the expedition, while respecting the nature and observing the COVID-19 SOP's.

During the said 1-day expedition, the trekking started from University of Jammu through the old Jammu city towards Manda and back via same route to University of Jammu. The contingent comprises students from various department of the Jammu University and offsite Campuses (Kathua Campus, UIET).

The officials accompanied the expedition includes Dr. Daud Iqbal Baba, Dr. Komal Nagar I/c Asstt. Director, Sh. Padam Dev Singh, Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Sanjeev Sharma, Sh. Raj Kumar Bakshi, Mr. Harinder Pal Singh, Sh. Sanjeev Panday, Ms. Bhavana Sharma, Mr. Manjeet Kotwal, Mr. Jeevan Bhagat, Ms. Afreen Wani, Sh. Kuljeet Singh, Sh. Makhan Lal, Naresh Kumar, Sunny Kumar, Surinder Kumar, Kamal Singh.







### **Jammu University Korfball (Mixed) team clinched Bronze Medal**

The University of Jammu Korfball (Mixed) Team once again showed its high performance and grabbed the 3<sup>rd</sup> position in the All India Inter-University Korfball (Mixed) Tournament 2021-22 organized by the Savtribai Phule Pune University, Pune w.e.f 20<sup>th</sup> March to 24<sup>th</sup> March 2022.

Jammu University Korfball (Mixed) Team includes:

Hritik Khullar, Neeraj Manhas, Hritik Sharma, Ajay Sharma, Jagmohan Singh Jamwal, Aryan Dev Singh, Ayoush, Pranshu Thakur, Kiran Kour, Manisha Manhas, Roshni Mahajan, Ujala Mahajan, Shivani Sharma, Komal, Sudhashi Khajuria and Lakshika Jamwal. Mr Manjeet Singh and Ms. Sumriti Slathia will accompany the team as Coach and Manager respectively.

The detail of the matches played by University of Jammu:

**Knock out matches:**

University of Jammu got walk over against University of Calcutta.

University of Jammu beat RTN MU Nagpur by 11-04.

University of Jammu beat Dr. B R Ambedkar University by 09-05.

University of Jammu beat LPU Phagwara by 09-07.

**League Matches:**

University of Jammu lost to University of Calicut by 08-12

University of Jammu beat MDU Rohtak by 09-05.

University of Jammu lost to Savtribai Phule Pune University, Pune by 08-10.

Ms. Kiran Kour of University of Jammu was adjudged player of the tournament in women section for her extraordinary performance in the whole tournament.

An Interaction-cum-Photo session with the medal winners was organized in the VC secretariat in which **Prof. Manoj Kumar Dhar**, Vice Chancellor University of Jammu was the Chief Guest. Prof. Dhar in his address congratulated the Korfball team and also advised the players that this is not the end of achievement. You must practice hard for achieving silver and gold medals in the coming years. He also lauded the efforts of the Directorate especially Dr. Daud Iqbal Baba, Director Sports and his entire team during the past COVID situations.

Prof. Dhar interacted with all the players and team officials and congratulated them as well as Ms. Kiran Kour for these achievements in the presence of Prof. Jasbir Singh, Registrar University of Jammu and Dr. Daud Iqbal Baba, Director Sports and Physical Education, Sh. Raj Kumar Bakshi, Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Manjeet Singh and Ms. Sumriti Slathia.





**J&K Police emerges Overall Champion in UTWrestling Championship**



Dignitaries

and medal winners posing for group photograph.

The 28th Men Free Style, Greco Roman Style, 14th Women Senior J&K Wrestling Championship and Cadet (Under-17) Sub Junior J&K UT Wrestling Championship conducted by Wrestling Association of J&K in collaboration with Jammu University under the auspices of Wrestling Federation of India, J&K Sports Council and J&K Olympic Association concluded at Wrestling Hall of University of Jammu here today.

On the occasion, Dushyant Sharma, SSP Former International Wrestler of India and Former President Wrestling Federation of India along with Dr Daud Iqbal Baba, Director, Directorate of Sports and Physical Education University of Jammu distributed medals and certificates to the winners.

**Draw up strategic sports development plan for Divyangjan: LG**





LG

**Manoj Sinha felicitating specially-abled sports persons at Jammu University.**

**\*Honours specially-abled sports persons**

The Lieutenant Governor Manoj Sinha today attended the National Health Festival for Divyangjan, organized by Special Olympics Bharat J&K in collaboration with Directorate of Sports and Physical Education, University of Jammu to honour specially-abled sportspersons at the Jammu University.

The programme is being organized on World Health Day in connection with “Azadi Ka Amrit Mahotsav” in 75 cities of India marking the 75 years of independence, by Special Olympics Bharat, a sports organization accredited with International Federation of Sports. Speaking on the occasion, the Lt Governor saluted the dedication and spirit of the special athletes. He observed that a good beginning has been made in the UT through a new Sports Policy, which focuses on sporting facilities and welfare of specially-abled.

Terming them as true role models for the younger generation, the Lt Governor said that specially-abled sportspersons have kindled hopes by their remarkable performance in International events. “I urge sports federations and all other sports bodies in J&K to draw up a strategic sports development plan for the Divyangjan”, he added. All schools and panchayats have been mandated to create sports infrastructure facilities to popularize a robust sports culture among the masses, especially among children and the youth, the Lt Governor said. The Lt Governor observed that under the leadership of the Hon’ble PM Shri Narendra Modi Ji, Divyangjan have been granted their due rights to live a dignified and virtuous life.

### **Vice-Chancellor interacted with Inter-University Wushu Medallists**

The University of Jammu Wushu (Men) Team showed its high performance and grabbed the Gold, Silver and Bronze Medals in the All India Inter-University Wushu (Men) Championship 2021-22 organized by the Punjabi University, Patiala.

An Interaction-cum-Photo session with the medal winners was organized in the VC secretariat wherein **Prof. Umesh Rai, Vice-Chancellor University of Jammu** interacted and congratulated the

Wushu team members for winning 1 Gold, 1 Silver and 1 Bronze Medal for the University of Jammu in the presence of Prof. Arvind Jasrotia, Registrar University of Jammu and Dr. Daud Iqbal Baba, Director Sports and Physical Education.

While interacting, the Vice-Chancellor thoroughly listen various issues raised by the players and assured them that every possible efforts will be made to uplift the standard of University Sports, as the NEP 2020 is also emphasising on the Sports, Yoga and other extracurricular activities.

Dr. Daud Iqbal Baba, introduced the team members to the Vice-Chancellor and briefed him about the various Sports activities organized and to be organized by the Directorate.

The Jammu University Wushu (Men) Team comprises of Hrithik Charak (Gold Medal), Gurmeet Singh (Silver Medal), Rohan Sharma (Bronze Medal), Vinod Pal, Kunal, Vikas, Arjun, Anwar, Pratham Singh, and Ankit Sharma.

Mr. Hageek Ahmad and Mr. Mohit Sharma have accompanied the team as Coach and Manager respectively.

Others present on the occasion were Dr. Komal Nagar, Dr. Mandeep Singh, Dr. Vimal Kishore, S. Padam Dev Singh, Sh. Jai Bharat, Sh. Raj Kumar Bakshi, Sh. Ravish Vaid, Sh. Gagan Kumar, Sh. Vikas Karlopiya, Sh. Harinderpal Singh and Sh. Sanjeev Sharma.



### **Jammu University Kick Boxing Men Team leaves for Dr. R.M.L. University Ayodhya (UP)**

The Directorate of Sports and Physical Education University of Jammu is projecting its Kick Boxing Men Team for the participation in the forthcoming All India Inter-University Kick Boxing Men Team Championship 2021-22 to be organized by the Dr. Ram Manohar Lohiya University Ayodhya (UP) from 20<sup>th</sup> to 23<sup>rd</sup> April, 2022.

After tough bouts in the trials conducted by the Directorate of Sports and Physical Education, a total 17 kick boxers were selected for this upcoming Championship. A 14 days Coaching Camp was organized by the Directorate in the close supervision of Mr. Danish Padha (Kick Boxing Coach) and Mr. Harinderpal Singh.

Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu interacted with the players and flagged off the Kick Boxing Men Team at University Sports Stadium in



the presence of Mr. Abhishek Jain (General Secretary, J&K Kick Boxing Association). The team shall leave for Dr. R.M.L. University Ayodhya (UP) on 18<sup>th</sup> April, 2022.

