



# UNIVERSITY OF JAMMU

(NAAC ACCREDITED 'A' GRADE' UNIVERSITY)  
Baba Sahib Ambedkar Road, Jammu-180006 (J&K)

## NOTIFICATION (20/July /Adp/65)

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, is pleased to authorize the adoption of the revised Syllabi and Courses of Study for Master Degree Programme in **Physical Education (M.P.E.d)** for semesters II under the **Choice Based Credit System (as given in the annexure)** for the examinations to be held in the years indicated against each semester as under:-

Subject	Semester	for the examinations to be held in the year
M.P.Ed	Semester-II	May 2020, 2021 and 2022

The Syllabi of the courses is available on the University website: [www.jammuuniversity.ac.in](http://www.jammuuniversity.ac.in).

Sd/-  
DEAN ACADEMIC AFFAIRS

No. F.Acd/II/20/825-832

Dated: 29-7-2020

Copy to:

1. Dean, Faculty of Education
2. HOD/Convener, Board of Studies in Teacher Education
3. Director, Physical Education, University of Jammu
4. All members of the Board of Studies
5. C.A. to the Controller of Examinations
6. Director, Computer Centre, University of Jammu
7. Asst. Registrar (Conf. /Exams. PG)
8. Incharge University Website for necessary action please

*Sumita sharma*  
29/7  
Deputy Registrar (Academic)

*[Signature]*  
29/7

*[Signature]* M  
29/7/2020

**M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM**  
**SEMESTER-II**

Theoretical Course: 400

Practical Course: 400

Course No.	Subject/Course Component	Credits	Inst. Hour Week	Marks			
				Major Test	Minor Test I	Minor Test 2	Total
PSMPTC-201 (Theory)	Applied Statistics in Physical Education and Sports	4	05 Hrs	60	20 Paper - 10 Seminar - 10	20 Paper - 10 Seminar - 10	100
Course No.	Subject/Course Component	Credits	Inst. Hour Week	External Practical	Internal Practical		Total
PSMPPC-201 (Practical)	Track and Field: Jumping events & hurdles	4	05 Hrs	60	40		100
Course No.	Subject/Course Component	Credits	Inst. Hour Wk	Major Test	Minor Test I	Minor Test 2	Total
PSMPTC-202 (Theory)	Sports Biomechanics and Kinesiology	4	05 Hrs	60	20 Paper - 10 Seminar - 10	20 Paper - 10 Seminar - 10	100
Course No.	Subject/Course Component	Credits	Inst. Hour Week	External Practical	Internal Practical		Total
PSMPPC-202 (Practical)	Teaching lesson of the advance skills Cricket & Hockey	4	05 Hrs	60	40		100
Course No.	Subject/Course Component	Credits	Inst. Hour Week	Major Test	Minor Test I	Minor Test 2	Total
PSMPTC-203 (Theory)	Athlete Care and Rehabilitation	4	05 Hrs	60	20 Paper - 10 Seminar - 10	20 Paper - 10 Seminar - 10	100
Course No.	Subject/Course Component	Credits	Inst. Hour Week	External Practical	Internal Practical		Total
PSMPPC-203 (Practical)	Teaching lesson of indigenious activity and sports (Advance skills) Kho-Kho, Kabaddi	4	05 Hrs	60	40		100
Course No.	Subject/Course Component	Credits	Inst. Hour Week	Major Test	Minor Test I	Minor Test 2	Total
PSMPTC-204 (Theory)	Sports Management and Curriculum Designs in Physical Education	4	05 Hrs	60	20 Paper - 10 Seminar - 10	20 Paper - 10 Seminar - 10	100
Course No.	Subject/Course Component	Credits	Inst. Hour Week	External Practical	Internal Practical		Total
PSMPPC-204 (Practical)	Class room teaching: Badminton, Table Tennis, Volley Ball, Football, Handball, Basket Ball, Cricket & Hockey	4	05 Hrs	60	40		100
	<b>Total credit (theory + practical)</b>	<b>16+16=32</b>					<b>800</b>

Handwritten signatures and notes at the bottom of the page, including names like 'Suresh', 'Jyoti', and 'Rajit'.

