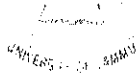


UNIVERSITY OF JAMMU

(NAAC ACCREDITED 'A' GRADE' UNIVERSITY)
(Baba Saheb Ambedkar Road, Jammu-180006 (J&K))



Academic Section

Email: academicsectionju14@gmail.com

NOTIFICATION (23/November/Adp./93)

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, is pleased to authorize the adoption of the Syllabi and Courses of Studies in the subject of Psychology of Semester Vth, VIth, VIIth and VIIIth for Four Year Under Graduate Programme (FYUGP) under the Choice Based Credit System as per NEP-2020 (as given in the annexure) for the examinations to be held in the years as per the details given below:

Subject	Semester	For the examinations to be held in the year
Psychology	Semester-V	December 2024, 2025 and 2026
	Semester-VI	May 2025, 2026 and 2027
	Semester-VII	December 2025, 2026 and 2027
	Semester-VIII	May 2026, 2027 and 2028

The Syllabi of the courses is also available on the University website: www.jammuuniversity.ac.in.

Sd/-

DEAN ACADEMIC AFFAIRS

No. F. Acd/II/23/11596-11612

Dated: 8-11-2023

Copy for information and necessary action to:

1. Dean Faculty of Social Science
2. HOD/Convener, Board of Studies Psychology
3. Sr. P.A. to the Controller of Examinations
4. All members of the Board of Studies
5. Confidential Assistant to the Controller of Examinations
6. Director, Computer Centre, University of Jammu
7. Deputy Registrar/Asst. Registrar (Conf./Exams. UG)
8. Incharge University Website for necessary action please

Sumitasharma
Deputy Registrar (Academic) 8/11/23.
SS 08/11/23
AB 6/11/23
M 16/11/23

**COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)**

**PROPOSED COURSE SCHEME FOR SEMESTER I
EXAMINATION TO BE HELD IN DEC 2022, DEC 2023, DEC 2024**

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT101	FOUNDATION OF BEHAVIOUR	4	75	25	100
2	Minor	UMIPSYT102	BASIC PSYCHOLOGICAL PROCESSES	4	75	25	100
3	MD/ID	UMDPSYT103	PSYCHOLOGY IN EVERYDAY LIFE	3	75	-	75
4	SEC	USEPSYT104	LIFE SKILLS I	2	50	-	50

**PROPOSED COURSE SCHEME FOR SEMESTER II
EXAMINATION TO BE HELD IN MAY 2023, MAY 2024, MAY 2025**

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT201	PSYCHOLOGY OF INDIVIDUAL DIFFERENCES	4	75	25	100
2	Minor	UMIPSYT202	PERSONAL GROWTH AND RELATIONSHIP THROUGH PSYCHOLOGY	4	75	25	100
3	MD/ID	UMDPSYT203	PSYCHOLOGY OF HAPPINESS AND WELLBEING	3	75	-	75
4	SEC	USEPSYT204	LIFE SKILLS II	2	50	-	50

**PROPOSED COURSE SCHEME FOR SEMESTER III
EXAMINATION TO BE HELD IN DEC 2023, DEC 2024, DEC 2025**

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT301	SOCIAL PSYCHOLOGY	4	75	25	100
2	Major	UMJPSYT302	PERSONALITY PSYCHOLOGY	4	75	25	100
3	Minor	UMIPSYT303	PSYCHOLOGY OF HEALTH AND WELLBEING	4	75	25	100
4	MD/ID	UMDPSYT304	ENVIRONMENTAL PSYCHOLOGY	3	75	--	75
5	SEC	USEPYT305	PERSONALITY DEVELOPMENT	2	50	-	50

Sathnam

Asin

Bali

On 26

Prady

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

PROPOSED COURSE SCHEME FOR SEMESTER IV
EXAMINATION TO BE HELD IN MAY 2024, MAY 2025, MAY 2026

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT401	HEALTH PSYCHOLOGY	4	75	25	100
2	Major	UMJPSYT402	DEVELOPMENTAL PSYCHOLOGY	4	75	25	100
3	Major	UMJPSYT403	COGNITIVE PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT404	TRENDS IN PSYCHOLOGY	4	75	25	100
5	Minor	UMIPSYT405	PSYCHOLOGY IN DAY TODAY LIFE	4	75	25	100

PROPOSED COURSE SCHEME FOR SEMESTER V
EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT501	ABNORMAL PSYCHOLOGY	4	75	25	100
2	Major	UMJPSYT502	COUNSELLING PSYCHOLOGY	4	75	25	100
3	Major	UMJPSYT503	ORGANIZATIONAL BEHAVIOUR	4	75	25	100
4	Major	UMJPSYT504	YOUTH AND IDENTITY	2	50	-	50
5	Minor	UMIPSYT505	RESEARCH METHODOLOGY	4	75	25	100
6	SEC	USEPSYI506	SUMMER INTERNSHIP	2	-	50	50

PROPOSED COURSE SCHEME FOR SEMESTER VI
EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT601	PSYCHOLOGICAL THERAPIES	4	75	25	100
2	Major	UMJPSYT602	COUNSELING SPECIALITIES	4	75	25	100
3	Major	UMJPSYT603	OCCUPATIONAL PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT604	EDUCATIONAL PSYCHOLOGY	4	75	25	100
5	Minor	UMIPSYT605	STATISTICS IN PSYCHOLOGY	4	75	25	100

Sathnam

Shikha

Bali

Onsh

Devika

2/1/27

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

PROPOSED COURSE SCHEME FOR SEMESTER VII
EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

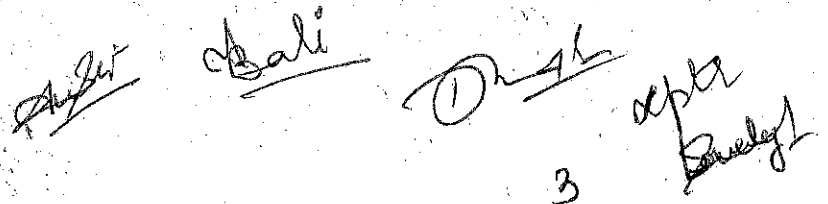
S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT701	HISTORY AND SYSTEMS OF PSYCHOLOGY	4	75	25	100
2	Major	UMJPSYT702	RESEARCH METHODOLOGY AND ETHICS	4	75	25	100
3	Major	UMJPSYT703	INDIAN PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT704	ENVIRONMENTAL PSYCHOLOGY	4	75	25	100
5	Minor	UMIPSYT705	CONSUMER PSYCHOLOGY	4	75	25	100

PROPOSED COURSE SCHEME FOR SEMESTER VIII (Honours)
EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT801	PSYCHOLOGICAL ASSESSMENT AND TESTING	4	75	25	100
2	Major	UMJPSYT802	COMMUNITY PSYCHOLOGY	4	75	25	100
3	Major	UMJPSYT803	APPLIED SOCIAL PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT804	POSITIVE PSYCHOLOGY	4	75	25	100
5	Minor	UMIPSYT805	PSYCHOLOGY FOR LIVING	4	75	25	100

PROPOSED COURSE SCHEME FOR SEMESTER VIII (Honours with research)
EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT806	ASSESSMENT AND TESTING IN PSYCHOLOGY	4	75	25	100
2	Minor	UMIPSYT807	APPLICATIONS OF SOCIAL PSYCHOLOGY	4	75	25	100
3	SEC	USEPSYT808	DISSERTATION	12			300



 3

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

PROPOSED COURSE SCHEME FOR SEMESTER V

BACHELOR OF PSYCHOLOGY

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT501	ABNORMAL PSYCHOLOGY	4	75	25	100
2	Major	UMJPSYT502	COUNSELLING PSYCHOLOGY	4	75	25	100
3	Major	UMJPSYT503	ORGANIZATIONAL BEHAVIOUR	4	75	25	100
4	Major	UMJPSYT504	YOUTH AND IDENTITY	2	50	-	50
5	Minor	UMJPSYT505	RESEARCH METHODOLOGY	4	75	25	100
6	SEC	USEPSYT506	SUMMER INTERNSHIP	2	-	50	50

[Signature]

[Signature]

[Signature]

[Signature]

[Signature]

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)

COURSE TITLE: ABNORMAL PSYCHOLOGY

Course code= UMJPSYT501

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Provide an overview about the concept of abnormality and the clinical picture and dynamics of various psychological disorders.
- Sensitize the students to information on psychopathology and dispel myths regarding it.
- Acquaint the students with causes of major psychological disorders.

Unit 1: Characteristics of Abnormal Behavior, classification (latest edition of DSM & ICD); Theoretical Perspectives- Biological, Psychodynamic & Behavioural; Diathesis Stress Model.

Unit 2: Criteria and Etiology of Generalized Anxiety Disorder, Panic Disorder, Obsessive Compulsive Disorder, Phobias, Post – traumatic Stress Disorder.

Unit-3: Mood Disorders: Criteria of Unipolar Disorder (Major Depression and Dysthymic Disorder) and Bipolar Disorder (Manic-Depressive Episode and Cyclothymic Disorder), Criteria and Etiology of Schizophrenia.

Unit 4: Developmental Disorders: Criteria of Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Specific Learning Disorders, Intellectual Disability; Substance-Related Disorder: clinical picture and causes.