Jammu University Kick Boxing Men Team includes:

Deepak Sharma, Mohd. Arif, Dheeraj Partap, Naresh Kumar, Aman Dubey, Nitin Sharma, Deepak Kumar, Sahil Chib, Vikas Sharma, Aman Bhau, Bakshi Chanakya, Harsh Dev Singh, Aman Sharma, Arjun Singh Kotwal, Jafar Iqbal, Snehal Sudan and Sahil Ali.

Mr. Danish Padha and Mr. Satyam Khajuria will accompany the team as Coach and Manager respectively.

Prominent among others present on the occasion were Sh. Jai Bharat, Mr. Vikas Karlopie and Sh. Gagan Kumar.



### **Jammu University Contingent Leaves For Khelo India University Games 2022**

The University of Jammu Fencing (M&W) Teams qualified for the Khelo India University Games 2022 to be held at Bangalore (Karnataka) w.e.f 22<sup>nd</sup> April to 2<sup>nd</sup> May 2022. The University Fencing (Men) team qualified for Sabre team event, Foil team event, Epee team event and Sabre individual event. Whereas, women team qualified for the Sabre team event only.

The 16 members University contingent comprises of Parvinder Sharma (Epee & Foil Team event), Gourav Thakur (Epee & Foil Team event), Lakshay Sharma (Sabre Team event), Siddhant Raina (Sabre Team event), Parshant Chib (Foil Team event), Udhayveer Singh Chandel (Sabre Team & Sabre Individual event), Sawan (Epee & Foil Team event), Harsh Rajput (Epee Team event), Suryansh Sharma (Sabre Team event), Mokshika Rana (Women Sabre Team event), Jaspreet Kour (Women Sabre Team event), Riya Manhas (Women Sabre Team event) & Simran Rajput (Women Sabre Team event).

S. Padam Dev Singh (Hockey Coach) is accompanying the Fencing (M&W) Team as University Contingent Manager, Ms. Suniya Arora as a Manager and S. Maninder Pal Singh as a Coach.

Prof. Rajni Dingra, Dean Research Studies University of Jammu distributed specially designed Sports Kits to the Contingent members and in her address Prof. Dingra congratulated the fencers for winning medals for the University in the All India Inter University Fencing (M&W) Championship 2021-2022, which makes them eligible to participate in the Khelo India University Games 2022 and wished for successful participation.

Earlier Dr. Daud Iqbal Baba, Director Sports & Physical Education University of Jammu briefed Prof. Dingra about the event and participation of the University teams in the Khelo India University Games 2022.

Others present on the occasion were Dr. Komal Nagar (I/c Asstt. Director), S. Padam Dev Singh, Sh. Gagan Kumar, Sh, Maninder Pal Singh, Ms. Suniya Arora and Ashok Singh Bali.



### **Cleanliness drive (Parisar Safai Abhiyan) on World's Earth Day**

The Directorate of Sports and Physical Education organised a Cleanliness drive(**Parisar Safai Abhiyan**) within and outside the department with the help of Students, Faculty and Staff.







### **Inauguration of Cricket Turf at University of Jammu**



The long wait of Jammu Cricket enthusiasts and players has come to an end on Monday, 25<sup>th</sup> April, 2022 as **Prof. Arvind Jasrotia**, worthy Registrar, University of Jammu inaugurated a Cricket Turf at



Cricket Ground, University Campus University of Jammu in the presence of Prof. Parkash C Anthal, DSW University of Jammu amidst the students of Physical Education, trainees of Cricket Academy.

**Dr. Daud Iqbal Baba**, Director, Directorate of Sports and Physical Education briefed that this is for the first time in the History of University of Jammu that the Directorate of Sports and Physical Education has laid a Cricket Turf which is going to be a meaningful infrastructure for young generation. He also briefed that due to lack of Cricket Turf, the matches and practice were carried out on matting which was a disadvantage for our players to compete well in Nationals and Inter-University Competitions. Now along with Cricket Turf, dibbling of class-1 grass, water storage tank, and submersible pump were also installed in the ground for the maintenance of this ground.

He further added, 3 turf pitches and 1 matting pitch were laid in the ground and 2 turf and 2 concrete pitches were laid outside the ground for net practice of the players.

The ground developed by the Directorate will become the cricket stadium in the city currently capable of hosting first-class cricket matches, University level competitions.

Speaking on the occasion, Prof. Jasrotia congratulated the Director Sports, Coaches and entire team for construction of such a top class Cricket Ground in the University Campus and for their constant dedication in the upliftment of Sports of Jammu University and the State.

This facility in the Campus will definitely be helpful to groom the young cricketers in the city as they can make use of this infrastructure, he added.

An exhibition match was played between teams of B.P.Ed and M.P.Ed on this newly constructed Turf wicket.

Prominent among others who present on the occasion were Dr. Komal Nagar I/c Asstt Director, Dr. Vijay Sehgal, Dr. Mandeep Singh, Er. Suresh Sharma XEN, Er. Akash Bhola AEE, Sh. Shammi Kumar, Sh. Raj Kumar Bakshi, Sh. Ravish Vaid, Sh. Vikas Karlopie, Sh. Jai Bharat, Sh. Sanjeev Sharma and Sh. Ashok Bali.





## **Kick-Boxing (Men) Team brought laurels to the Jammu University**

The University of Jammu Kick-Boxing (Men) Team brought laurels to the University of Jammu by showing its high performance and grabbed 9 medals (2 Gold, 3 Silver and 4 Bronze Medals) in the All India Inter-University Kick-Boxing (Men) Championship 2021-22 and selection of players for Coaching Camp for World University Games organized by Dr. Ram Manohar Lohiya University, Ayodhya (U.P) w.e.f. 20<sup>th</sup> April to 23<sup>rd</sup> April, 2022.

Earlier, Dr. Daud Iqbal Baba, Director Sports and Physical Education introduced the team members to the Vice-Chancellor and briefed him about the achievements of the players of Kick-Boxing (Men) team of the University of Jammu. 2 Players of the University of Jammu were selected for Coaching Camp for World University Games to be held at Serbia in the month of August-September this year, he added.

**Prof. Umesh Rai, Vice-Chancellor University of Jammu** interacted and congratulated the Kick-Boxing (Men) Team members for winning 1 Gold, 1 Silver and 1 Bronze Medal for the University of Jammu in the presence of Prof. Arvind Jasrotia, Registrar University of Jammu. While addressing, he lauded the efforts of the Directorate of Sports and Physical Education for this achievement and for its constant dedication for upliftment of Sports in the University. He further added that the Directorate of Sports and Physical Education is proving as one of the best department of the University who got its recognition in the National and AIU Charter.

Prof. Jasrotia also congratulated the Kick-Boxing (Men) Team members and entire staff of the Directorate for this wonderful achievement.

The Jammu University Kick-Boxing (Men) Team comprises of Harsh Dev Singh (Gold Medal), Mohd. Arif (Gold Medal), Dheeraj Partap (Silver Medal), Sahil Ali (Silver Medal), Aman Dubey (Silver Medal), Deepak Kumar (Bronze Medal), Aman Sharma (Bronze Medal), Zafar Iqbal (Bronze Medal), Snehal Sudan (Bronze Medal), Sahil Chib, Vikas Sharma, Aman Bhau, Bakshi Chanakya, Arjun Singh Kotwal, Deepak Sharma Nitin Sharma and Naresh Kumar,

Harsh Dev Singh (Gold Medal) and Mohd. Arif (Gold Medal) were selected for coaching camp for World University Games.

Mr. Danish Padha and Mr. Satyam Khajuria have accompanied the team as Coach and Manager respectively.

Others present on the occasion were Sh. Abhishek Jain (General Secretary, J&K Kick Boxing Association), Sh. Jai Bharat and Sh. Harinderpal Singh.



**Udhay wins Bronze for Jammu University in Khelo India University Games 2021.**

JAMMU, April 30: University of Jammu (JU) opened its account with a Bronze medal won by Udhay Veer Singh Chandel in Fencing (Sabre) individual event in of the ongoing Khelo India University Games (KIUG) at the Jain University Bangalore.



Today's was the first day of the Fencing competition and JU secured a medal. The JU has secured only entry in the Fencing event in the KIUG 2021.

The JU contingent comprised 13 fencers, nine men and four women across three events of Sabre, Epee and Foil.

As per the reports reaching here, the team event shall start tomorrow. And, the JU team is accompanied by the three member support staff including S. Padam Dev Singh (Contingent Manager), Soniya Arora (team manager) and Maninder Pal Singh (team coach).



Udhay Veer Singh Chandel posing for photograph with supporting staff.

