HEALTH CENTRE
UNIVERSITY OF JAMMU

CIRCULAR

Subject: Schedule of Specialists OPD at the University Health Centre

This is to inform all students, faculty, employees, and their dependents that the University Health Centre has commenced Outpatient Department (OPD) services featuring six medical specialists.

All stakeholders of the university are encouraged to avail themselves of these upgraded healthcare facilities directly on campus. Consultations can be arranged either through prior appointment or via on-the-spot registration at the health centre reception.

The schedule for the Specialists OPD is detailed below:

S.No	Speciality	Specialists	Day of Availability	Date of Availability	Timing
1	MEDICINE	Dr. Supinder Singh	Monday	2nd November & 16th November 2026	10 am to 2pm
2	ORTHOPAEDICS (BONES & JOINTS)	Dr. Aniti Pal Singh	Tuesday	3rd November & 17th November 2026	10 am to 2pm
3	OPHTHALMOLOGY (EYE)	Dr.Surbhi	Wednesday	4th November & 18th November 2026	10 am to 2pm
4	GYNAECOLOGY & OBSTETRICS	Dr. Ayat Albino	Monday	9th November & 23rd November 2026	10 am to 2pm
5	ENT	Dr. Mohit Goel	Tuesday	10th November & 24th November 2026	10 am to 2pm
6	DERMATOLOGY (SKIN)	Dr. Ananya Sambyal	Wednesday	11th November & 25th November 2026	10 am to 2pm

Important Guidelines for Visitors:

- **Identification:** Students and employees are requested to carry their valid University ID card.

CMO (I/C)
Health Centre
University of Jammu

Medical Officer
University of Jammu
Jammu

No/HC/JU/26/ 824-29
Dated: 30/10/2026
Copy to:

1. Sr. PA to Registrar for the information to Registrar
2. Convener, UHCAC
3. DIQA for information
4. Director, Centre for IT Enabled Services & Emerging Technologies, University of Jammu with a request to direct concern official for uploading on University Website
5. Media Officer, for sharing on university official WhatsApp group
6. Office File

HEALTH CENTRE
UNIVER SITY OF JAMMU
CIRCULAR

Subject: Schedule of counselling services at University Health Centre

S.No	Counsellor	Day of Availbilty	Date of Availbility	Timinig
1.	Ms. Shweta Jain	Tuesday	3rd November 2026	10:30 am to 2:30pm
		Thursday	5th November 2026	10:30 am to 2:30pm
		Tuesday	10th November 2026	10:30 am to 2:30pm
		Thursday	12th November 2026	10:30 am to 2:30pm
		Tuesday	17th November 2026	10:30 am to 2:30pm
		Thursday	19th November 2026	10:30 am to 2:30pm
		Tuesday	24th November 2026	10:30 am to 2:30pm
		Thursday	26th November 2026	10:30 am to 2:30pm

Information

1. **All counselling sessions shall be conducted with strict confidentiality.**
2. **The service is provided free of cost to all University stakeholders.**

No/HC/JU/26/ 830-36
Dated: 30/10/2026

Copy to:

1. Sr. PA to Registrar for the information to Registrar
2. Convener, UHCAC
3. DIQA for information
4. Director, Centre for IT Enabled Services & Emerging Technologies, University of Jammu with a request to direct concern official for uploading on university Website
5. Media Officer, for sharing on university official WhatsApp group
6. Mr. Himanshu Mahajan, Pharmacist for information and necessary compliance
7. Office File

Medical Officer
University of Jammu
Jammu

AP-I
30/10/26

Office of the Director, CITES&EM
Receipt No. 2608
Date 30/10/24
University of Jammu