Books Recommended

- Barlow, H.D. & Durand, V.M. & Hofmann (2018). *Abnormal Psychology: An Integrative Approach* (8th ed.). Cengage India Private Limited.
- Butcher, J.N., Hooley, J.M., & Mineka, S. (2018). *Abnormal Psychology* (17th ed.). Pearson Education, Inc.
- Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). *Abnormal Psychology*. Pearson.
- Mangal, S.K. (2020). *Abnormal Psychology* (2nd ed.). Sterling Publishers.
- Neale, J.M., Davison, G.C. & Haaga, D.A.F. (1996). *Exploring Abnormal Psychology*. John Wiley & Sons, Inc.
- Sadock, B.J., Sadock, V.A., & Ruiz, P. (2015). *Kaplan & Sadock's Synopsis of Psychiatry Behavioural Sciences Clinical Psychiatry* (11th ed.). Wolters Kluwer.
- Seligman, M.E.P., Walker, E.P., & Rosenhan, D.L. (2001). *Abnormal Psychology* (4th ed.). W.W. Norton & company, Inc.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Sathnam

MDK

Abali pte abh
Ramesh

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: ABNORMAL PSYCHOLOGY
Course code= UMJPSYT501

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satnam Bali
Bundi
ajit
ptk
Dhal

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: ABNORMAL PSYCHOLOGY
Course code= UMJPSYT501

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Beck Depression Inventory
2. Anxiety Scale
3. Stress Scale
4. Indian Scale for assessment of Autism
5. Scale for measurement of ADHD
6. Scale for assessment of Substance Related Disorder
7. Mental Health Inventory
8. Visit to Drug Addiction Centre

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.

Sathnam
Abali
Ravali
ptl
Shruti
Shruti

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)

COURSE TITLE: COUNSELING PSYCHOLOGY

Course code= UMJPSYT502

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Comprehend the counseling process and the requisitions of becoming an effective counselor.
- Recognise the ways counseling can affect an individual's life.
- Become familiar with the different approaches of counseling.
- Learn the assessment process in counseling.

Unit-1: Counseling: Definition, Origin, Nature, Need and Characteristics of Counseling, Ethics in Counseling, Characteristics of Effective Counselor, Types of Counseling (Directive, Non-Directive & Eclectic), Stages of Counseling, Difference between guidance and counseling.

Unit -2: Building the Counseling Relationship: Factors influencing counseling process, Types of initial interviews, conducting the initial interview, Barriers to counseling in India, Exploration and identification of goals in counseling.

Unit-3: Working in and Closing the Counseling Relationship: Johari window, Skills of counselor in the counseling, Counselor skills and the Indian scenario, the real relationship, closing of a counseling relationship.

Unit-4: Assessment, Theories, and Diagnosis in Counseling: Person-centered counseling, Gestalt counseling, Psychoanalytical counseling, Cognitive counseling and Behavioral counseling, Assessment & Diagnosis, Components of effective assessment, Tools for effective diagnosis, Risks and opportunities, Mistakes Counselor make in the assessment process.

Books Recommended

- Gladding, S. T. (2009). *Counseling: A comprehensive profession* (6th ed.). Pearson.
- Gladding, S. T., & Batra, P. (2018). *Counseling: A comprehensive profession* (8th ed.). Pearson.
- McLeod, J. (2013). *An introduction to counseling* (5th ed.). McGraw-Hill Education.
- Palmer, S. (2000). *Introduction to counseling and psychotherapy*. Sage.
- Safaya, B. N. (2002). *Guidance & Counselling*. Abhishek Publications.
- Sharma, R. N., & Sharma, R. (2004). *Guidance and counselling in India*. Atlantic Publishers and Distributors.
- Sue, D.W., Sue, D., Neville, H.A., & Smith, L. (2022). *Counseling the culturally diverse: Theory and Practice*. John Wiley & Sons
- Welfel, E. R., & Patterson, L. E. (2011). *The counseling process: A multitheoretical integrative approach* (6th ed.). Thomson Learning.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Katram *Dish* *pl* *Abhi* *Abhi* *Abhi*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: COUNSELING PSYCHOLOGY
Course code= UMJPSYT502

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)
Time Duration- 1.5 Hour

Section A (5marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)
Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Setham
Bali
Shah

2/20
spie
Onah

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: COUNSELING PSYCHOLOGY
Course code= UMJPSYT502

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to carry out counseling using different techniques, case studies, report writing and interpretations of the experience they had while doing counseling.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Communication skills
2. Role Play
3. Intake Interview
4. Rapport Building
5. Paraphrasing
6. Johari window
7. Counseling of a client

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Sathish Abali
Prady

Dr. S. S. Sathish

10

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)

COURSE TITLE: ORGANIZATIONAL PSYCHOLOGY

Course code= UMJPSYT503

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course outcome:

- Be able to understand the basics of organizational behaviour.
- Understand the foundations of individual and group behaviour and their application in organizational setting.
- Identify and develop effective motivational and leadership skills.
- Understand stress and conflict management strategies in organizational setting.

Unit-1: Organizational Behavior: Nature and Scope of Organizational Behaviour, Role of Organizational Behaviour (Hawthorne Experiments), Organizational Models (Autocratic Model, Custodial Model, Supportive Model and Collegial Model).

Unit-2: Attitude: Components and Types of Attitudes, Attitudes and behavior, Factors in Attitude Formation, Attitude Change; Job Satisfaction: Theories of Job satisfaction, Factors determining Job Satisfaction, Effect of job Satisfaction on Performance.

Unit-3: The Dynamics of Communication: Communication Process, Types, Objectives, Means and Structure of Communication, Barriers to Effective Communication, Overcoming Communication Barriers.

Unit-4: Leadership: Nature of Leadership, Leadership Behaviour, Theories of Leadership (Trait theories, Contingency theories and Behavioural theories). Team Building: Teams, Types of teams, Creating Teams, Effective Team Performance, Developing Successful Teams.

Books Recommended:

- Greenberg, J., & Baron, R.A. (2010). *Behavior in Organizations* (9th ed.). Prentice Hall.
- Kondalkar, V.G. (2007). *Organizational Behaviour*. New Age International Limited.
- Luthans, F. (2011). *Organizational Behaviour* (12th ed.). Prentice Hall.
- Mc Shane & Von Glinow (2014). *Organizational Behavior*, 7th Ed. Mc Graw Hill Publications, New Delhi.
- Prasad, L.M. (2003). *Organizational Behaviour*. Educational Publishers.
- Quick, Nelson & Khandelwal. (2013). *Organizational Behavior – A South-Asian Perspective* (7th ed.). Cengage Learning.
- Robbins, Stephen, Timothy, A & Vohra, N. "Organizational Behavior", 14th Ed., Pearson Education. 2012.
- Ulh-Bein, M., Schermerhorn, J.R., & Osborn, R.N. (2022). *Organizational Behaviour*. Wiley India.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Satnam Singh *Abhishek Singh* *Shivendra Singh* *Shikha*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

**SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: ORGANIZATIONAL PSYCHOLOGY
Course code= UMJPSYT503**

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Sachin Chali
Sachin

Dr. J. K. Singh
Dr. J. K. Singh

12

Dr. J. K. Singh

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)
CODE=UMJPSYT503

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to perform assessment, carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Job Satisfaction
2. Work Motivation
3. Team Effectiveness Scale
4. Leader Behaviour Scale
5. Organizational Communication Scale
6. Organizational Climate Scale
7. Occupational Stress

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Satham
Bali
Sanjay
Asht
ptt

13

Prakash

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: YOUTH AND IDENTITY

Course code= UMJPSYT504
Credits=02 *

Total Marks=50
Duration of exam – 3 hours

Course Outcomes:

- Develop understanding of interplay between youth, gender and identity in contemporary society.
- Critically examine the role of gender and its influence on experience, behavior and self-conception of young people and their interaction with society.
- Address the challenges and opportunities faced by youth in constructing their identities within various cultural, social and institutional context

Unit 1: Introduction to youth, gender and identity: Understanding social construction of youth and gender, Intersectionality and its relevance to the study of youth and gender, Case studies of youth movements and their impact on gender dynamics.

Unit 2: Gender Socialization: Social Learning about gender roles and expectations: Banduras social learning theory, Agents of Socialization: Media, education and family as agent of gender socialization.

Unit 3: Identity formation: Marcia Model, challenges and conflicts in forming gender identity during adolescents, Role of social media in shaping and expressing gender identity. LGBTQ+: History, current issues, challenges and conflicts in forming gender identity.

Books Recommended:

- Bridely, A., McRaney, K., & Daff, L. (2023). *The Psychology of Gender* (3rd ed.).
- Bronski, M. (2012). *A Queer History of the United States* (6th ed.). Beacon Press
- Francis, A (2014). *Contemporary sociology: An introduction to concepts and theories* (2nd ed.). Oxford University Press
- Soni.J.Ellis, Elizabeth Perl, Damien W. Riggs (2010). *Lesbian, Gay, Bisexual, Trans and Queer Psychology*. Cambridge University Press.
- Vicki S. Helgeson (2020). *Psychology of Gender* (6th ed.). Routledge

One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Sathian
Beli
Dudley
Dudley
14

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

**SEMESTER-V
(MAJOR COURSE)
COURSE TITLE: YOUTH AND IDENTITY
Course code= UMJPSYT504**

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (10 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – TWO (2) Very Short Answer questions of 2.5 marks each (All compulsory).

Section B (5 marks) – One (1) Long Answer questions of 5 marks to be attempted out of 2 given questions.

(b) External End Semester University Examination (40Marks)

Time Duration— 03 Hours

Section A: Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (2.5) marks (All Compulsory)

Section B: Six (06) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 10 marks

Latham *Beli* *Sharma* *Patel*
Reddy
Dhak

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MINOR COURSE)

COURSE TITLE: RESEARCH METHODOLOGY

Course code=UMIPSYT505

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Students will understand the basic principles of research methodology in psychology.
- Acquire knowledge to formulate research questions and hypotheses
- Apply appropriate research designs and methods.

Unit-1: Meaning, objectives, Importance and types of Research. Research Process, Criteria of Good Research, Problems Encountered by researchers in India

Unit-2: Research problem: Selecting a Research Problem, Significance of Defining the Research problem, Techniques of defining the problem.

Research Design –Meaning, Importance of Research Design & characteristics of Good research Design, Types of Research Design.

Unit-3: Hypothesis: meaning, characteristics, types of Hypothesis. Basic concepts related Hypothesis testing: level of significance, Decision rule for test of Hypothesis, Errors in Hypothesis testing, two tailed and one tailed test, procedure for hypothesis testing.