### **Jammu University Fencing (M) Sabre Team won Bronze in Khelo India University Games 2021.**

The University of Jammu Fencing (M) Sabre Team won bronze medal by beating Manipur University Team by 45-28 points in the ongoing Khelo India University Games 2021 to be organized by the Jain University Bangalore (Karnataka)

The JU Fencing Sabre Team comprises of Udhay veer Singh Chancel, Lakshay Sharma, Siddhant Raina & Suryansh Sharma played excellent game.

Padam Dev Singh (UCM), Ms.Soniya Arora (Manager) & Maninder Pal Singh (Coach) are accompanying the JU Team in the said event.







### **JU Gatka (Men) Team won 2 Bronze Medals**

The University of Jammu Gatka (M) Team won two bronze medals in the ongoing All India Inter-University Gatka (M&W) Championship 2021-22, organized by the Sant Baba Bagh Singh University Jalandhar (Pb.)

The 1st bronze medal was won by the University Team comprises of S. Jasmeet Singh, S. Jasvinder Singh & S. Gurtaj Singh in the Fari Soti Free Style Team event and the another bronze medal was won by the team comprises of S. Satvinder Singh, S. Gurtaj Singh & S. Jasmeet Singh in the Single Soti Full Strike Team event.

S. Love Preet Singh and Ms. Simran Deep Kour are accompanying the University Team as a Coach & Manager respectively.



### **JU Gatka (Women) Team remained 1<sup>st</sup> Runner Up**

The University of Jammu Gatka (W) team won second position of the All India Inter-University Gatka (W) championship 2021-22, organized by the Sant Baba Bagh Singh University Jalandhar (Pb.)

The Gatka (W) team won four silver medals for the University of Jammu, one each of the Fari Soti Free Style Team event, Fari Soti Full Strike Team event, Single Soti Full Strike Team event & Single Soti Full Strike Individual event.

The 3 bronze medals, one each of the Single Soti Free Style Team event, Single Soti Free Style Individual event & Fari Soti Full Strike Individual event are won the University team.

The overall All India Inter-University Gatka (W) Championship was won by the Punjabi University Patiala and the University of Jammu Gatka (W) team remained 2<sup>nd</sup>.

The JU Gatka (W) team comprises of Taran Deep Kour, Alka Sharma, Nishtha Kour, Shivanshi Arora, Tanveer Kour, Amulya Singh, Shilpa Langeh & Bhumika Sharma.

S. Love Preet Singh and Ms. Simran Deep Kour are accompanying the University of Jammu Gatka (M&W) Team as a Coach & Manager respectively.





### **The Jammu University Inter-Departmental Tournament 2021-2022 Commenced today**

After a long gap of almost 3 years, The Inter-Departmental Tournaments for the session 2021-22 commenced today at Directorate of Sports of Physical Education organized by Campus Sports Committee, University of Jammu.

These Tournaments are being played in the discipline of Cricket (M), Badminton(M&W) & Carrom (M&W).

Earlier **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee inaugurated the Inter-Departmental Tournaments 2021-22 and interacted with the players of various departments participating in different disciplines.

The detailed result of the matches of different disciplines.

### **Cricket (M)**

1. The Business School beats Geography department by 03 runs.

### **Badminton (M)**

1. ICCR & HRM Department beats Hindi Department by (2-0)
2. The Law School beats Journalism Department by (2-0)
3. Mathematics Department beats Political Science Department by (2-0)
4. Physics department beats Economics department by (2-0)
5. MCA Department beats Library and Information Science Department by (2-0)

### **Carrom (M)**

1. SHTM Department beats English Department by (2-0)

### **Carrom (W)**

1. Geography Department beats History Department by (2-0)
2. Hindi Department beats Chemistry Department (2-1)
3. SHTM Department beats Lifelong learning by (2-0)
4. Library and Information Science beats Geography by (2-0)
5. Physical Education beats English by (2-0)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Sh. Raj Kumar Bakshi, Mr. Opinderpal Singh, Thair Mehmood, and Saleem-ur Rehman

### **The Jammu University Inter-Departmental Tournament 2021-2022**





The second day matches were conducted in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports committee at University of Jammu in the disciplines of Cricket(M), Badminton (W&M), & Carrom(M&W).

The detailed results of the matches in different disciplines are as follows: -

#### **Cricket (M)**

1. History Department beats Life learning by 9 wickets
2. Political Science department beats Commerce department by 28 runs

#### **Carrom (M)**

1. Hindi Department beats department of life learning by (2-0)
2. Geography department beats Business School department by (2-0)
3. Physical Education department beats department of Mathematics by (2-0)

#### **Carrom (W)**

1. Hindi department beats SHTM by (2-0)
2. Economic department beats Library Science department by (2-1)
3. Commerce department beats Geology by (2-0)
4. Physical Education department beats Botany by (2-0)

### **Badminton (M)**

1. SHTM department beats English Department by (2-1)
2. ICCR & HRM department beats Commerce department by (2-1)
3. The Law School beats Mathematics department by (2-1)
4. Buddhist Studies department beats The Business School by (2-0)
5. Geology department beats History department by (2-0)
6. Law Department beats MCA department by (2-1)
7. Physics department beats Sanskrit department by (2-0)
8. Physical Education department beats Geography department by (2-0)

### **Badminton (W)**

1. Law department beats Commerce department by (2-0)
2. Chemistry department beats Hindi department by (2-0)
3. English department beats Economic department by (2-0)
4. Physical Education department beats Geology department by (2-0)
5. History department beats Botany by (2-0)
6. Physics department beats The Business School by (2-0)
7. SHTM department beats Library and Information Sciences department by (2-1)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopie, Sh. Gagan Kumar, Sh. Jai Bharat, Sh. Raj Kumar Bakshi, Opinderpal Singh, Thair Mehmood, and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.

### **The Jammu University Inter-Departmental Tournaments 2021-22.**





The third day matches were conducted in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu in the disciplines of **Cricket(M)**, **Badminton (W&M)**, & **Carrom (M&W)**.

The detailed results of the matches in different disciplines are as follows: -

### **Cricket (M)**

1. Economic Department beats Hindi department by 25 runs
2. Chemistry department beats department of Journalism by 9 wickets

### **Carrom (M)**

1. History department beats of Physical Education department by (2-0)
2. SHTM department beats The Law School by (2-0)
3. Geography department beats Library and Information Department Science by (2-0)
4. Commerce department beats Hindi department by (2-0)

### **Carrom (W)**

1. Hindi department beats Economic department by (2-1)
2. Commerce department beats Physical Education department by (2-1)

### **Badminton (M)**

1. SHTM department bests ICCCR & HRM department by (2-1)
2. The Law School beats Buddhist department by (2-1)
3. Law Department beats Geology department by (2-0)
4. Physical Education department beats Physics department by (2-0)

### **Badminton (W)**

1. Law department beats Chemistry department by (2-1)
2. Physical Education department beats English department by (2-1)
3. Physics department beats History department by (2-1)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Sh. Raj Kumar Bakshi, Manoj Kumar, Thair Mehmood, and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.

## **The Jammu University Inter-Departmental Tournaments 2021-22.**







The fourth day the final matches of the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu in the disciplines of **Cricket(M)**, **Badminton (W&M)**, & **Carrom (M&W)**.

The detailed results of the matches in different disciplines are as follows: -

#### **Cricket (M)**

1. Mathematics Department beats Physics Department by 13 runs
2. Botany Department beats Urdu Department by 10 wickets

#### **Carrom (M) Semi-final Matches**

1. SHTM Department beats Commerce Department by (2-1)
2. Geography Department beats History Department by (2-0)

### **Carrom (M) Final Matches**

1. Geography Department beats SHTM Department by (2-0)

### **Carrom (W) Final Matches**

1. Commerce department beats Hindi department by (2-0)

### **Badminton (M) Semi-final Matches**

1. Physical Education department beats Law Department by (2-0)
2. The Law School beats SHTM department by (2-1)

### **Badminton (M) Final Matches**

1. Physical Education department beats The Law School by (2-0)

### **Badminton (W) Semi-final Matches**

1. Law Department beats Physical Education Department by (2-0)
2. Physics Department beats SHTM Department by (2-0)

### **Badminton (W) Final Matches**

1. Physics Department beats Law Department by (2-1)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Sh. Raj Kumar Bakshi, Manoj Kumar, Thair Mehmood, and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.



## **The Jammu University Inter-Departmental Tournaments 2021-22.**



The fifth day matches were conducted in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu in the disciplines of **Cricket(M), Badminton (W&M), & Carrom (M&W)**.