**Contents to be covered:**

- a) Historical development of the concerned game/track and field event.
- b) Main tournaments organized at National and International level.
- c) Records/Statistics of the game /track and field event at World, Olympic, Asia, National.
- d) Awardees in the game/athletics.
- e) Books and Magazines of the game /track and field.
- f) Fundamental skills /Techniques.
- g) Teaching lessons
- h) Marking of the track / play field / court
- i) Officiating and specifications.

Note : Each candidate has to submit a handwritten note book comprising of five lessons on the above mentioned games / sports / events.

48 9  
R  
Qualification  
by you  
for

Kajal  
Sharma  
Sudh  
Sudh

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM

SEMESTER – II

FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

Course No.PSMPTC-201

Title APPLIED STATISTICS IN PHYSICAL  
EDUCATION AND SPORTS

Duration of Exam: 3 Hrs.  
Credit:04

Total Marks : 100  
Minor Test-I : 20  
Minor Test-II: 20  
Major Test: 60

**UNIT I – Introduction to Statistics**

- i) Meaning and Definition of Statistics need and importance of Statistics. Types of Statistics.
- ii) Meaning of the terms- Population, Sample, Data, types of data. Variables; Discrete, Continuous.
- iii) Parametric and non-parametric statistics.

**UNIT II – Data Classification, Tabulation and Measures of Central Tendency**

- i) Meaning, uses and construction of frequency table.
- ii) Meaning, Purpose, Calculation and advantages of Measures of central tendency – Mean, median and mode.

**UNIT III – Measures of Dispersions and Scales**

- i) Meaning, Purpose, Calculation and advances of Range,
- ii) Quartile Deviation, Mean Deviation, Standard Deviation, Probable Error.
- iii) Meaning, Purpose, Calculation and advantages of scoring scales; Sigma scale, Z Scale,

**UNIT IV – Probability Distributions and Graphs**

- i) Normal Curve. Meaning of probability- Principles of normal curve – Properties of normal curve.
- ii) Divergence form normality – Skewness and Kurtosis.
- iii) Graphical Representation in Statistics; Line diagram, Bar diagram, Histogram, Frequency Polygon.

Note : It is recommended that the theory topics be accompanied with practical, based on computer software of statistics.

**Note for Paper Setters**

(Minor Test-I)

There will be two components in Minor Test 1 each of 10 marks

(a) 10 mark (Paper). There will be 5 questions of two marks each for Unit I

(b) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver and to defend it. It can be through Poster making / Power Point Presentation etc.

(Minor Test-II)

There will be two components in Minor Test 1 each of 10 marks

(a) 10 mark (Paper). There will be 5 questions of two marks each for Unit II

(b) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver the lecture on it.

(Major Test):

The question paper will contain long and short answer type questions. There will be total of eight long answer type questions (two questions from each unit with internal choice) and the candidates will be required to answer one question from each unit. Each long answer type questions will carry 12 marks. Question No.1 will be compulsory and shall have four short answer type questions (100 approx). Short answer type questions will be from third and fourth unit (two questions from each unit). Each short answer type questions will carry 03 marks.

Handwritten signatures and initials in blue ink, including names like "Gyan" and "Surya".

Handwritten signature in blue ink, with the word "major:" written below it.

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM  
FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

Paper-I (PSMPTC-201)

APPLIED STATISTICS IN PHYSICAL EDUCATION AND SPORTS

**SUGGESTED READINGS:**

Best J. W (1971) Research in Education, New Jersey; Prentice Hall, Inc

Clark D.H. (1999) Research Problem in Physical Education 2<sup>nd</sup> edition, Eaglewood Cliffs,  
Prentice Hall, Inc.