Method of Data Collection: Quantitative & Qualitative Data collection methods.

Unit-4: Measurement scales: Types of Measurement Scales, Sources of error in measurement. Tests: Meaning, types and characteristics of Good tests; Sampling: Concept, Types of Sampling.

Books Recommended

- Flick, U. (2006). *An introduction to qualitative research*. Sage Publications
- Gupta, B.N. & Gupta, N. (2021). *Research Methodology*. SBPD Publications.
- Kerlinger, F. N., & Lee, H.W. (2000). *Foundations of behavioral research*. (4th ed.). Harcourt College Publishers.
- Kothari, C. R., & Garg, G. (2019), *Research Methodology: Methods and Techniques*. (4th ed.). New Age International Publishers.
- McBurney, D. H. (2001). *Research methods*. Thomson Wadsworth.
- Silverman, D. (2006). *Interpreting qualitative data: Methods for analyzing talk, text and interaction*. Sage Publications.
- Singh, A.K. (2017). *Tests, measurements and research methods in behavioral sciences*. (5th ed.). Bharati Bhawan Publishers.
- Smith, J. A. (2007). *Qualitative psychology: A practical guide to research methods*. Sage Publications.

Sathnam *Abhi* *Shubh* *Prakash* 16

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MINOR COURSE)
COURSE TITLE: RESEARCH METHODOLOGY
Course code=UMIPSYT505

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)
Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)
Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Satham
Bali
Ranjit
Shri
Lpta
Dhak

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(MINOR COURSE)
COURSE TITLE: RESEARCH METHODOLOGY
COURSE CODE=UMIPSYT505

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to identify research problem, formulate hypothesis, plan a research using research designs and to use various sampling techniques.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Activity on Identification of research problem from scientific papers
2. Hypothesis Formulation (Various types)
3. Planning of Research using any research design
4. Participatory Observation Method/Interview
5. Activity on use of various sampling techniques for data collection within campus
6. Identify the basic elements of research from a empirical research paper

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Satham *Bali* *Shri* *Jale*
Sathy *Dr. H*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(SKILL ENHANCEMENT COURSE)
COURSE TITLE: SUMMER INTERNSHIP

Course code: USEPSYI506

Credits=02*

Total Marks=50

Course Outcome:

- Develop skills, and techniques for assessment of cases.
- Attain professional competencies to handle the cases.
- Apply theory in the field settings.
- Active engagement with the practical side of their learning and, as a by- product, further improvement in the employability.
- Exposer to psychological and the socio-economic issues in the society so that the theoretical learning can be supplemented by actual life experiences to generate solutions to the real-life problems.

It shall be a short-term internship of 15 days duration for job/professional training in a suitable organization or hands on training or activity-based course at college level in order to gain work experience.

All students will be required to undergo internships/Apprenticeships in a firm, industry, or organization or training in labs with faculty and researchers in their own or other HEIs/ research institutions during the summer term. Students will be provided with opportunities for internships with local industry, business organizations, health and allied areas.

OR

The students will be required to involve in Community engagement and service.

OR

Field -based learning/minor project: The Field –based learning/minor project will attempt to provide opportunities for students to understand the different psychological and socio-economic contexts. They would have the opportunity to gain and understanding of the complex psychological and socio-economic problems in the community, and innovative practices required to generate solutions to the identified problems. This may be a summer term project.

The internship shall be under a college teacher who will be designated as internship supervisor. After completion of summer internship students will have to produce a report related to the work carried out.

Satnam *Shylo* *Bali*
pi *Om*
Ronely

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME (FYUGP)
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2024, DEC 2025, DEC 2026

SEMESTER-V
(SKILL ENHANCEMENT COURSE)
COURSE TITLE: SUMMER INTERNSHIP
Course code: USEPSYI506

SCHEME OF EXAMINATION/ASSESSMENT:

Each student is required to undergo 02 credits of internship comprising 50 marks in 5th semester. Students will submit internship report signed by internship supervisor and college Principle. The internship report will be evaluated internally by a board of examiners set up by the Principle of the college.

*One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Sathnam
Abhi / *Ajmer*
spa
Onu
Raveesh

**COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)**

PROPOSED COURSE SCHEME FOR SEMESTER VI

BACHELOR OF PSYCHOLOGY

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT601	PSYCHOLOGICAL THERAPIES	4	75	25	100
2	Major	UMJPSYT602	COUNSELING SPECIALITIES	4	75	25	100
3	Major	UMJPSYT603	OCCUPATIONAL PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT604	EDUCATIONAL PSYCHOLOGY	4	75	25	100
5	Minor	UMJPSYT605	STATISTICS IN PSYCHOLOGY	4	75	25	100

Setham
Bali
Sandy
Asw
plz
Dr



COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI

(MAJOR COURSE)

COURSE TITLE: PSYCHOLOGICAL THERAPIES

Course code= UMJPSYT601

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcomes:

- Appreciate the various psychological modalities
- Develop an understanding of various therapies and their applications.
- Understand the importance of the development of personal awareness and skills in the effective application of therapies to various psychological disorders.

Unit1: Psychotherapy: Meaning, Nature & Scope, Process of psychotherapy; therapeutic relationship; Steps in the formulation of client's problems: clinical case formulation; Ethics in psychotherapy, Goals and Effectiveness of Psychotherapies, Counselling vs. Psychotherapy.

Unit 2: Psychoanalytic, Humanistic and Existential Therapies : Psychoanalytic Therapies (Freud's Psycho-analytic Therapy and Adlerian Psychotherapy:- Key Concepts and Application); Humanistic and Existential Therapies (Client-Centered Therapy, Existential Therapy and Gestalt Therapy)

Unit 3: Behaviour and Cognitive Behaviour Therapies: Techniques based on classical conditioning (Aversion therapy, Flooding and Systematic desensitization). Techniques Based on Operant Conditioning (Contingency management, Extinction, Modeling and Token economies); **Meaning** and approaches to Cognitive Behaviour Therapy (Beck and Ellis)

Unit 4: Group and family Therapy: Nature of Group Therapy, Approaches to Group Therapy. The Development of Family Therapy, The Concept of Communication: Forms and Methods, and Conjoint Family Therapy.

Books Recommended:

- Corey, G. (2019). Theory and practice of counseling and psychotherapy (10th ed.) Cengage
- Finx, B.(2007) Fundamentals of Psychoanalytic Techniques. New York: Norton.
- Fuertes, J. N. (2022). The other side of psychotherapy: understanding clients' experiences and contribution in treatment. American Psychological Association.
- Lebow, J. (1997). The integrative revolution in couple and family therapy. Family Process, 36(1), 1-17
- Nichols, M. P., & Schwartz, R. C. (2006). Family Therapy: Concepts and Methods: 22 Pearson
- Prochaska, J. O., & Norcross, J. C. (2010). Systems of psychotherapy: A transtheoretical analysis (7th Ed.). Pacific Grove, CA: Brooks/ Cole.

Signature *Adh* *Adh* *Adh* *Adh* *Adh* *Adh*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI

(MAJOR COURSE)

COURSE TITLE: PSYCHOLOGICAL THERAPIES

Course code= UMJPSYT601

- Sommers-Flanagan, J., & Sommers-Flanagan, R. (2018). *Counseling and psychotherapy theories in context and practice* (3rd ed.). John Wiley & Sons.
- Tantam, D. (2002). *Psychotherapy and counselling in Practice: Narrative framework*. Cambridge University press.
- Sperry, L. (2010). *Core competencies in counseling and psychotherapy*. New York: New York. Routledge Taylor & Francis Group.
- ***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.**

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satham
Abhi
Budh
1/2/24
23

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027
SEMESTER-VI
(MAJOR COURSE)
COURSE TITLE: PSYCHOLOGICAL THERAPIES

Course code= UMJPSYT601

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to focus on case formulation, therapeutic intervention and case reports of therapy conducted on students/family members as subjects.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Activity on Free association
2. Activity on Gestalt Therapy (Empty Chair technique)
3. Therapy based on classical conditioning techniques
4. Therapy Based on Operant Conditioning techniques
5. Orientation to Cognitive Behaviour Therapy
6. Group Therapy on Addiction

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Setham *Abhi* *Abhi* *Abhi*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MAJOR COURSE)

COURSE TITLE: COUNSELING SPECIALITIES

Course code= UMJPSYT602

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Comprehend the counseling process in different specialties.
- Provide a theoretical foundation for counseling practice.
- Provide students with skills and principles to work with diverse clients.
- Learn the assessment process used in different counselling settings.

Unit 1: Counseling in School Settings: Beginning of school counseling in India, The Asc national model, Elementary school counseling, Middle school counseling, Secondary school counseling, Guidance and Counseling at different stages of school, 21st Century school counseling.

Unit 2: Family Counseling: Changing forms of life, Beginning of couple and Family counseling in India, Family life and the family life cycle, Couple/Family counseling versus individual/group counseling, Overview and the process of couple and family counseling, Challenges in family therapy in India.

Unit 3: Counseling of people with substance abuse and addiction: The cycle of abuse, Interpersonal abuse (child abuse, sibling abuse, spouse and partner abuse), Intrapersonal abuse and addiction (substance abuse and addiction, alcohol abuse and addiction, nicotine abuse and addiction), Process addictions (compulsive gambling, work addiction, internet addiction).

Unit 4: Counseling in Health Settings: HIV/AIDS: Introduction, Definition, Etiology, Psychological assessment, Common psychological challenges, Intervention. Cancer: Introduction, Patient's and Counselor's perspective, Counseling model for cancer, Psychotherapy with cancer patients.

Books Recommended

- Gladding, S. T., & Batra, P. (2018). *Counseling: A comprehensive profession* (8th ed.). Pearson.
- Feltham, C., & Horton, I.E. (2006). *The sage handbook of counselling and psychotherapy* (2nd ed.). Sage Publication.
- Gladding, S. T. (2009). *Counseling: A comprehensive profession* (6th ed.). Pearson.