The detailed results of the matches in different disciplines are as follows: -

### **Cricket (M)**

1. Physical education department beats ICCCR & HRM department by 7 wickets
2. MCA department beats Geology department by 06 wickets

### **Chess (M)**

1. Economic department beats History department by (2-1)
2. MCA department beats Journalism by (2-1)

### **Chess (W)**

1. Law department beats Commerce department by (2-0)
2. Library & Information Science department beats Botany department by (2-0)
3. E.V.S department beats Geology department by (2-1)

4. Sociology department beats The Law School by (2-1)

**Table Tennis (M)**

1. The Business School department beats department Buddhist studies by (2-1)

**Table Tennis (W)**

1. Department of Physical Education beats Library Science & Technology Department by (2-0)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Mr. Padam Dev Singh Sh. Raj Kumar Bakshi, Ashok Singh Bali, Manoj Kumar, Thair Mehmood, and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.

**The Jammu University Inter-Departmental Tournaments 2021-22.**





The matches of the below mentioned disciplines were conducted in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu in the disciplines of **Cricket (M)**, **Badminton (W&M)**, & **Carrom (M&W)**.

The detailed results of the matches in different disciplines are as follows: -

### **Cricket (M)**

1. S.H.T.M department beats Bio-Technology department by 07 wickets
2. Economic department beats Mathematics department by 07 wickets

### **Chess (M)**

1. Law department beats Botany department by (2-0)
2. Geology department beats ICCCR 7 HRM department by (2-1)
3. Sociology department beats Commerce department by (2-0)
4. Sociology department beats S.H.T.M by (2-0)
5. Economic department beats MCA department by (2-1)

### **Chess (W)**

1. English department beats Sociology department by (2-0)
2. Economic department beats Law department by (2-0)
3. Library & Information Science beats SHTM by (2-1)
4. Chemistry department beats EVS department by (2-0)

### **Table Tennis (M)**

1. Physical Education department beats ICCCR & HRM by (2-1)
2. Law department beats Journalism department by (2-0)
3. The Business School beats Botany department by (2-0)
4. The law School beats SHTM department by (2-1)

### **Table Tennis (W)**

1. History department beats The Law School by (2-0)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Mr. Padam Dev Singh Sh. Raj Kumar Bakshi, Manoj Kumar, Tahir Mehmood, and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.

### **Directorate of Sports and Physical Education University of Jammu** **Organized one day Workshop on Yoga**

The Directorate of Sports and Physical Education, University of Jammu organized one-day Yoga workshop at Girls Hostel University of Jammu. Around 200 participants participated in the Yoga session for students of different Girls Hostel including Priya Darshani Girls Hostel, Sarojani Naidu Girls Hostel and Chander Bhaga Girls Hostel and the warden of the Hostel Respectively University of Jammu and Prof. Shashi Manhas was the Special Guest of the occasion.

**Prof. Shashi Manhas** in his address stressed upon the importance of yoga for mental and spiritual health and urged the participants to make yoga a part of their daily course as it helps one to realize one's potential to their fullest. Yoga is a discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. It is an art and science of healthy living. Yoga leads to a perfect harmony between mind and body, man and nature, individual consciousness and universal consciousness.



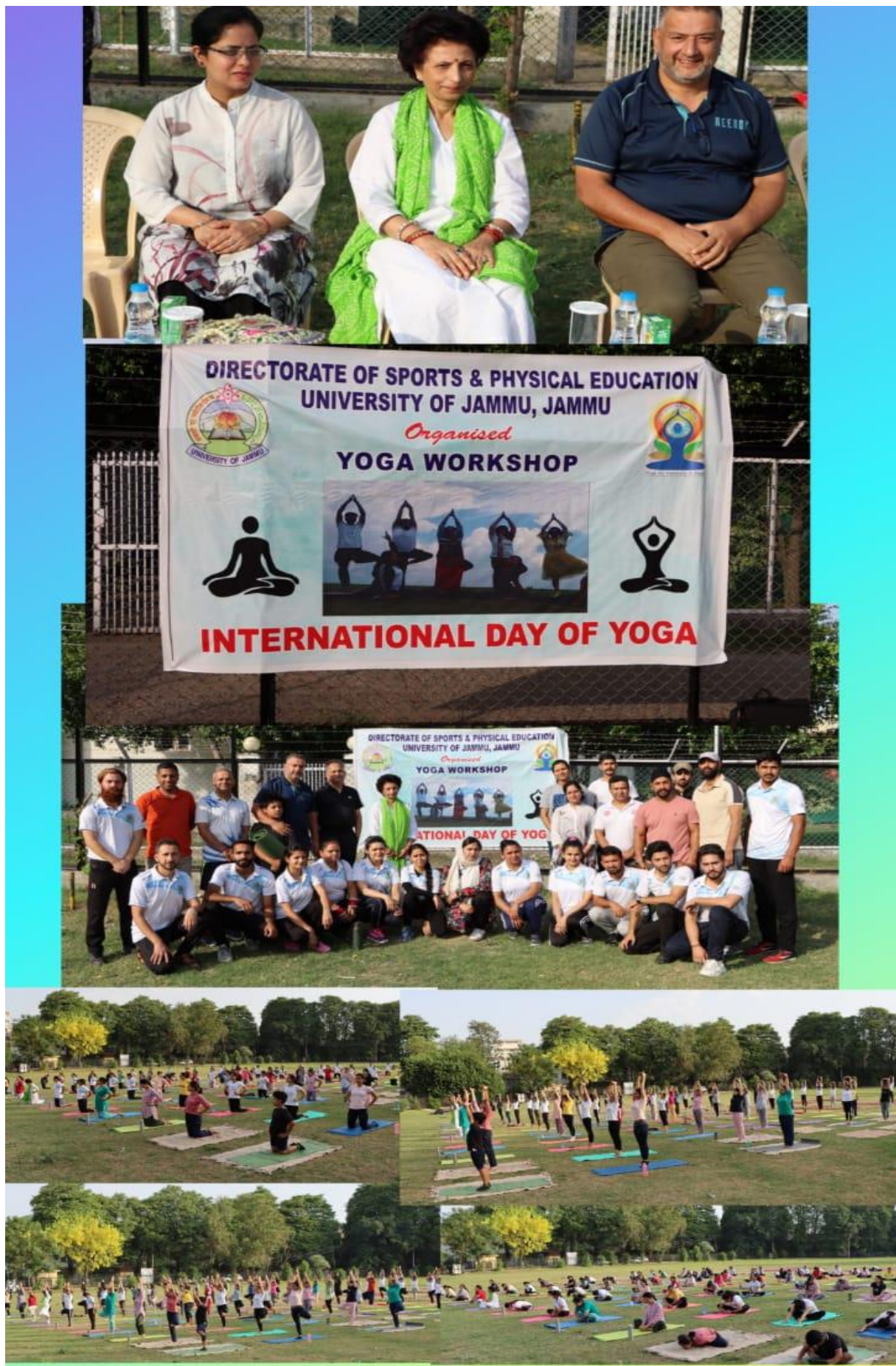
The welcome address was presented by Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu. In his address, Dr. Daud welcomed the Special guest, other invited guests including warden Prof. Hardeep Chahal Hod Commerce, Dr. Palvi Sachdeva Warden Priyadarshni Girls Hostel, Dr. Chinmey Maharan Warden Sarojani Naidu Girl Hostel and Ms. Anjali Sharma Chander Bhaga Girls Hostel and participants of today's session and laid emphasis on various aspects of Yoga.

Dr. Daud Iqbal Baba Director, in his message to the participants highlighted the importance of yoga for wellbeing and also said that practicing yoga cannot only be an effective stress reliever, but also a way to ease symptoms of anxiety and depression. By transferring focus and attention to the body and breath, yoga can help to temper anxiety while also releasing physical tension.

The Yoga session was conducted by Sh. Sanjeev Kumar, Teaching Assistant of the Department of Yoga and Mr. Sandeep Sharma.

The formal proceedings and vote of thanks was carried out by Dr. Mandeep Singh, Assistant Professor Department of Physical Education.

Others present there were Mr. Gagan Kumar, Mr. Jai Bharat, S. Harinder Pal Singh and Mr. Ashok Singh Bali.



**The Jammu University Inter-Departmental Tournaments 2021-22.**





The final matches of the below mentioned disciplines were conducted in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu in the disciplines of **Cricket (M)**, **Badminton (W&M)**, & **Carrom (M&W)**.