Jerry R Thomas & Jack K Nelson (2000) Research Methods in Physical Activities; Illonosis;  
Human Kinetics;

Kamlesh, M. L. (1999) Reserach Methodology in Physical Education and Sports, New Delhi

Rothstain A (1985) Research Design and Statistics for Physical Education, Englewood Cliffs:  
Prentice Hall, Inc

Sivaramakrishnan. S. (2006) Statistics for Physical Education, Delhi; Friends Publication

Thirumalaisamy (1998), Statistics in Physical Education, Karaikudi, Senthilkumar  
Publications.

Handwritten signatures and initials in blue ink, including "AD", "B", "S", "Ashu", "Kajal", "Sug", and "M".

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM  
FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

Course No.PSMPPC-201

Title TRACK AND FIELD: JUMPING EVENTS &  
HURDLES

PRACTICAL COURSE

100 Marks

External Marks:60

Internal Marks:40

PSMPPC-201	Track and Field Jumping Events & Hurdles	60	40	05 Hrs	4
------------	---------------------------------------------	----	----	--------	---

INTERNAL PRACTICAL

**Track & Field Events**

- Teaching ability of jumping events (Marks -10)
- Teaching ability of hurdles (Marks - 10)
- Interpretation of rules related to jumping events & hurdles (Marks - 10)
- Marking of Jumping events and hurdles (Marks - 10)

EXTERNAL PRACTICAL

**Track & Field Events**

- Teaching ability of jumping events (Marks -15)
- Teaching ability of hurdles (Marks - 15)
- Interpretation of rules related to jumping events & hurdles (Marks - 15)
- Marking of Jumping events and hurdles (Marks - 15)

Note : Each candidate has to submit a handwritten note book comprising of five lessons on the above mentioned games / sports / events.

40  
S. J. S.  
G. S. S.  
G. S. S.  
G. S. S.

S. J. S.  
K. J. S.  
S. J. S.

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM

SEMESTER – II

FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

Course No.PSMPTC-202

Title SPORTS BIOMECHANICS AND KINSESIIOLOGY

Duration of Exam: 3 Hrs.

Total Marks : 100

Credit:04

Minor Test-I : 20

Minor Test-II: 20

Major Test: 60

**UNIT-I: INTRODUCTION TO BIOMECHANICS**

- Meaning of Biomechanics and its importance in Physical Education and Sports
- Biomechanical Principles of Movements
- Analysis of fundamental Movements: Walking, Running, throwing, Lifting, Pulling,
- Catching and Climbing.
- Fluids Mechanics: Static and Dynamic

**UNIT-II: STRUCTURAL KINESIOLOGY, THE ATTACHMENTS AND ACTION OF MUSCLES OF FOLLOWING JOINTS**

- The concept of Structural Kinesiology and its Academic and Professional objectives
- Professional applications of Structural Kinesiology
- The fundamental movement of joints and their terminology
- The structural classification of skeletal muscles and type of contractions
- Classification of Muscles produced movements
- The techniques of muscular analysis.
- Movable, partly moveable and immovable
- *The Attachments and Action of Muscles of Following Joints:* Shoulder Girdle and Shoulder, elbow joint, hip joint, knee joint, ankle joint, neck joint and truck joint

**UNIT-III: LINEAR AND ANGULAR KINETICS & KINEMATICS**

- Newton's law of gravitation
- Momentum and impulse
- Eccentric force, couple, moment of force, torque
- moment of inertia and angular momentum
- transfer of angular velocity
- equilibrium and stability,
- Interrelationship between displacement, velocity and acceleration vectors projectile motion
- Angular distance and angular displacements
- Angular speed, angular velocity and angular acceleration
- Centripetal and centrifugal force, Friction

**UNIT IV – Projectile and Lever**

- Projectiles Motion- Meaning & definition.
- Factors influencing Projectile trajectory
- Guiding principles for stability -static and dynamic stability.
- Meaning of work, power, energy, kinetic energy and potential energy.
- Leverage -classes of lever - practical application.