25
D
Setham Aboli
Boddy
Sri
Ara

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI

(MAJOR COURSE)

COURSE TITLE: COUNSELING SPECIALITIES

Course code= UMJPSYT602

- Flangan, J. S., & Flangan, R. S. (2004). *Counselling and psychotherapy theories in context and practice*. John Wiley & Sons.
- Ginter, E. J., Roysircar., & Gerstein, L. H. (2019). *Theories and applications of counseling and psychotherapy*. Sage.

***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.**

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satnam Bali
Bali
Dhruv
26

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MAJOR COURSE)
COURSE TITLE: COUNSELING SPECIALITIES
Course code= UMJPSYT602

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to carry out counseling in different settings, case studies, report writing and interpretations of the experience they had while doing counseling.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. HIV Awareness Scale
2. Aptitude test
3. Addiction Scale
4. Group Counseling session video analysis
5. Family Relationship scale
6. Case history taking of an adolescent.
7. Care giver burden/ expressed emotion of caregiver of cancer/ HIV patient.
8. ASI: Addiction severity Index.

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.

Satnam *Bali* *Kandh* *Shri* *Patil* *Dhak*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MAJOR COURSE)

COURSE TITLE: OCCUPATIONAL PSYCHOLOGY

Course code= UMJPSYT603

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcomes:

- Understand the key concepts of the selection process
- Able to apply the concepts of reliability, validity, fairness and utility to selection in the work environment.
- Critically evaluate a range of selection methods such as psychometric tests, interviews, CVs and application forms, situational judgment tests, work samples, and assessment centers
- Understand the role of counseling in personnel development.

Unit 1: Occupational Psychology: Concept, aims, history, areas, application, paradigms and perspectives.

Unit 2: Personnel selection and Assessment: Job description and personnel specification, selection techniques; Non-psychometric predictors (Curricula vitae, biodata, interviews and graphology) and psychometric tests(cognitive ability tests, Personality inventories, computer assisted testing, Assessment centers) and evaluation.

Unit 3: Training and learning: training needs analysis, the learning process in training, principals of learning. Training methods: onsite learning methods and offsite learning methods, Distance learning and computer based training, transfer of training.

Unit 4: Personnel development at work: theories of occupational choice: (Holland's RIASEC model, Schein's career anchors). personality, gender and career.

Counselling : approaches to counselling, integrative model of workplace counselling, ethical issues in the practice of career counselling.

Books Recommended:

- Aamodt, M.G. (2022). *Industrial /Organizational Psychology: An applied approach* (9th ed.). Cengage India
- Landy, F. & Conte, J.M. (2013). *Work in the 21st century: An Introduction to industrial & organizational psychology* (4th ed.) John Wiley & Sons Ltd.
- Leka, S. & Houdmont, J. (2010). *Occupational Health Psychology*. John Wiley & Sons Ltd
- Millward, L. (2005). *Understanding occupational and organizational psychology*. Sage publication Ltd.
- Steele, C. & Solouj, K., Bicknell, A. & Sands, H. (2014) *Occupational Psychology*. Pearson education

28

- *One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Signature 1 *Signature 2* *Signature 3* *Signature 4*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MAJOR COURSE)
COURSE TITLE: OCCUPATIONAL PSYCHOLOGY
COURSE CODE= UMJPSYT603

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks) : Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Sethan *Bali* *Sandya* *ptr* *Dr. D. S. D.*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MAJOR COURSE)
COURSE TITLE: OCCUPATIONAL PSYCHOLOGY
COURSE CODE= UMJPSYT603

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Holland (RIASEC) test
2. Interest inventory
3. Selection Interview
4. Employee mental health questionnaire
5. Ravens progressive metrics
6. Situation Judgment Test
7. Occupational Self-efficacy

NOTE:

Final Examination shall carry 15 Marks

Conduction: 5

Report Writing: 5

Viva voce: 5

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.

Latnam *Bali* *Sumeg* *afu* *pta*
Dud

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

**SEMESTER-VI
(MAJOR COURSE)**

COURSE TITLE: EDUCATIONAL PSYCHOLOGY

Course code= UMJPSYT604

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Understand the applications of psychology in the area of education.
- Learn the behavioural and social skills of imparting education.
- Enhance skills that will facilitate effective teaching in the classroom as well as managing the classroom.
- Appreciate skills that help educators to impart education to those with special needs.

Unit 1: Introduction to Educational Psychology: Nature, Scope & Relevance of Educational Psychology; Conceptual and Theoretical Perspectives in Educational Psychology: Behavioural and social learning, cognitive and Humanistic Perspectives, Constructivism.

Unit 2: Motivation, Teaching and Learning: Meaning, Goal Orientation and Motivation, Interests and Emotions, Self Schemas, Motivation to Learn in School, Strategies to encourage motivation and Thoughtful learning.

Unit 3: Transfer of Learning: Nature and types of Learning, Factors affecting learning; Transfer of Learning, Types of Transfer, Theories of transfer of Learning (Theory of Mental Discipline, Apperception Theory of Transfer, Theory of Identical Elements, Theory of Generalization, Transposition Theory of Transfer and Theory of Ideals).

Unit 4: Educating Exceptional Children: Concept of Exceptional Children, Gifted Children, Intellectual Disability, Backward Children and Juvenile Delinquency.

Books Recommended

- Kakkar, S. B. (2022). Readings in Educational Psychology. Atlantic Publications
- Mangal, S.K. (2017). *Essentials of Educational psychology* (11th Edition). PHI Learning Private Limited
- Mangal, S.K. (2003). *Advanced Educational Psychology* (2nd Edition). Prentice Hall of India Private Limited.
- Ormrod, J.E. (2015). *Educational Psychology developing Learners* (8th Edition). Pearson.
- Woolfolk, A. (2004). *Educational psychology* (9th Edition). Pearson Education India Limited.

Satnam *Aboli* *aptr* *aptr* *Dnal*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.**

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, Dec2027

SEMESTER-VI

(MAJOR COURSE)

COURSE TITLE: EDUCATIONAL PSYCHOLOGY

Course code= UMJPSYT604

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Satnam *Bali* *Bansal* *Dr. J. K. Gupta*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027
SEMESTER-VI
(MAJOR COURSE)
COURSE TITLE: EDUCATIONAL PSYCHOLOGY
COURSE CODE= UMJPSYT604

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to carry out psychological tests in lab settings, report writing and interpretations of the report

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Teacher Attitude Inventory
2. Teacher Effectiveness Scale
3. Academic Resilience Scale
4. Student's Motivation Scale
5. Student's Institution satisfaction scale
6. Educational problems Questionnaire
7. Teacher Behaviour Scale
8. Test of Psychology for Prospective Teacher

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is of two hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Sathnam
Bali
Bucky

Ashi
Apte
Dnyes

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MINOR COURSE)

COURSE TITLE: STATISTICS IN PSYCHOLOGY

Course code= UMIPSYT605

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcomes:

- Understand basics of Statistics, data, representation and organization of data.
- Able to understand how and when to use statistical techniques.
- Equipped to apply statistics in psychological research.

Unit 1: Statistics: Meaning, need, types (Descriptive and Inferential). Organization of Data: Meaning of data, Methods of organization of data. Graphical representation of data: Meaning, advantages, Modes of Graphical representation of data: concept, construction and uses. (Frequency Polygon, Bar Graphs, histogram and pie-charts).

Unit 2: Measures of central tendency: Mean, Median and Mode: Concept, Merits, Demerits, uses and Computation.

Unit 3: Measures of Dispersion: Mean deviation, Standard Deviation, quartile Deviation, percentile and Percentile rank: Concept, Merits, Demerits, uses and computation.

Unit 4: Parametric and non-parametric tests: Concept, Assumptions and Types (t-test, Anova, Chi-square, Mann-whitney test, Kruskal wallis test and Wilcoxon rank test (Concept and assumptions).

Correlation : Meaning, Types, Assumptions, and Computation (Pearson and Spearman).

Books Recommended:

- Aron A., Coups, E. J, Aron, E. N. (2018). *Statistics for the Behavioral and Social Sciences: A Brief Course. (6th ed)*. Pearson Education.
- Coolican, H. (2006). *Introduction to Research Methodology in Psychology*. Hodder Arnold
- Garrett, H. E. & Woodworth, R.S. (2021). *Statistics in Psychology and Education*. Vakils, Feffer & Simons Pvt. Ltd.
- Kothari, C.R. (2004). *Research Methodology: Methods and Techniques*. New Age International (P) Ltd., Publishers.
- Mangal, S.K. (2012). *Statistics in Psychology & Education. (2nd Ed)*. PHI learning Pvt. Ltd

*One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Satnam
12

Abali
Budhi

ajay

34
Dr. D. S. D. S.

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027
SEMESTER-VI
(MINOR COURSE)
COURSE TITLE: STATISTICS IN PSYCHOLOGY
COURSE CODE= UMIPSYT605

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks) : Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Satnam
Bali
Ravinder

Dr. 42

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2025, MAY 2026, MAY 2027

SEMESTER-VI
(MINOR COURSE)
COURSE TITLE: STATISTICS IN PSYCHOLOGY
COURSE CODE= UMIPSYT605

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to apply statistical techniques in practical settings i.e. application of mean, standard deviation, correlation (Pearson/Spearman) on group data on any psychological test.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Graphical representation of data (Frequency Polygon , Bar Graphs, histogram and pie-charts)
2. Application of mean
3. Application of median
4. Application of mode
5. Application of Standard deviation,/quartile deviation)
6. Correlation (Pearson and spearman)
On group data on any psychological test.

NOTE:

Final Examination shall carry 15 Marks

Conduction: 5

Report Writing: 5

Viva voce: 5

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.