The detailed results of the matches in different disciplines are as follows: -

### **Cricket (M)**

1. Political Science department beats The Business School by 09 wickets
2. History department beats English department by 01 wickets
3. Education department beats Sanskrit department by 06 runs

### **Volleyball(M)**

1. Geology department beats Urdu department by (2-0) sets
2. History department beats The Law School by (2-1) sets
3. SHTM department beats Business School by (2-0) sets
4. ICCCR & HRM department beats Political Science by (2-0) sets
5. Law department beats Commerce department by (2-0) sets
6. Geology department beats Economic department by (2-0) sets
7. Geography department beats Botany department by (2-0) sets
8. MCA department beats Physics department by (2-0) sets

### **Chess (M)**

6. Sanskrit department beats The Law School by (2-0)
7. Economic department beats Geology department by (2-0)
8. The Business School beats Hindi department by (2-1)

### **Chess (W)**

1. English department beats Library & Information Science by (2-0)

### **Semi-final Table Tennis (M)**

5. Physical education department bats Law department by (2-0)
6. The Business School beats The Law School by (2-0)

### **Final Table Tennis (M)**

1. Physical Education beats The Business School by (2-1)

### **Final Table Tennis (W)**

2. Physical education department beats History department by (2-0)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Mr. Padam Dev Singh Sh. Raj Kumar Bakshi, Mr. Sanjeev Sharma, Mr. Ashok Singh Bali, Sadiq Hussain, Thair Mehmood, Manoj Kumar, Rahul Kumar, Mr. Sahil Sharma and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.

## **The Jammu University Inter-Departmental Tournaments 2021-22.**

The matches of the below mentioned disciplines were conducted in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu in the disciplines of **Cricket (M), Badminton (W&M), & Carrom (M&W)**.

The detailed results of the matches in different disciplines are as follows: -

### **Cricket (M)**

1. Urdu department beats Chemistry department by 06 wickets
2. The Law School beats Education department by 09 wickets

### **Volleyball(M)**

9. Geology department beats History department by (2-0) sets
10. MCA department beats ICCCR & HRM department by (2-1) sets
11. Physical Education department beats Law department by (2-0) sets

### **Semi-final Chess (M)**

9. Economic department beats Sanskrit department by (2-1)



10.Sociology department beats The Business School by (2-0)

### **Final-Chess (M)**

1. Economic department beats Sociology department by (2-0)

### **Chess (W)**

1. Economic department beats Chemistry department (2-0)

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopie, Sh. Gagan Kumar, Sh. Jai Bharat, Mr. Padam Dev Singh Sh. Raj Kumar Bakshi, Mr, Sanjeev Sharma, Mr. Ashok Singh Bali, Sadiq Hussain, Thair Mehmood, Manoj Kumar, Rahul Kumar, Mr. Sahil Sharma and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.





### **Directorate of Sports and Physical Education University of Jammu Organized one day Workshop on Yoga**

The Directorate of Sports and Physical Education, University of Jammu organized one-day Yoga workshop at Boys Hostel University of Jammu. Around 180 participants participated in the Yoga session for students of different Boys Hostel including Vivekanad Boys Hostel, Nehru Boys Hostel, Babab Jitto Boys Hostel and Jambo Lochan Boys Hostel University of Jammu and Prof. Satinder Kumar was the Special Guest of the occasion.

**Prof. Satinder kumar** in his address advised all the participants to do Yoga and also advise them to include Yoga in their daily routine.

The welcome address was presented by Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu. In his address, Dr. Daud welcomed the Special guest Prof. Satinder kumar and other invited guests including warden of different Boys Hostels Dr. Jaspal Warmal, Dr. Rajesh Sharma, Dr. Satya Priya, Dr. Joginder Singh, Dr. Ashwani kumar, Dr. Ripudaman Parihar, Dr. Umesh Paudal , Dr. Bhushan Kumar, Rameshwar Jamwal and participants of today's session and laid emphasis on various aspects of Yoga. Dr. Daud Iqbal Baba also conveyed some important aspects of Yoga to the participants.

Dr. Daud Iqbal Baba Director, in his message to the participants highlighted the importance of yoga for wellbeing and also said that practicing yoga cannot only be an effective stress reliever, but also a way to ease symptoms of anxiety and depression. By transferring focus and attention to the body and breath, yoga can help to temper anxiety while also releasing physical tension.



The Yoga session was conducted by Sh. Sanjeev Kumar Pandey, Teaching Assistant gave information about different asanas and pranayama. and Mr. Sandeep Sharma demonstrate asnas.

The formal proceedings and vote of thanks was carried out by Dr. Mandeep Singh, Assistant Professor Department of Physical Education.

Others present there were Mr. Gagan Kumar, Mr. Jai Bharat, S. Harinder Pal Singh and Mr. Ashok Singh Bali.



### **The Jammu University Inter-Departmental Tournaments 2021-22.**

- **Physical Education department claimed Volleyball (M) Title.**



The physical Education department outplayed Geology department in the straight sets (2-0) with set score (25-19), (25-22) and Claimed the Volleyball (M) title in the ongoing Inter-departmental tournaments of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu.

Earlier in the semifinal matches: Geology department beats Geography department by (2-0) sets and Physical Education Department beats MCA Department by (2-0) sets.

Meanwhile in the inter departmental Cricket (M) tournament.

1. History Department beats SHTM Department by 10 wickets.
2. The Law Department beats MCA Department by 79 runs.

The matches were officiated by Sh. Ravish Vaid, Sh. Vikas Karlopiya, Sh. Gagan Kumar, Sh. Jai Bharat, Mr. Padam Dev Singh Sh. Raj Kumar Bakshi, Mr, Sanjeev Sharma, Mr. Ashok Singh Bali, Sadiq Hussain, Thair Mehmood, Manoj Kumar, Rahul Kumar, Mr. Sahil Sharma and Saleem-ur Rehman

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.



### **All India Inter University Pencak Silat (Men) Championship Declared Open**

The All India Inter University Pencak Silat (Men & Women) Championship organized by the Directorate of Sports & Physical Education, University of Jammu commenced today at the University Gymnasium Hall, after it was declared open by **Prof. Umesh Rai**, Hon'ble Vice Chancellor University of Jammu in the presence of Prof. Parkash C. Anthal, DSW, University of Jammu & large number of gathering of dignitaries, employees, students of the University, players and officials of the participating Universities as well as the people from the civil society.

The Association of Indian Universities has entrusted the responsibility to University of Jammu, for hosting the **All India Inter University Pencak Silat (Men & Women) Championship** w.e.f. 24<sup>th</sup> May, 2022 to 26<sup>th</sup> May, 2022 in which around 450 players from 44 Universities across the Nation in men and women section are going to participate in this mega Event.

While addressing the gathering Prof. Umesh Rai congratulated the organizers for organizing such type of Sports events, which will provide an opportunity to the students of the various Universities to come closer to each other besides showing their Sports talent. He also appreciated the mass participation of the players and officials accompanying their teams from the various Universities. He also unveiled the mascot of the Pencak Silat Championship.

Earlier, Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu presented the formal welcome address and detail report of the said Championship. Dr. Baba also emphasised that Sports and games impart a sense of discipline, fellow-feeling and togetherness. Sports and games are the right avenues to channelize the energy and vitality of students in a positive direction. He also promised that University of Jammu will be front runner in nourishing the talent of the sportsperson who will ultimately make the Jammu as well the nation proud.

An impressive demonstration of the various skills of the Pencak Silat were performed by the players which was appreciated by one and all present on the occasion.

Prominent among others present there were Dr. Neeraj Sharma Spl. Secy to VC, Dr. Vinay Thusoo PRO JU, Capt. Sarweshwar Dubey Chief Security Officer JU, Dr. Vinod Bakshi, Mr. Irfan Aziz Botta, Mr. Gourav Arora, Dr. Komal Nagar, Dr. Mandeep Singh, Sh. Vimal Kishore, Sh. Padam Dev Singh, Sh. Jai Bharat, Sh. Vikas Karlopiya, Sh. Ravish Vaid, Sh. Raj Kumar Bakshi, Sh. Gagan Kumar, S. Harinderpal Singh, Sh. Tarvinderpal Singh, Ms. Bhavna Sharma, Mr. Sanjeev Sharma and officials of the participating teams.