Note for Paper Setters

(Minor Test-I)

There will be two components in Minor Test 1 each of 10 marks

(a) 10 mark (Paper). There will be 5 questions of two marks each for Unit I

(b) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver and to defend it. It can be through Poster making / Power Point Presentation etc.

(Minor Test-II)

There will be two components in Minor Test 1 each of 10 marks

(c) 10 mark (Paper). There will be 5 questions of two marks each for Unit II

(d) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver the lecture on it.

(Major Test):

The question paper will contain long and short answer type questions. There will be total of eight long answer type questions (two questions from each unit with internal choice) and the candidates will be required to answer one question from each unit. Each long answer type questions will carry 12 marks. Question No.1 will be compulsory and shall have four short answer type questions (100 approx). Short answer type questions will be from third and fourth unit (two questions from each unit). Each short answer type questions will carry 03 marks.

*Signature*

*Signature*

*Signature*

*Signature*

*Signature*





**M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM**  
**FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022**

**SEMESTER – II**

**Course No.PSMPPC-202**

**Title: TEACHING LESSON OF THE ADVANCE SKILLS:  
CRICKET & HOCKEY**

**PRACTICAL COURSE**

**100 Marks**

**External Marks:60**

**Internal Marks:40**

PSMPPC-202	Teaching lessons of the advance skills: Cricket & Hockey	60	40	05 Hrs	4
------------	----------------------------------------------------------	----	----	--------	---

**INTERNAL PRACTICAL**

**1) Hockey**

1. Marking of Hockey Field
2. Teaching ability of various basic skills of Hockey
3. Interpretation of Various rules of Hockey
4. Officiating Signals & Filling the score sheet of Hockey

**Marks – 20**

- (Marks – 5)  
(Marks – 5)  
(Marks – 5)  
(Marks 5)

**2) Cricket**

1. Marking and Dimension of Cricket field
2. Teaching ability of various skills of Cricket
3. Interpretation of Various rules of Cricket
4. Officiating Signals & Filling the score sheet of Cricket

**Marks – 20**

- (Marks – 5)  
(Marks – 5)  
(Marks – 5)  
(Marks– 5)

**EXTERNAL PRACTICAL**

**1) Hockey**

1. Marking of Hockey Field
2. Teaching ability of various basic skills of Hockey
3. Interpretation of Various rules of Hockey
4. Officiating Signals of Hockey
5. Filling the score sheet of Hockey

**Marks – 30**

- (Marks – 6)  
(Marks– 6)  
(Marks – 6)  
(Marks– 6)  
(Marks– 6)

**2) Cricket**

1. Marking and Dimension of Cricket field
2. Teaching ability of various skills of Cricket
3. Interpretation of Various rules of Cricket
4. Officiating Signals
5. Filling the score sheet of Cricket

**Marks – 30**

- (Marks– 6)  
(Marks – 6)  
(Marks– 6)  
(Marks– 6)  
(Marks– 6)

Note : Each candidate has to submit a handwritten note book comprising of five lessons on the above mentioned games / sports / events.

*[Handwritten signatures and marks at the bottom of the page]*

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM  
FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

Course No.PSMPTC-203

Title ATHLETE CARE AND REHABILITATION

Duration of Exam: 3 Hrs.

Total Marks : 100

Credit:04

Minor Test-I : 20

Minor Test-II: 20

Major Test: 60

**Unit I – Corrective Physical Education**

- i) Definition and objectives of corrective physical Education.
- ii) Posture and body mechanics.
- iii) Standards of Standing Posture.
- iv) Value of good posture.
- v) Drawbacks and causes of bad posture.
- vi) Posture test – Examination of the spine.

**Unit II – Posture**

- i) Normal curve of the spine and its utility
- ii) Deviations in posture: Kyphosis, lordosis, flat back, Scoliosis, round shoulders, Knock Knee, Bow leg, Flat foot.
- iii) Causes for deviations and treatment including exercises.