Latham
Bali
Sawdy

36
Dhad

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDERGRADUATE COURSE (PSYCHOLOGY)

PROPOSED COURSE SCHEME FOR SEMESTER VII

BACHELOR OF PSYCHOLOGY

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT701	HISTORY AND SYSTEMS OF PSYCHOLOGY	4	75	25	100
2	Major	UMJPSYT702	RESEARCH METHODOLOGY AND ETHICS	4	75	25	100
3	Major	UMJPSYT703	INDIAN PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT704	ENVIRONMENTAL PSYCHOLOGY	4	75	25	100
5	Minor	UMIPSYT705	CONSUMER PSYCHOLOGY	4	75	25	100

Sethan

Dr. J. K. Jha
Dr. J. K. Jha



Abhi
Kumar

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) --
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC2025, DEC 2026, DEC2027

SEMESTER-VII
(MAJOR COURSE)

COURSE TITLE: HISTORY AND SYSTEMS OF PSYCHOLOGY

Course code=UMJPSYT701

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Appreciate the foundation and development of modern psychology
- Develop an understanding of the major systems of psychology
- Become familiar with the contribution of famous thinkers in origin of psychology as an independent discipline

Unit 1: The Development of Modern Psychology: Contribution of Hermann von Helmholtz; E.H. Weber, Gustav Fechner, and Wilhelm Wundt.

Structuralism: Contribution of E.B. Titchner Associationism: Contribution of Hermann Ebbinghaus and Edward LeeThorndike.

Unit 2: Functionalism: Contribution of William James, John Dewey, J.R. Angell, and Harvey Carr.

Behaviourism: Contribution of J.B. Watson and McDougall.

Unit-3: Neo-Behaviourism: Contribution of Edward Guthrie, Clark Hull, and Edward Tolman.

Gestalt Psychology: Contribution of Max Wertheimer, Kurt Koffka, and Wolfgang Kohler.

Unit 4: Psychoanalysis: Contribution of Sigmund Freud (Instincts, Levels of Consciousness, Structure of Personality, Anxiety, Defense mechanism, Psycho sexual stages of personality development).

Humanistic and Existential Psychology: Nature, Contribution of Viktor Frankl, Rollo May, George Kelley, Abraham Maslow, and Carl Rogers.

Books Recommended

- Brennan, J. F. (2003). *History and systems of psychology* (6th ed.). Pearson Education.
- Greenwood, J. D. (2009). *A conceptual history of psychology*. McGraw-Hill
- Hergenhahn, B. R. (2013). *Introduction to history of psychology* (7th ed.). Thomson Wadsworth.
- Schultz, D. P. & Schultz, S. E. (2008). *A history of modern psychology* (9th ed.). Wadsworth Cengage Learning.
- Wertheimer, M., & Puente, A. E. (2020). *A brief history of psychology*. Routledge.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration. 38

Latram *Beli* *Bandy* *Hpti* *Agar* *Onal*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC2025, DEC 2026, DEC2027

SEMESTER-VII
(MAJOR COURSE)
COURSE TITLE: HISTORY AND SYSTEMS OF PSYCHOLOGY
COURSE CODE= UMJPSYT701

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satham *Abli*
Devraj

Dr. H. K. Hill
Dr. S. S. S.

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC2025, DEC 2026, DEC2027
SEMESTER-VII
(MAJOR COURSE)
COURSE TITLE: HISTORY AND SYSTEMS OF PSYCHOLOGY
COURSE CODE= UMJPSYT701

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Psychophysics
2. Forgetting curve
3. Maze Learning
4. Meaning in life
5. Gestalt laws of perception
6. Self-concept scale
7. Activity on Defense Mechanism
8. Brief Biography of noted Psychologists

NOTE:

Final Examination shall carry 15 Marks

(Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Satham *Bali* *Kovach* *Apt* *Asin* *Oru*

40

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
– UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)

COURSE TITLE: RESEARCH METHODOLOGY AND ETHICS

Course code= UMJPSYT702

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Familiarize the students with the meaning, types of research and ethical issues in research.
- Enable the students to understand the literature review, research problem and hypotheses.
- Acquaint the students with qualitative as well as quantitative techniques.

Unit 1: Research: Concept, Types of research (Fundamental, Applied and Action), Steps of research, Review of literature: Meaning, sources and importance.

Unit 2: Research Designs: Concept, Quantitative research design; Experimental research design, Quasi-experiment, Factorial designs.

Unit 3: Qualitative: Meaning, characteristics, types (Interview, Content analysis, Ethnography, Phenomenology, Grounded theory, Case study and Narrative analysis).

Unit 4: Ethics of Research: Introduction and importance, Misconducts in research (Falsification, Fabrication and Plagiarism); Report writing in APA format 7th Edition.

Books Recommended

- Goodwin, C. J. (2010). *Research in psychology: Methods and design* (6th ed.). John Wiley and Sons.
- Howitt, D., & Cramer, D. (2011). *Introduction to research methods in psychology* (3rd ed.). Pearson Education Limited.
- Kerlinger, F. N., & Lee, H. W. (2000). *Foundations of behavioral research* (4th ed.). Harcourt College Publishers.
- Kothari, C. R. & Garg, G. (2016). *Research methodology: Methods and techniques* (3rd ed.). New Age International (P) Limited, Publishers.
- Kothari, C. R., & Garg, G. (2019). *Research methodology: Methods and techniques* (4th ed.). New Age International Publishers.
- Kumar, R. (2011). *Research methodology, A step-by-step guide for beginners* (3rd ed.). SAGE Publishers Ltd.
- McBurney, D. H. (2001). *Research methods*. Thomson Wadsworth.
- Singh, A. K. (2017). *Tests, measurements and research methods in behavioral sciences* (5th ed.). Bharati Bhawan Publishers.
- Smith, J. A. (2007). *Qualitative psychology: A practical guide to research methods*. Sage Publications.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Setham Bali
Ravish H/12
4/15
Dml
41

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)

COURSE TITLE: RESEARCH METHODOLOGY AND ETHICS
COURSE CODE= UMJPSYT702

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satnam *Abali*
Kavalya

apte

Arjun

Dhruv

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)

COURSE TITLE: RESEARCH METHODOLOGY AND ETHICS
COURSE CODE= UMJPSYT702

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to carry out psychological tests and activities related to conduction of research in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practicals from below mentioned list

1. Planning research
2. Identification of research design from empirical papers
3. Case study
4. Reference writing in APA format 7th Edition
5. Reviewing a research paper
6. Informed Consent
7. How to prepare Google forms for data collection

NOTE:

Final Examination shall carry 15 Marks

(Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.

** Provision for involvement of Expert in the respective field maybe made.

Sathnam *Bali* *Poster*
Souvik *Sharma* *Dr. S.*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)

COURSE TITLE: INDIAN PSYCHOLOGY

Course code= UMJPSYT703

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Appreciate the development and concepts of Indian Psychology.
- Evolve the applications of indigenous psychology.
- Understand the concept of self and personality.
- Able to understand the mind-body relationship as viewed in Indian context.

Unit 1: Psychology in Indian tradition: Indian Psychology, A Model of Indian Psychology, Scope and Subject Matter, Sources of Indian Psychology, Conceptual Roots of Indian Psychology (Concept and doctrine of Karma, Concept of Dharma and its role).

Unit 2: Mind-Body Complex: Mind in Indian Psychology (Vedic conception, Sāṃkhya Yoga Conception, Mind in Advaita Vedānta, Mind in Nyāya–Vaiśeṣika (N–V) System, Mind in Buddhism, Mind in Jainism), Indriyas and the sensory-motor apparatus, A model of the mind-body complex.

Unit 3: Self and Personality: Theories of self in Indian thought, The Concept of Anattā and the Denial of the Self in Buddhism, Jaina Conception of the Self, Three Types of Personality in the Bhagavad Gītā, Constitution (Prakṛti) and Personality According to Āyurveda, A Buddhist Perspective on Personality Types.

Unit 4: Applied Indian Psychology: Indian model of applied psychology, Implications of Indian Psychology (For human development, pedagogic, therapeutic), Applications (mental health and hygiene, cure, Indian Psychology and Positive Psychology).

Books Recommended

- Kumar, K. (2023). *Realm of Indian psychology*. Sankalp Publication.
- Misra, G., & Mohanty, A. K. (2002). *Perspectives on indigenous psychology*. Concept Publishing Company.
- Rao, K. R., & Paranjpe, A. C. (2016). *Psychology in the Indian tradition*. Springer India.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Latham *Abali*
Bandy *Sharma* *Spta* *Ona*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)
COURSE TITLE: INDIAN PSYCHOLOGY
COURSE CODE= UMJPSYT703

SCHEME OF EXAMINATION/ASSESSMENT:

- (a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

- (b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks.

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satham *Bali* *Basu* *Chatterjee* *Chatterjee* *Datta*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)
COURSE TITLE: INDIAN PSYCHOLOGY
COURSE CODE= UMJPSYT703

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report

Practical group comprises of 10 to 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Vedic Personality Inventory
2. Test of Asakti-Anasakti
3. Sat-Chit-Ananda scale
4. Belief in Karma Scale
5. Karma Yoga Scale
6. Swadhyaya Scale
7. Sensorimotor
8. Reaction Time

NOTE:

Final Examination shall carry 15 Marks

(Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.

Sathnam *Abell* *ajay* *pta* *Dh*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)

COURSE TITLE: ENVIRONMENTAL PSYCHOLOGY

Course code= UMJPSYT704

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Develop knowledge of what environmental psychology is all about.
- Become familiar with basic concepts related to environmental psychology.
- Understanding pro- environment behaviours and being able to design behavioural interventions to minimize the adverse effects of anti-environmental behaviour.
- Relate environment with behaviour.

Unit 1: Introduction to Environmental Psychology: Concept, Characteristics, History, Methods, Models of environmental behaviour (Theory of planned behavior, The norm activation model, The value-belief norm theory and Goal framing theory).

Unit 2: Environmental Issues: Predicting behaviour and behaviour change, Environmental concern and public health problems, Living environment; Types of social dilemmas, Motives in social dilemmas and Factors promoting cooperation.