The proceedings of the function and formal vote of thanks was presented by Dr. Komal Nagar I/c Assistant Director, Directorate of Sports and Physical Education















## **All India Inter University Pencak Silat (Men & Women) Championship concluded**

The University of Jammu showed its supremacy by lifting Overall Championship Trophy of the **All India Inter-University Pencak Silat (Men & Women) Championship** at the University Gymnasium Hall by securing highest **65** points. The Championship was organized by the Directorate of Sports & Physical Education, University of Jammu. The **Men Championship** was bagged by **GNDU Amritsar** with **39** points where as Championship in Women section won by University of Jammu with **29** points. The Runner-up and Second Runner-up positions in Men section were bagged by University of Jammu with 36 points and LPU Punjab with 28 points. Similarly, in Women section the 2<sup>nd</sup> and 3<sup>rd</sup> places were occupied by LPU Punjab with 21 points and MDU Rohtak University with 17 points respectively.

**Prof. Rajni Dhingra**, Dean Research Studies, University of Jammu was the Chief Guest on the Valedictory-cum-Prize Distribution Function of the said Championship in the presence of Mr. Nadeem Dar, Deputy Registrar University of Kashmir, Deputy Director SAI, Ex Ranji Player of J&K , Dr. Roopali Slathia Physical Director GCW Gandhinagar and very renowned & outstanding women Cricketer as well as Coach of J&K amidst large number of gathering of dignitaries, players and officials of the participating Universities, employees & students of the University as well as the people from the civil society.

While addressing the gathering **Prof. Dhingra**, congratulated the organizers for organizing such type of Sports events, which will provide an opportunity to the students of the various Universities across the Nation to come closer to each other besides showing their Sports talent. She also appreciated the mass participation of the players and officials accompanying their teams of the various Universities.

Earlier, Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu presented the formal report of the said Championship in which he mentioned that the Association of Indian Universities has entrusted the responsibility to University of Jammu, for hosting the **All India Inter University Pencak Silat (Men & Women) Championship** w.e.f. 24<sup>th</sup> May to 26<sup>th</sup> May, 2022 in which the players from 46 Universities across the Nation in men & women section participated. Around 450 players from different universities of India have participated in this mega Event.

Prominent among others present there were, Mr. Irfan Aziz Botta, Dr. Vinod Bakshi, Mr. Gourav Arora, Dr. Komal Nagar, Dr. Mandeep Singh, Sh. Vimal Kishore, Sh. Padam Dev Singh, Sh. Jai Bharat, Sh. Vikas Karlopie, Sh. Ravish Vaid, Sh. Raj Kumar Bakshi, Sh. Gagan Kumar, S. Harinderpal Singh, Sh. Tarvinderpal Singh, Ms. Bhavna Sharma, Mr. Sanjeev Sharma and officials of the participating teams.

The proceedings of the function and formal vote of thanks was presented by Dr. Komal Nagar I/c Assistant Director, Directorate of Sports and Physical Education



The final results of the events conducted in the All India Inter-University Pencak Silat (M&W) Championship:



### **WOMEN CHAMPIONSHIP**

<b>S.NO</b>	<b>UNIVERSITY</b>	<b>POINTS</b>	<b>POSITION</b>
1.	UNIVERISTY OF JAMMU	<b>29</b>	Frist
2.	LPU PHAGWARA	<b>21</b>	Second
3.	MDU ROHTAK	<b>17</b>	Third

### **MEN CHAMPIONSHIP**

<b>S.NO</b>	<b>UNIVERSITY</b>	<b>POINTS</b>	<b>POSITION</b>
<b>1.</b>	GNDU AMRITSAR	<b>39</b>	Frist
2.	UNIVERISTY OF JAMMU	<b>36</b>	Second
3.	LPU PHAGWARA	<b>28</b>	Third

### **OVERALL CHAMPIONSHIP**

<b>S.NO</b>	<b>UNIVERSITY</b>	<b>POINTS</b>	<b>POSITION</b>
1.	UNIVERISTY OF JAMMU	<b>65</b>	Frist
2.	GNDU AMRITSAR	<b>53</b>	Second
3.	LPU PHAGWARA	<b>49</b>	Third

## **15 days Judo Summer Camp**



The Judo Association of Jammu organized 15 days Judo summer camp for the players of Jammu in collaboration with Directorate of Sports and Physical Education, University of Jammu at Gymnasium Hall University of Jammu w.e.f. 28<sup>th</sup> May to 15<sup>th</sup> June 2022.

Press Release:Date: 02.06.2022

### **The Jammu University Inter-Departmental Tournaments 2021-22.**

- **Physical Education department claimed Cricket (M) Title.**

The physical Education department outplayed Law department by 10 wickets in the ongoing Inter-departmental Cricket (M) tournament of the Jammu University for the session of 2021-22 organized by Campus Sports Committee at University of Jammu.



Earlier batting first, the Law department team collapsed on 68 runs in 15.2 overs. Mannat Ali scored highest 20 runs from Law Department. Hritik took 3 wickets where as Anuj and Snehal clinched 2 wickets each. While chasing the low target of 69 runs, the Physical Education Department made it in just 7.4 overs without losing any wicket. Openers Iftiaz and Babber contributed 49 and 16 runs respectively.

The matches were officiated by Sh. Raj Kumar Bakshi, Mr, Tahir Mehmood, Manoj Kumar, Rahul Kumar.

The tournaments were organized under the supervision of **Dr. Daud Iqbal Baba** Chairman, Campus Sports Committee University of Jammu.



**Press Release:Date: 02.06.2022**

**Directorate of Sports and Physical Education University of Jammu Organized one day Workshop on Yoga**

The Directorate of Sports and Physical Education, University of Jammu organized one-day Yoga workshop at Directorate of Distance Education University of Jammu.Around

100 participants participated in the Yoga session for students of Distance Education. University of Jammu and Prof. Satnam Kour was the Special Guest of the occasion.

**Prof. Satnam Kour** Director, Directorate of Distance Education University of Jammu, in her address advised all the participants to do Yoga and also advise them to include Yoga in their daily routine.

The welcome address was presented by Dr. Jaspal Warmal Assistant Professor Distance Education, University of Jammu. In his address, Dr. Jaspal Warmal welcomed the Special guest Prof. Satnam Kour and other invited guests including staff members of Distance Education Prof. Sandeep Tandon, Dr. Neha Vij, Dr. Rajveer Sodi, Dr. Joginder Singh, Dr. Heena Abrol, Dr. Neelam Choudhary, Rohni Suri, Stinder Singh and other participants.

Dr. Daud Iqbal Baba Director, in his message to the participants highlighted the importance of yoga for wellbeing and also said that practicing yoga cannot only be an effective stress reliever, but also a way to ease symptoms of anxiety and depression. By transferring focus and attention to the body and breath, yoga can help to temper anxiety while also releasing physical tension.

The Yoga session was conducted by Sh. Sanjeev Kumar Pandey, Teaching Assistant gave information about different Asanas and pranayama. Mr. Sandeep Sharma and Gourav Raina demonstrate Asanas.

The formal proceedings was carried out by Dr. Mandeep Singh, Assistant Professor Department of Physical Education and Vote of Thanks by Dr. Joginder Singh.

Others present there were Mr. Ravish Vaid, Mr. Gagan Kumar, Mr. Ashok Singh Bali, Sh.

Sat Paul and Sh. Makhan Lal.





**Valedictory cum Certificate Distribution Ceremony of “10 Days Judo Summer Camp”**

Judokas believe in the saying made by **Frank L. Gaines**, “**Only He Who Can See The Invisible Can Do The Impossible**”, and they have aptly proved this by showing their outstanding performances in a free **10 Days Summer Judo Coaching Camp** organized by the **University of Jammu** in collaboration with **Judo Association (J&K)** from **28<sup>th</sup> May, 2022 to 6<sup>th</sup> June, 2022**. This Camp was concluded today morning on **6<sup>th</sup> June, 2022**.

On this occasion, **Dr. Daud Iqbal Baba, Director, Sports & Physical Education, University of Jammu** was invited as the **Chief Guest** and **Sh. Vikas Gupta, Vice-President, Judo Association (J&K)** as a **Special Guest**. The **NIS Judo Coach, Sh. Rameshwar Singh Jamwal** and **Dr. Akhilesh Sharma, Liaison Officer, University of Jammu** coordinated the entire event.

The esteemed **Director, Sports & Physical Education, University of Jammu, Dr. Daud Iqbal Baba** and the other guests were warmly welcomed by **Dr. Kusam Sharma**. Dr. Daud presented certificates to all the Judokas and he also congratulated the two Judokas, **Mr. Rajat Chib** and **Mr. Akshay Sharma**, trained under the supervision of **NIS Judo Coach, Sh. Rameshwar Singh Jamwal**, who will be representing J&K in **Khelo India Games at Haryana**.

