



**HEALTH CENTRE
UNIVERSITY OF JAMMU
CIRCULAR**

Subject: Schedule of counselling services at University Health Centre

S.No	Counsellor	Day of Availbilty	Date of Availability	Timinig
1.	Ms. Shweta Jain	Thursday	1st October 2026	10:30 am to 2:30pm
		Tuesday	6th October 2026	10:30 am to 2:30pm
		Thursday	8th October 2026	10:30 am to 2:30pm
		Tuesday	13th October 2026	10:30 am to 2:30pm
		Thursday	15th October 2026	10:30 am to 2:30pm
		Tuesday	20th October 2026	10:30 am to 2:30pm
		Thursday	22nd October 2026	10:30 am to 2:30pm
		Tuesday	27th October 2026	10:30 am to 2:30pm
		Thursday	29th October 2026	10:30 am to 2:30pm

Information

1. All counselling sessions shall be conducted with strict confidentiality.
2. The service is provided free of cost to all University stakeholders.

No/HC/JU/26/722-28

Dated: 30/09/2026

Copy to:

1. Sr. PA to Registrar for the information to Registrar
2. Convener, UHCAC
3. DIQA for information
4. Director, Centre for IT Enabled Services & Emerging Technologies, University of Jammu with a request to direct concern official for uploading on university Website
5. Media Officer, for sharing on university official WhatsApp group
6. Mr. Himanshu Mahajan, Pharmacist for information and necessary compliance
7. Office File


Medical Officer
University of Jammu
Jammu