**Unit III – Rehabilitation Exercises**

- i) Definition and Meaning of Rehabilitation
- ii) Meaning and definition of Exercises-Passive, Active, Assisted, Resisted exercise for Rehabilitation,
- iii) Stretching, PNF (Proprioceptive Neuro Muscular Facilitation) techniques.
- iv) Principles of Rehabilitation.

**Unit IV – Massage**

- i) Brief history of massage –
- ii) Massage as an aid for relaxation
- iii) Points to be considered in giving massage
- iv) Physiological, Psychological effects of massage
- v) Indication / Contra indication of Massage
- vi) Classification of the manipulation used in massage and their specific uses in the human body

**Note: Each student shall submit Physiotherapy record of attending the Clinic and observing the cases of athletic injuries and their treatment procedure.(To be assessed internally)**

Note for Paper Setters

(Minor Test-I)

There will be two components in Minor Test 1 each of 10 marks

(a) 10 mark (Paper). There will be 5 questions of two marks each for Unit I

(b) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver and to defend it. It can be through Poster making / Power Point Presentation etc.

(Minor Test-II)

There will be two components in Minor Test 1 each of 10 marks

(c) 10 mark (Paper). There will be 5 questions of two marks each for Unit II

(d) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver the lecture on it.

(Major Test):

The question paper will contain long and short answer type questions. There will be total of eight long answer type questions (two questions from each unit with internal choice) and the candidates will be required to answer one question from each unit. Each long answer type questions will carry 12 marks. Question No.1 will be compulsory and shall have four short answer type questions (100 approx). Short answer type questions will be from third and fourth unit (two questions from each unit). Each short answer type questions will carry 03 marks.

*[Handwritten signatures and marks at the bottom of the page, including names like 'Gyan', 'Kajal', and '9']*

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM  
FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

Paper-III (PSMPTC-203)

ATHLETE CARE AND REHABILITATION

Doherty. J. Meno. Wetb, Moder D (2000) Track & Field, Englewood Cliffs, Prentice Hal Inc.

Lace, M. V. (1951) Massage and Medical Gymnastics, London: J & A Churchill Ltd.

Mc Ooyand Young (1954) Tests and Measurement, New York: Appleton Century.

Naro, C. L. (1967) Manual of Massage and, Movement, London: Febra and Febra Ltd.

Rathbone, J.I. (1965) Corrective Physical education, London: W.B. Saunders & Co.

Stafford and Kelly, (1968) Preventive and Corrective Physical Education, New York.

*Handwritten signatures and notes:*  
A group of signatures on the left side of the page, including one that appears to say "By" and another that says "By your" and "Barbie".

*Handwritten signature:*  
A long, sweeping signature with the word "Kajal" written below it.

*Handwritten signature:*  
A signature that appears to be "Shruti" with a long underline.

*Handwritten signature:*  
A signature that appears to be "Surya" with a long underline.

*Handwritten signature:*  
A large, stylized signature consisting of several vertical and horizontal strokes.

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM

FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

Course No.PSMPPC-203 Title TEACHING LESSON OF INDIGENOUS ACTIVITY AND SPORTS (ADVANCE SKILLS), KHO-KHO, KABADDI

PRACTICAL COURSE

100 Marks

External Marks:60

Internal Marks:40

PSMPPC -203	Teaching Lessons of Indigenous Activities & Sports (Advance Skills) : Kho-Kho, Kabaddi.	60	40	05 Hrs	4
-------------	-----------------------------------------------------------------------------------------	----	----	--------	---

INTERNAL PRACTICAL

1) Kabaddi

1. Marking of Kabaddi Court
2. Teaching ability of various advance skills of Kabaddi
3. Interpretation of Various rules of Kabaddi
4. Officiating Signals & Filling the score sheet of Kabaddi

Marks – 20

(Marks – 5)

(Marks – 5)

(Marks – 5)

(Marks 5)