Unit 3: Pro-environmental Behaviour: Values and Pro-environmental behaviour, Social norms and Pro-environmental behaviour, Measuring environmental behaviour, Strategies to promote environmental behaviour.

Unit 4: Environmental Perception: Meaning and characteristics of environmental perception, Early theories, Subjective risk judgments, Risk, Values and Morality, Emotional reaction to environmental risks, Environmental perception and Cognitive maps.

Books Recommended

- Das, B. K. (2019). *Environmental psychology*. Omega Publications.
- Steg, L., Berg, A., & Groot, J. (2019). *Environmental psychology: An introduction*. John Wiley.

*One Credit is of one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Sathyan *Bali* *Bhaskar* *Chitra* *Yate* *Onid*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)
COURSE TITLE: ENVIRONMENTAL PSYCHOLOGY
COURSE CODE= UMJPSYT704

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Sathnam

Abali
Karthy

Arjun

Pranav

Onas

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027

SEMESTER-VII
(MAJOR COURSE)
COURSE TITLE: ENVIRONMENTAL PSYCHOLOGY
COURSE CODE= UMJPSYT704

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be conferred an array of skills to carry out psychological tests in lab settings, report writing and interpretations of the report

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Environmental Behaviour Scale
2. Pro- Environmental Behaviour Scale
3. Ecological Attitude and Cognitive Scale
4. Environmental Knowledge Test
5. Environmental Ethics Scale
6. Environmental Perception Scale
7. Environmental Awareness Scale

NOTE:

Final Examination shall carry 15 Marks

(Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Satham *Bali* *Rudh* *aj* *pta* *Onak*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027
SEMESTER-VII

(MINOR COURSE)

COURSE TITLE: CONSUMER PSYCHOLOGY

Course code= UMIPSYT705

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course outcome:

- The student will understand the meaning and nature consumer psychology.
- Develop the understanding on application of different approaches of consumer behaviour in marketing.
- Appreciate recent trends of online consumption in context to well-being.

Unit 1: Introduction to Consumer Psychology

Concept: Meaning, Nature, Current trends, approaches to studying consumer behavior: Managerial vs Holistic approach, Model of consumer behavior, Application of consumer behaviour in marketing.

Unit 2: Attitude and Decision Making

Consumer attitude and its functions, Decision-making: Heuristics- Prediction heuristics, Persuasion heuristics, Compliance heuristics, and Choice heuristics, Determinants of decision making: Individual and External.

Unit 3: Motivation, Learning and Personality

Consumer motivation theories: Murray and Maslow, Behavioural theories: Classical Conditioning and operant conditioning, and Cognitive learning theories; Techniques to motivate consumers.

Personality and Consumer behavior: Definition, Nature and Theories (Jung and Myer-Briggs), Brand Personality.

Unit 4: Consumption and Well-being

Internet consumption: Information search and Internet decision-making; Compulsive buying, Consumption, and happiness.

Books Recommended

- Jansson-Boyd, C. (2019). *Consumer psychology* (2nd ed.). McGraw-Hill Education.
- Loudon, D. L., & Della Bitta, A. J. (1993). *Consumer behavior: Concepts and applications*. McGraw-Hill.
- Schiffman, L. G., Wisenblit, J., & Kumar, S. R. (2011). *Consumer behavior*. Pearson Education.
- Statt, D. A. (1997). *Understanding the consumer: A psychological approach*. Macmillan.

*One Credit is one-hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration

Satham
Abli
Boudy
Dhruv
Dhak
50

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027
SEMESTER-VII
(MINOR COURSE)
COURSE TITLE: CONSUMER PSYCHOLOGY
COURSE CODE= UMIPSYT705

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus: (to be conducted by course coordinator)
Time Duration-1.5 Hour (15 Marks)

Section A (5 marks) -5 Very Short Answer questions of 1 mark each to be attempted.

Section B (10 marks) -2 Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)
Time Duration- 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satham *Beli* *Prady* *Prady* *Prady*

COURSE FRAMEWORK OF THE FOUR-YEAR UNDERGRADUATE PROGRAMME(FYUGP) –
UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN DEC 2025, DEC 2026, DEC 2027
SEMESTER-VII
(MINOR COURSE)
COURSE TITLE: CONSUMER PSYCHOLOGY
COURSE CODE= UMIPSYT705

Practical (25 Marks)

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 marks

Course Outcome: Develop an array of skills to carry out psychological assessment and evaluation and its practical implication in studying consumer behaviour in marketing.

Practical group comprises of 15 students for work in laboratory

Choose any four practicals from below mentioned list

1. Online Consumer Behaviour Scale
2. Brand Preference Scale
3. Consumer Buying Behaviour
4. Consumer Motivation Questionnaire
5. Compulsive Buying Scale
6. Decision making style

NOTE:

Final Examination shall carry 15 Marks
(Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is two-hour duration for fifteen working days or 45 periods of 40 minutes duration.

Sathnam *Abali* *Bavaly* *Abhishek* *Aje* *Dish*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

PROPOSED COURSE SCHEME FOR SEMESTER VIII (Honours)

BACHELOR OF PSYCHOLOGY

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT801	PSYCHOLOGICAL ASSESSMENT AND TESTING	4	75	25	100
2	Major	UMJPSYT802	COMMUNITY PSYCHOLOGY	4	75	25	100
3	Major	UMJPSYT803	APPLIED SOCIAL PSYCHOLOGY	4	75	25	100
4	Major	UMJPSYT804	POSITIVE PSYCHOLOGY	4	75	25	100
5	Minor	UMIPSYT805	PSYCHOLOGY FOR LIVING	4	75	25	100

Satnam

Bali

of the
Dorothy

Oral

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)

COURSE TITLE: PSYCHOLOGICAL ASSESSMENT AND TESTING

Course code= UMJPSYT801

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcomes:

- Develop an understanding of the concept of psychological testing , classification and uses of psychological test
- Become familiar with the steps of test construction and administration
- Able to apply psychological tests in different settings

Unit –1: Psychological Testing and assessment: Meaning, Nature and Historical overview. Psychological test: Meaning, characteristics, classification and uses. Psychological scales: types. Computerized assessment, The future of testing.

Unit –2: Test construction: Steps of test construction.

Test Administration: Testing situation, tester characteristics, and test-taker characteristics Norms (Meaning and types)

Unit–3: Intelligence testing: Stanford- Binet Intelligence scale, The Wechsler Scales, Raven's Progressive matrices, Malin's Intelligence Scale for Indian Children (MISIC).Bhatia Battery of Intelligence Testing

Aptitude tests: Differential Aptitude tests, General Aptitude test battery, Overview of achievement tests.

Unit –4: Personality Assessment: Objective Personality tests (The Sixteen Personality Factor Questionnaire (16PF), Neo- Personality Inventory, The Eysenck Personality Inventory and Projective techniques (The Rorschach test, thematic Apperception test , Sentence completion test)

Overview of interest inventories, Attitude scales and value assessment.

Books Recommended:

- Aiken, L.R., & Groth- Marnat, G. (2009). *Psychological Testing and Assessment*(12th ed.). Pearson Education.
- Anastasi , A., & Urbina, S. (2016). *Psychological Testing* (7th ed.). Pearson Education India .
- Chadha N.K. (2009). *Applied Psychometry*. Sage Publications
- Gregory, R.J., (2004). *Psychological Testing: History, Principles and Applications* (4th ed.). Pearson Education.
- Kaplan, R. N. & Saccuzzo, D. P. (2001). *Psychological Testing. Principles, Applications and Issues* (5th ed.). Wadsworth Thomson Learning
- Singh, A.K. (2019). *Tests Measurements and Research Methods in Behavioural Sciences*(6th ed.). Bharati Bhawan.

Satham pte

Abali

Dr. 54

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

*One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)

COURSE TITLE: PSYCHOLOGICAL ASSESSMENT AND TESTING
COURSE CODE= UMJPSYT801

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Batham
pti
Bali
Dandey
Dr. S.
Dr. S.

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028
SEMESTER-VIII
(MAJOR COURSE)
COURSE TITLE: PSYCHOLOGICAL ASSESSMENT AND TESTING
COURSE CODE= UMJPSYT801

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Intelligence testing
2. Personality assessment (objective/projective)
3. Aptitude testing
4. Career /interest inventory
5. Attitude testing
6. Value assessment
7. Item Writing

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5marks ;
Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.

56
Sathyan
3
Apt
Bali
Budi
Dhali

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII

(MAJOR COURSE)

COURSE TITLE: COMMUNITY PSYCHOLOGY

Course code= UMIPSYT802

Credits=04 * (3 theory +1 practical)

Duration of exam – 3 hours

Total Marks=100

Theory Marks-75 (External = 60 + Internal = 15)

Practical Marks-25

Course Outcomes:

- Develop an understanding of the fundamental principles, core values and research methods in community psychology
- Enhance understanding among students about the community and coping in the community
- Become familiar with concept of social change and implications of community intervention strategies.
- Application of knowledge of community psychology in different settings.

UNIT 1: Community Psychology: Definition, Historical Background, Fundamental principles and core values. Research methods in community psychology

UNIT 2: Community: Meaning types and levels. Sense of community: Elements, qualities of the competent community.

Coping in the community: An ecological contextual framework, Social support and mutual help groups.

UNIT 3: Social Change: Meaning, Reasons and types of social change.

Community intervention strategies: Creating planned change, Citizen participation, Consultation, Community education and information dissemination

UNIT 4: Application of Community Psychology: The mental health system (Brief history of mental health care, Deinstitutionalization, Beyond Deinstitutionalization) Community psychology and health care, Application of community psychology in school settings.