**Dr. Daud** in his addressing assured that in future too he and his Sports Directorate will lend their full support in organizing such Camps twice a year in the University of Jammu. He motivated the Judokas to work hard with more zeal and commitment and strive for better results in the future and make a mark for themselves in the history of the Nation. He wished them all the best for their future endeavors and urged them to become good human beings who could convert weakness into strength, obstacles into opportunities and failures into triumphs. He also spoke in his speech that this Valedictory cum Certificate Distribution Ceremony indeed proved to be a culmination of hard work, dedication and commitment of Judokas, their Judo Coach, Sports Directorate, University of Jammu, Judo Association (J&K), trainers and the parents in unison.

During the ceremony, one of the Judokas **Master Aahil Sharma of B.S.F. Sr. Secondary School, Paloura** gave an energetic thanks giving speech in the honour of Sports Director, Dr. Daud and other dignitaries. The entire Gymnasium Hall was resonated by the slogans shouted by the little Master and the applaud he received by the warm audience. In this Judo Camp near about **120 Judokas** from different schools and



districts participated with great zeal and enthusiasm and were trained under the able guidance and supervision of **Judo Coach, Sh. Rameshwar**. During the entire event, there was a presence of **around 200 people** including participants, their parents, trainers and the honorable guests on the venue.



**Press Release:Date: 06.06.2022**

**Directorate of Sports and Physical Education University of Jammu Organized 15 days Common Yoga Protocol (CYP)**

The Directorate of Sports and Physical Education, University of Jammu organized 15 days Yoga Protocol Camp as per direction of UGC in regards to Ministry of Ayush, at Directorate of Sports and Physical Education, University of Jammu Gymnasium Hall. Around 200 participants participated in the Yoga inauguration session.

Today's inauguration function Dr. Daud Iqbal Baba Director, in his message to the participants highlighted the importance of yoga for wellbeing and also said that practicing yoga cannot only be an effective stress reliever, but also a way to ease symptoms of anxiety and depression. By transferring focus and attention to the body and breath, yoga can help to temper anxiety while also releasing physical tension.

The Yoga session was conducted by Sh. Sanjeev Kumar Pandey, Teaching Assistant gave information about different Asanas and pranayama.

The formal proceedings and Vote of Thanks was carried out by Dr. Mandeep Singh, Assistant Professor Department of Physical Education.

Others present there were, Mr. Akhlesh Sharma, Mr. Gagan Kumar, Mr. Harinderpal Singh, Mr. Tarvinderpal Singh, Mr. Ashok Singh Bali, Sh. Sat Paul and Sh. Makhan Lal.







## **Press Release:**

**Date: 07.06.2022**

### **Directorate of Sports and Physical Education University of Jammu Organized one day Workshop on Yoga**

The Directorate of Sports and Physical Education, University of Jammu organized one-day Yoga workshop at Department of Commerce, University of Jammu. Faculty, Employees, Scholars and Students participated in the Yoga session.

Prof. HardeepChahal, HOD of the Department of Commercein his address stressed upon the importance of yoga for mental and spiritual health and urged the participants to make yoga a part of their routine life for health.

The formal proceedings and conducted of the Yoga session by Mr. Sanjeev kumar Pandey, Teaching Assistant of Directorate of Sports and Physical Education, University of Jammu. Mr. Sanjeev Kumar gave important information about the benefits of Asanas and pranayama.

The vote of thanks was carried out by Prof. Gurjeetkour, Department of Commerce.

Others present there were Mr. Gagan Kumar and Asanas demonstration by Yoga Students of the Department of Physical Education.







DIRECTORATE OF SPORTS AND PHYSICAL EDUCATION, UNIVERSITY OF JAMMU, JAMMU

### REPORT

**Subject:- To conduct Environment Related Activities on World Environment Day, 2022.**

The Directorate of Sports and Physical Education University of Jammu has participated in Environment activities organized by the Director Sports and Physical Education under the supervision Director Dr. Daud Iqbal Baba, and as per Minister of Education- MGNCRE, and all events were conducted smoothly in which students played vital role in cleanliness of the campus, and gave their service in various places of the directorate, some students planted tree along the fencing of the directorate during this event, moreover staff, coaches Yoga teachers also show enthusiasm while planting various plants near old building of the directorate and lecture has also been delivered to the students by the Teacher In-charge on the topic "only one earth " and teacher incharge give chance to students to know the names of all the plants already grown near by them and also discuss the importance of that plants which has been planted by them during the event and told their names, in which they got opportunity to interact with plants in very friendly behaviour . In last All the participants gave 100% in the events which make small efforts a grand success.

5/10/2022  
I/C Director  
Dr. Daud Iqbal Baba

























**Press Release**

**Dated: 19-06- 2022**

Directorate of Sports and Physical Education University of Jammu Organizes Symposium and Poster Competition on the Eve of 8<sup>th</sup> International Day of Yoga to be held on 21<sup>st</sup> June 2022 for the students of the University of Jammu and its affiliated Colleges.

The Event was organized under the supervision of the Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu with the assistance of Dr. Mandeep Singh and Mr. Sanjeev Kumar Pandey.

Sh. Padam Dev Singh, Sh. Jai Bharat, Raj Kumar Bakshi, Sh. Ravish Vaid , Sh. Gagan kumar, Sh. Vikas Karloopia, S. Harinder Pal Singh and Jeevan Lal were the judges of the said Event.

The proceeding of the event was conducted by Tarvinder Pal Singh.

#### Result of Symposium Competition

1. Nayara (Department of Electronics)
2. Komal (Depart of Physical Education and Sports)
3. Gonika Yogini ( The Yoga Centre) and Shallu Devi ( Trikuta College )
4. Consulation Prize : Neha Sharma (Depart of Physical Education and Sports)

#### Result of Poster Making:

1. Komal (Depart of Physical Education and Sports)
2. Sheena Jamwal ( The Yoga Centre)
3. Muskan (Depart of Physical Education and Sports) and Nidhi Singh ( Trikuta College )
4. Consulation Prize Balkes Razia Bali ( The Yoga Centre)





Press Release:

Dated: 21-06- 2022

### **International Day of Yoga 2022**

On the Eve of the 8<sup>th</sup> International day of Yoga 2022, the Directorate of Sports and Physical Education, University of Jammu concluded the 15 Days Yoga Camp w.e.f. 6<sup>th</sup> to 21<sup>st</sup> June 2022 attended by the Employees, Students and Civil Society. Around 150 participated in the said Yoga Camp. Directorate organized many workshops in the different Departments, Girls Hostels and Boys Hostels of the University of Jammu and also organized the Symposium, Poster making and Yogasanas Competition.

The welcome address was presented by Dr. Mandeep Singh, Asstt. Professor, Physical Education, University of Jammu. In his address, Dr. Mandeep welcomed the chief guest, other invited guests and participants of today's session and laid emphasis on various aspects of Yoga.

Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, University of Jammu gave brief detail of the activities organized in the 15 days Yoga Camp, workshop, Symposium, Poster Making and Yogasana competition. Dr. Daud in his address stressed upon the importance of yoga for mental and spiritual health and urged the participants to make yoga a part of their daily course.

The event was collaborated by Confederation of Indian Industries and also provided refreshment to the participants, while addressing the members of Confederation of Indian Industries appreciated the efforts of Directorate of Sports and Physical Education for organizing such event from time to time. They also promised to come forward for all the help to university of Jammu for organizing such event which are beneficial for the society

Sh. Archit Puri, Vice Chairman of Confederation of Indian Industries and the owner of the P-Mark Industry was the Chief Guest of the function and while his addressing the participants explained the importance of practicing Pranayama, Asanas for the mental and Physical development of person. He also applauded the efforts of Directorate of sports and Physical Education and wishes to the part of all future events which will encourage students and society.

Sh. Sanjeev Kumar Yoga Teacher conducted the Yoga sessions in the Yoga camp and other Yoga Workshops on the celebration of 8<sup>th</sup> International Day of Yoga. An Advance demonstration performed by Sandeep Sharma and the Yoga students.

Other prominent Mr. Shobit Vaid Executive CII Mr. Vivek Sagar Executive CII, Mr. Raj Kumar, Ravish Vaid, Gagan Kumar, Jai Bharat, Vikas Karlopa, S. Harinder Pal Singh, S. Tarvinder Singh, Sanjeev Sharma and Miss Bhavna were present in function.







## **Jammu University Inline Hockey (Men) team clinched Silver Medal**





The University of Jammu Inline Hockey (Men) Team showed its high performance and grabbed the 2<sup>nd</sup> position in the All India Inter-University Inline Hockey (Men) Tournament



2021-22 organized by the Andhra University, Vishakhapatnam w.e.f 29<sup>th</sup> June to 3<sup>rd</sup> July 2022.