Books Recommended:

- Ehlers-Clauss, C.S. (2021). *The Cambridge Handbook of Community Psychology: Interdisciplinary and contextual perspectives*. Cambridge University Press
- Kloos, B., Hill, J., Thomas, E., Wandersman, A., Elias, M. J., & Dalton, J. H., (2012). *Community Psychology: Linking Individuals and Communities (3rd ed.)*. Wadsworth, Cengage Learning

Sathyan *Dr. D* *Ma* *Bali* *Koushik* *57*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

- Moritsugu, J. Vera, E., Wong, F. Y. & Duffy, K. G. (2017). *Community Psychology*. (5th ed.). Routledge.
- Nelson, G. & Prilleltensky, I. (2010). *Community Psychology: In Pursuit of Liberation and Well Being*. Palgrave Macmillan

***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.**

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028
SEMESTER-VIII
(MAJOR COURSE)
COURSE TITLE: COMMUNITY PSYCHOLOGY
COURSE CODE= UMIPSYT802

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks) : Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Latham
Bali
Lalitha
58

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028
SEMESTER-VIII
(MAJOR COURSE)
COURSE TITLE: COMMUNITY PSYCHOLOGY
COURSE CODE= UMIPSYT802

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Social Support
2. Family Relationship scale
3. Socio-Economic status scale
4. PGI Health Questionnaire
5. Mental health scale
6. Coping Resource inventory
7. Community –Based Activity
8. Sensitization on community related issues (Group Activity)

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.

Setham *for* *Dr. Dhal* *Bali* *Somesh*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

**SEMESTER-VIII
(MAJOR COURSE)**

COURSE TITLE: APPLIED SOCIAL PSYCHOLOGY

Course code= UMJPSYT803	Total Marks=100
Credits=04 * (3 theory +1 practical)	Theory Marks-75 (External = 60 + Internal = 15)
Duration of exam – 3 hours	Practical Marks-25

Course Outcomes:

- Understand the salient features and approaches to applied Social Psychology
- Able to apply the concepts of social psychology in sports, classroom and environment.

Unit 1: Applied Social Psychology: Concept, Historical Context, Salient Features, Approaches to applied Social Psychology, Theories of Social Psychology.

Unit 2: Social Psychology and Sports Teams: Team Dynamics (Team Cohesion, Team Confidence, Effective Communication, and Team Goal Setting). Team Building (Family Psychology Intervention, Communication Training Intervention)

Unit 3: Applying Social Psychology to the Classroom: Cognitive Errors and Student-Teacher Relations (Fundamental Attribution Error, Belief Perseverance, Social Categorization). Self-Perceptions and Their Academic Consequences (Self-Handicapping, Self-Serving Bias, Overjustification).

Unit 4: Social psychology and environment: Energy conservation, water conservation, litter control, recycling, environmental stressors, population, space and building environments, Problems in managing pro-environmental behavior and its remedy.

Books Recommended:

- Baron, R.A., Branscombe, N.R., Byne, D. and Bhardwaj, G.(2010). *Social Psychology (12th ed.)*. Pearson.
 - Chadha, N.K. (2012) *.Social Psychology*: McMillan Publishers.
 - Gruman, A., Schneider, F.W., & Coutts, L.M. (2017). *Applied social psychology: Understanding and addressing social and practical problems (3rd ed.)*. New Delhi: Sage publications.
 - Kool, V.K. & Agrawal, R. (2019). *Applied social Psychology: A global Perspective* Atlantic publishers and distributors Pvt Ltd..
 - Myers, D.G. (2005). *Social Psychology (8th ed.)*. Tata McGraw Hill Pub. Co. Ltd
- ***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.**

Sathnam
ptl
Abell
Konegyl
60
Dell

7

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)
COURSE TITLE: APPLIED SOCIAL PSYCHOLOGY
COURSE CODE= UMJPSYT803

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks) : Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Satham *Abali* *Prady* *Dr. L*
epkt

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)
COURSE TITLE: APPLIED SOCIAL PSYCHOLOGY
COURSE CODE= UMJPSYT803

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Pro-Social Behavior
2. Team building
3. Sports PsyCap
4. Family environment scale
5. Self perception
6. School Environment
7. Student Teacher relationship.

NOTE:

Final Examination shall carry 15 Marks(Conduction: 5 marks;Report Writing: 5marks ;
Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.

Setham
Bali
Karthy
pta
Shi
Ona
62

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)

COURSE TITLE: POSITIVE PSYCHOLOGY

Course code= UMJPSYT804

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Develop an understanding of the positive psychology and its perspectives
- Enhance understanding of the emotion-focused approaches, cognitive focused approaches and interpersonal approaches in positive psychology
- Application of knowledge of positive psychology on children, aged and person with physical disability.

Unit 1: Positive Psychology: Introduction and Historical Overview, Perspectives (Eastern, Western and Indian), Future of Positive psychology.

Unit 2: Emotion focused approaches: Subjective well-being, Resilience, Positive emotions, Emotional Intelligence.

Cognitive focused approaches: Creativity, Optimism, Hope, Self-efficacy.

Unit 3: Interpersonal approaches: Gratitude, Forgiveness, Compassion.

Specific coping approaches: Meditation, Humor, Spirituality, Meaning in life.

Unit 4: Positive psychology for children, Positive psychology and aging well, Positive growth following acquired physical Disability.

Books Recommended:

- Carr, A. (2022). *Positive Psychology: The Science of Happiness and Human Strengths* (3rd ed.) Routledge.
- Dunn, D.S. (2018). *Positive Psychology: Established and emerging issues*. Taylor & Francis.
- Linley, P. A., & Joseph, S. (2004). *Positive Psychology in Practice*. John Wiley & Sons, Inc.
- Snyder, C.R., Lopez, S.J. (2002). *Handbook of Positive Psychology*. Oxford University Press.
- Snyder, C.R., Lopez, S.J. (2011). *Positive Psychology*. (2nd ed.). Sage Publications.

*One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Satham Jota
Belt
Bandy
63
Dad

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)

COURSE TITLE: POSITIVE PSYCHOLOGY

Course code= UMJPSYT804

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satham
Bali
Korabyl
sptr
ajli
Dnas

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII

(MAJOR COURSE)

COURSE TITLE: POSITIVE PSYCHOLOGY

Course code= UMJPSYT804

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practicals from below mentioned list

1. Gratitude
2. Emotional Intelligence
3. Resilience
4. Hope
5. Forgiveness
6. Personal Growth Initiative scale
7. Indian Spiritual Practices

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

*One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.

Latham
Belli
Randy
Hpta
Dr. D. D. D.

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

**SEMESTER-VIII
(MINOR COURSE)**

COURSE TITLE: PSYCHOLOGY FOR LIVING

Course code= UMIPSYT805

Total Marks=100

Credits=04 * (3 theory +1 practical) Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcome:

- Enhance understanding of self-direction, self-concept and its relationship with personal growth
- Develop an understanding of relationship between physical and psychological health
- Become familiar with the importance of personal control , decision making and concerns of late adulthood

Unit-1: Self-Direction and Social Change : Concept of self-direction and social change, the challenges and issues of self-direction.

Self-concept: Meaning, Core characteristics, Self-concept and personal growth

Unit-2: The Body and Health: Concept of body image, Relationship between psychological factors and physical illness, Coping with illness, Promoting wellness.

Unit-3: Personal Control :Meaning and consequences of perceived control, Misperception and maladjustment, Learned optimism

Decision making: Process, aids in decision making, decisions and personal growth

Unit-4: Late Adulthood (Concerns): Physical and cognitive changes, Personal and social adjustment, Retirement and successful aging

Grief and Death: Risks of dying , Awareness of death, the experience of dying , Bereavement and Grief (grief work, unresolved grief, good grief)

Books Recommended :

- Duffy, K.G. & Atwater, E. (2005). *Psychology for Living, Adjustment, Growth, and Behavior today* (8th ed.). Pearson Education ,Inc.
- Wadker, A. (2016). *Life skills for success*. Sage publications India Pvt. Ltd
- Weiten, W., Lloyd A. M. (2004). *Psychology Applied to modern Life: Adjustment in the 21st Century*. (7th Ed). Singapore: Thomson Wadsworth Pvt ltd.

***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration**

66
Sathyan
Apt
Belt
Budh
ap

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MINOR COURSE)

COURSE TITLE: PSYCHOLOGY FOR LIVING

Course code= UMIPSYT805

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 mark each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e., one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory).

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e., two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks.

Satham *Bali* *Reddy* *Age* *Ones*
Hpta

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

**SEMESTER-VIII
(MINOR COURSE)**

COURSE TITLE: PSYCHOLOGY FOR LIVING

Course code= UMIPSYT805

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practicals from below mentioned list

1. The body image questionnaire
2. Wellness assessment questionnaire
3. Decision styles scale
4. The perceived personal control questionnaire
5. Death anxiety scale
6. Anticipatory Grief scale

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5 marks; Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is of two-hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Saham *Apte* *Bali*
Shetye *Shetye* *Shetye*
Shetye

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

PROPOSED COURSE SCHEME FOR SEMESTER VIII (HONOURS WITH RESEARCH)

BACHELOR OF PSYCHOLOGY

S.No.	COURSE TYPE	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM MARKS		
					THEORY	PRACTICAL	TOTAL
1	Major	UMJPSYT806	ASSESSMENT AND TESTING IN PSYCHOLOGY	4	75	25	100
2	Minor	UMIPSYT807	APPLICATIONS OF SOCIAL PSYCHOLOGY	4	75	25	100
3	SEC	USEPSYP808	DISSERTATION	12			300

Satnam

Bali

Dhruv

Anshu

Divyanshu

Pranav

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)

COURSE TITLE: ASSESSMENT AND TESTING IN PSYCHOLOGY

Course code= UMJPSYT806

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcomes:

- Develop an understanding of the concept of psychological testing , classification and uses of psychological test
- Become familiar with the steps of test construction and administration
- Able to apply psychological tests in different settings

Unit –1: Psychological Testing and assessment: Meaning, Nature and Historical overview. Psychological test: Meaning, characteristics, classification and uses. Psychological scales: types. Computerized assessment, The future of testing.

Unit –2: Test construction: Steps of test construction.

Test Administration: Testing situation, tester characteristics, and test-taker characteristics Norms (Meaning and types)

Unit–3: Intelligence testing: Stanford- Binet Intelligence scale, The Wechsler Scales, Raven's Progressive matrices, Malin's Intelligence Scale for Indian Children (MISIC).Bhatia Battery of Intelligence Testing

Aptitude tests: Differential Aptitude tests, General Aptitude test battery, Overview of achievement tests.

Unit –4: Personality Assessment: Objective Personality tests (The Sixteen Personality Factor Questionnaire (16PF), Neo- Personality Inventory, The Eysenck Personality Inventory and Projective techniques (The Rorschach test, thematic Apperception test , Sentence completion test)

Overview of interest inventories, Attitude scales and value assessment.

Books Recommended:

- Aiken, L.R., & Groth- Marnat, G. (2009). *Psychological Testing and Assessment*(12th ed.). Pearson Education.
- Anastasi , A., & Urbina,-S. (2016). *Psychological Testing* (7th ed.). Pearson Education India .
- Chadha N.K. (2009): *Applied Psychometry*. Sage Publications
- Gregory, R.J., (2004). *Psychological Testing: History, Principles and Applications* (4th ed.). Pearson Education.
- Kaplan, R. N. & Saccuzzo, D. P. (2001). *Psychological Testing. Principles, Applications and Issues* (5th ed.). Wadsworth Thomson Learning
- Singh, A.K. (2019). *Tests Measurements and Research Methods in Behavioural Sciences*(6th ed.). Bharati Bhawan.

Sachin *Agarwal* *Beli* *Dish* *pr* *Desh*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

*One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MAJOR COURSE)

COURSE TITLE: ASSESSMENT AND TESTING IN PSYCHOLOGY
COURSE CODE= UMJPSYT806

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks)

Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)

Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks): Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Satnam *Angus* *Bali* *David* *John* *Ona*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII

(MAJOR COURSE)

COURSE TITLE: ASSESSMENT AND TESTING IN PSYCHOLOGY

COURSE CODE= UMJPSYT806

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Intelligence testing
2. Personality assessment (objective/projective)
3. Aptitude testing
4. Career /interest inventory
5. Attitude testing
6. Value assessment
7. Item Writing

NOTE:

Final Examination shall carry 15 Marks (Conduction: 5 marks; Report Writing: 5marks ;
Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Signature *Signature* *Bali* *Signature* *Signature*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MINOR COURSE)

COURSE TITLE: APPLICATIONS OF SOCIAL PSYCHOLOGY

Course code= UMIPSYT807

Total Marks=100

Credits=04 * (3 theory +1 practical)

Theory Marks-75 (External = 60 + Internal = 15)

Duration of exam – 3 hours

Practical Marks-25

Course Outcomes:

- Understand the salient features and approaches to applied Social Psychology
- Able to apply the concepts of social psychology in sports, classroom and environment.

Unit 1: Applied Social Psychology: Concept, Historical Context, Salient Features, Approaches to applied Social Psychology, Theories of Social Psychology.

Unit 2: Social Psychology and Sports Teams: Team Dynamics (Team Cohesion, Team Confidence, Effective Communication, and Team Goal Setting). Team Building (Family Psychology Intervention, Communication Training Intervention)

Unit 3: Applying Social Psychology to the Classroom: Cognitive Errors and Student-Teacher Relations (Fundamental Attribution Error, Belief Perseverance, Social Categorization). Self-Perceptions and Their Academic Consequences (Self-Handicapping, Self-Serving Bias, Overjustification).

Unit 4: Social psychology and environment: Energy conservation, water conservation, litter control, recycling, environmental stressors, population, space and building environments, Problems in managing pro-environmental behavior and its remedy.

Books Recommended:

- Baron, R.A., Branscombe, N.R., Byne, D. and Bhardwaj, G.(2010). *Social Psychology (12th ed.)*. Pearson.
 - Chadha, N.K. (2012) *.Social Psychology*: McMillan Publishers.
 - Gruman, A., Schneider, F.W., & Coutts, L.M. (2017). *Applied social psychology: Understanding and addressing social and practical problems (3rd ed.)*. New Delhi: Sage publications.
 - Kool, V.K. & Agrawal, R. (2019). *Applied social Psychology: A global Perspective* Atlantic publishers and distributors Pvt Ltd.
 - Myers, D.G. (2005). *Social Psychology (8th ed.)*. Tata McGraw Hill Pub. Co. Ltd
- *One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.

Schram *Bali* *Budh* *pti* *Dhal*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MINOR COURSE)

COURSE TITLE: APPLICATIONS OF SOCIAL PSYCHOLOGY

Course code= UMIPSYT807

SCHEME OF EXAMINATION/ASSESSMENT:

(a) Mid Term Examination covering 50% of the syllabus (to be conducted by course coordinator) (15 Marks) Time Duration- 1.5 Hour

Section A (5 marks) – Five (5) Very Short Answer questions of 1 marks each (All compulsory).

Section B (10 marks) – Two (2) Long Answer questions of 5 marks to be attempted out of 3 given questions.

(b) External End Semester University Examination (60Marks)
Time Duration— 03 Hours

Section A (12 marks): Four (04) short answer questions representing all units/ syllabi i.e. one (01) question from each unit. The students are required to attempt all the questions. Each question shall be of three (03) marks (All Compulsory)

Section B (48 marks) : Eight (08) Long answer questions representing whole of the syllabi i.e. two (02) questions from each unit. The students are required to attempt one question from each unit. Each question shall be of 12 marks

Sathyan *Asli* *Abali* *Kaveel* *pru* *DAI*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(MINOR COURSE)
COURSE TITLE: APPLICATIONS OF SOCIAL PSYCHOLOGY

Course code= UMIPSYT807

Practical (25 Marks).

Credits: 01*

Continuous Assessment: 10 Marks

Final examination: 15 Marks

Course Outcome: Students will be able to develop skills to carry out psychological tests in lab settings, report writing and interpretations of the report.

Practical group comprises of 15 students for work in laboratory

Choose any four practical from below mentioned list

1. Pro-Social Behavior
2. Team building
3. Sports PsyCap
4. Family environment scale
5. Self perception
6. School Environment
7. Student Teacher relationship.

NOTE:

Final Examination shall carry 15 Marks(Conduction: 5 marks;Report Writing: 5marks ;
Viva voce: 5 marks)

In each practical examination, a student will be given ONE practical to perform during examination.

***One Credit is two hour duration for fifteen working days or 45 periods of 40 minutes duration.**

Sahar *Abali* *Darsh* *DL* *DA*

COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY2028

SEMESTER-VIII
(SKILL ENHANCEMENT COURSE)
COURSE TITLE: DISSERTATION

Course code= USEPSYP808

Total Marks=300

Credits=12*

Course outcome:

- Application of the theoretical framework learned in research methodology in real life settings.
- Gain an insight of how various methodologies can be applied and will enhance their ability to apply knowledge regarding research methodology.
- Students will be able to reflect upon selected issues/area in the field of Psychology.

1. Exploration and identification of the areas of psychological research (with the guidance of supervisor)

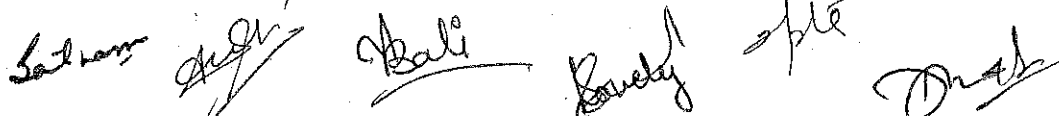
- Identification of Research Problem
- Conceptual/theoretical background
- Preparation of synopsis
- Power Point Presentation of synopsis

Students will be required to prepare the synopsis in the VIIth semester. Students will be allotted one faculty member as supervisor for research work. The permanent faculty with Ph. D. and research experience (as per UGC guidelines) shall be the supervisor after being recognized by the Departmental Research Committee of the Nodal Department. Each student will be assigned a topic based on the major area/subject. The student shall prepare a research proposal/synopsis for an empirical study.

2. After the approval of a research proposal/synopsis, the students shall undertake the following activities relating to the research work.

- Review of literature
- Development/procuring tools
- Data collection
- Analysis and interpretation
- Report writing
- Viva-voce

Students will carry out the research work with the allotted faculty member (supervisor). The student shall prepare a dissertation based on the synopsis approved by



COURSE FRAME WORK OF THE FOUR YEAR UNDERGRADUATE PROGRAMME
(FYUGP) UNDER NATIONAL EDUCATION POLICY (NEP-2020)
UNDER GRADUATE COURSE (PSYCHOLOGY)

EXAMINATION TO BE HELD IN MAY 2026, MAY 2027, MAY 2028

SEMESTER-VIII
(SKILL ENHANCEMENT COURSE)
COURSE TITLE: DISSERTATION
Course code= USEPSYP808

the College Research Committee. Students are required to submit two copies of the dissertation based on the topic, assigned to them. It should have certification by the supervisor concerned authenticating that the work has been done by the candidate and it should be submitted to the department before the commencement of end semester examination.

SCHEME OF EXAMINATION/ASSESSMENT:

Evaluation of synopsis shall be done by the College Research Committee. Students have to present their research work via PPT presentation before the College Research Committee. The research proposal or synopsis will be scrutinized by the College Research Committee for the concerned subject. The College Research Committee shall have atleast one member from any University of the region.

For evaluation of the dissertation, students have to present their research work via PPT presentation. The viva-voce examination shall be conducted after the PPT presentation is done by the student.

Evaluation scheme

Total Marks: 300 (by the external examiner)

Distribution of Marks: Dissertation 200 Marks

Presentation of PPT and Viva-voce: 100 Marks

***One Credit is of one hour duration for fifteen working days (periods) or 23 periods of 40 minutes duration.**

Batram *Bali* *Dr. Dnd*
Dr. Dnd *Dr. Dnd*