## **69<sup>th</sup> Senior National Coaching Camp**



**J&K AMATEUR KABADDI ASSOCIATION**

IN COLLABORATION WITH

**DIRECTORATE OF SPORTS AND PHYSICAL EDUCATION,  
UNIVERSITY OF JAMMU**

&

**J&K SPORTS COUNCIL**

ORGANISING

**A 69<sup>th</sup> Sr. National Coaching Camp**

w.e.f. 04<sup>th</sup> July to 19<sup>th</sup> July 2022



The J&K Amateur Kabaddi Association in collaboration with the Directorate of Sports and Physical Education, University of Jammu and J&K State Sports Council organized 69<sup>th</sup> Senior National Coaching Camp for Men w.e.f. 4<sup>th</sup> July to 19<sup>th</sup> July 2022 at Gymnasium Hall University of Jammu.

### **34<sup>th</sup> Senior National Korfball Coaching Camp**





The J&K UTKorfball Association in collaboration with the Directorate of Sports and Physical Education, University of Jammu and J&K State Sports Council organized 34<sup>th</sup> Senior National Coaching Camp Korfball (Mixed) w.e.f. 16<sup>th</sup> August to 29<sup>th</sup> August, 2022 at University of Jammu.

## **3<sup>rd</sup>UT level Wrestling Championship**



3<sup>rd</sup>UT level Under-23 Wrestling Championship, organised by Wrestling Association of J&K in collaboration with Directorate of Sports and Physical Education University of Jammu, inaugurated at Wrestling Hall Jammu University, here today.

Sahil Sharma, coach of Indian Women Wrestling Team in Commonwealth Games-2022 Birmingham and Pradeep Sharma, co-convenor of BJP Sports Cell were the chief guests at the opening ceremony.

Sahil Sharma encouraged the young talent with the latest techniques of wrestling to boost the morale of the wrestlers of J&K.

Om Parkash, Ravinder Kumar, Roshan Sharma, Beniya Ameen, Anil Kumar and Diler Khan and Ajay Bharti were the prominent citizens present during the event.

A total of 110 participants from all over the districts participated in the championship, wherein 57 kg, Mangal Singh beat Mohd Nasir by 10-0 points, while in 61 kg, Arjun Sharma trounced Mohd Hussain by 8-6 points and in 65 kg, Mohd Gulam Sawar defeated Ankit Sainia by 10-4 points, in 79 kg, Gulshan Chib got better of Toufeeque Umar by 10-0 points and in 86 kg, Madan Singh beat Koshal Kumar by 10-0 points.

In 92 kg, Goutam Singh defeated Ravinder Singh by 8-0 points and in 125 kg,



Vikram Singh beat Mohd Azam by 10-0 points.

Meanwhile, in 57kg, Keshav Singh beat Neeraj Sharma in the final bout, while in 87kg, Rajesh Sharma defeated Munir Ahmed in the final bout and in 62kg (Women), Muskan Rajput won the final bout during the trials for 36th National Games-2022.

### **Antar Yatra of Dr. Kiran Seth flagged-off at University of Jammu**



The SPIC MACAY J&K in collaboration with Directorate of Sports and Physical Education, University of Jammu organised **Swagat and Flag-off** ceremony of Antar Yatra (an inner journey) of Dr. Kiran Seth (founder SPIC MACAY) from Jammu to Kanyakumari in the presence of Dr. Daud Iqbal Baba, Director, Directorate of Sports and Physical Education, Dr. Sapna Sangra incharge SPIC MACAY Jammu Chapter and Dr. Seema Rohmetra, Sh. Deep Khare, Principal Jodhamal Public School and cyclist group “Women do Ride” led by Ms. Payal.

### **University of Jammu celebrated National Sports Day 2022**

Every year National Sports Day is observed on 29<sup>th</sup> August to commemorate the birthday of Indian hockey legend Major Dhyan Chand. Born on 29 August 1905 in present-day Prayagraj, UP, Major Dhyan Chand was the captain of the Gold medal-winning Indian hockey team at the Berlin Olympics in 1936.

The Directorate of Sports and Physical Education, University of Jammu celebrated National Sports Day 2022 at the University Campus. **Prof. Umesh Rai**, Vice Chancellor, University of Jammu, was the Chief Guest whereas Prof. Naresh Padha, Dean Academic Affairs, Prof. Arvind Jasrotia, Registrar University of Jammu, Prof. Rajeev Rattan Sharma Director CDC, Prof. Prakash C. Anthal, Dean Student's Welfare, Dr. Dharminder Magotra Joint Registrar, Sh. Ranjeet Kalra, Member J&K Sports Council, Sh. Rashid Ahmed Choudhary, DySP International Fencer, Sh. Manmeet Singh, Gatka Association, Sh. Abhishek Jain, Secy. J&K Kick Boxing Association, Sh. H.S.Chib, Retd. Physical Director, Sh. Ramesh Magotra, Retd. T.T.Coach and Sh. Rajan Sharma, Secy. J&K Boxing Association, Dr. Roopali Slathia Physical Director were the Guests of Honour on the occasion.

**Prof. Umesh Rai**, in his address, enlightened the gathering with the message that "We celebrate National Sports Day to embrace sportsmanship and brotherhood that comes with sports. National sports day is celebrated graciously all over the world to honor national sports teams for their outstanding



performance for the respective countries. It is pertinent to embrace sports traditions as it encourages sportsmanship among people and keeps their hardships that they bring to the country in the form of achievements. Sports day is all about motivating and encouraging sportsmen with their efforts that they put forward and commendable teamwork.”

Speaking on the occasion, the VC congratulated the entire staff of the Directorate and also said that the university will organize various Sports Events of National level in the future for the promotion of Sports in J&K. He also ensure the Directorate for infrastructure development including synthetic Kho-Kho ground, Synthetic Basketball Court, Shooting Range and Multipurpose Hall for all indoor games. He strongly laid emphasis on the University Sports Policy will be implemented soon in order to attract the real talent of JKUT. He further appreciated the efforts of the Directorate for conducting such events throughout the year.

Earlier, **Dr. Daud Iqbal Baba**, Director Directorate of Sports and Physical Education, JU presented formal welcome address and share that National Sports Day does not represent only a day to embrace Sports, to know its importance. No one can be made aware of the significance of its value in one day. National Sports Day marks the journeys of all those tenacious over-the-top athletes and players that did not leave any effort in making India proud. Making the public aware of its sports history in order to attain a fitter nation is the primary objective to celebrate this day.

He welcomes the Chief Guest, Guests of Honour, prominent personalities in Sports, coaches and managers of the medalist teams, players and all other invited guests on the occasion.

**“Sports Unleashed Volume-II”** – a Sports magazine published under the aegis of Directorate of Sports and Physical Education was also released by **Prof. Umesh Rai** and other dignitaries on the dice. The magazine highlights the Mega Sports Events organized by the Directorate, achievements of the Directorate at University, National and International level from the year 2020 to 2022.

The impressive demonstrations of **Yoga, Gatka, Fencing, and Kick-Boxing** were performed during the function.

At last, the award ceremony was held in which the prominent personalities of J&K in Sports, players along with Coaches & Managers who won medals for the University in All India Inter University / National/ International

competitions for the session 2021-22 were felicitated with **Letter of Appreciation** and **souvenir T-Shirt**. In addition to the above felicitation, the employees of University of Jammu who had won medals in Jammu University Employees (M&W) tournaments were also awarded with Memento and **souvenir T-Shirt**.

Prominent among others present there were Prof. Pankaj Srivastava, Prof. Shashi Manhas, Dr. Neeraj Sharma, Dr. Vinay Thusoo, Dr. Imran Farooq, Sh. Sumit Sharma PA to VC, Sh. Vikas Karlopiya, Sh. Ravish Vaid, Sh. Raj Kumar Bakshi, Sh. Gagan Kumar, Sh. Padam Dev Singh, Sh. Jai Bharat, S. Harinderpal Singh, Sh. Tarvinderpal Singh, Ms. Bhavna Sharma, Mr. Sanjeev Sharma Mr. Gourav Arora, and officials of the participating teams.

The proceedings of the function were conducted by Dr. Komal Nagar, I/c Assistant Director, Directorate of Sports and Physical Education, JU and Sh. Vimal Kishore, Assistant Professor, Department of Physical Education. The formal Vote of thanks was presented by Dr. Mandeep Singh, Assistant Professor, Department of Physical Education, University of Jammu.