INTERNAL PRACTICAL

1) Kho-Kho

1. Marking of Kho-Kho Court
2. Teaching ability of various advance skills of Kho-Kho
3. Interpretation of Various rules of Kho-Kho
4. Officiating Signals & Filling the score sheet of Kho-Kho

Marks – 20

(Marks – 5)

(Marks – 5)

(Marks – 5)

(Marks 5)

EXTERNAL PRACTICAL

1) Kabaddi

1. Marking of Kabaddi Court
2. Teaching ability of various advance skills of Kabaddi
3. Interpretation of Various rules of Kabaddi
4. Officiating Signals
5. Filling the score sheet of Kabaddi.

Marks – 30

(Marks –6)

(Marks– 6)

(Marks –6)

(Marks– 6)

(Marks– 6)

EXTERNAL PRACTICAL

1) Kho-Kho

1. Marking of Kho-Kho Court
2. Teaching ability of various advance skills of Kho-Kho
3. Interpretation of Various rules of Kho-Kho
4. Officiating Signals Filling the score sheet of Kho-Kho
5. Filling the score sheet of Kho-Kho

Marks – 30

(Marks–6)

(Marks–6)

(Marks–6)

(Marks- 6)

(Marks- 6)

Note : Each candidate has to submit a handwritten note book comprising of five lessons on the above mentioned games / sports / events.

*Handwritten signatures and marks at the bottom of the page.*

M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM  
FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

Course No.PSMPTC-204

Title SPORTS MANAGEMENT AND CURRICULUM DESIGN  
IN PHYSICAL EDUCATION

Duration of Exam: 3 Hrs.  
Credit:04

Total Marks : 100  
Minor Test-I : 20  
Minor Test-II: 20  
Major Test: 60

**UNIT I – Introduction to Sports Management**

Definition, Importance. Basic Principles and Procedures of Sports Management. Functions of Sports Management. Personal Management: Objectives of Personal Management, Role of Personal Manager in an organization, Personnel recruitment and selection.

**UNIT II – Program Management**

Importance of Programme development and the role of management, Factors influencing programme development. Steps in programme development, Competitive Sports Programs, Benefits, management Guidelines for School, Colleges Sports Programs, Management Problems in instruction programme.

**UNIT III– Curriculum**

Meaning and Definition of Curriculum. Principles of Curriculum Construction: Students centred, Activity centred, Community centred, Forward looking principle, Principles of integration, Theories of curriculum development, Approaches to Curriculum; Subject centred, Learner centred and Community centred, Curriculum Framework.

**UNIT IV – Curriculum Sources**

Factors that affecting curriculum: Sources of Curriculum materials – text books – Journals – Dictionaries, Encyclopaedias, Magazines, Internet. Integration of Physical Education with other Sports Sciences – Curriculum research, Objectives of Curriculum research. Evaluation of Curriculum, Methods of evaluation.

**Note for Paper Setters (Minor Test-I)**

There will be two components in Minor Test 1 each of 10 marks

(a) 10 mark (Paper). There will be 5 questions of two marks each for Unit I

(b) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver and to defend it. It can be through Poster making / Power Point Presentation etc.

**(Minor Test-II)**

There will be two components in Minor Test 1 each of 10 marks

(c) 10 mark (Paper). There will be 5 questions of two marks each for Unit II

(d) 10 marks (Seminar). In seminar the students will be given the topic and he /she has to deliver the lecture on it.

**(Major Test):**

The question paper will contain long and short answer type questions. There will be total of eight long answer type questions (two questions from each unit with internal choice) and the candidates will be required to answer one question from each unit. Each long answer type questions will carry 12 marks. Question No.1 will be compulsory and shall have four short answer type questions (100 approx). Short answer type questions will be from third and fourth unit (two questions from each unit). Each short answer type questions will carry 03 marks.

42

Handwritten signatures and initials in the bottom left corner.

Handwritten signatures and initials in the bottom center.

Handwritten signatures and initials in the bottom right corner.



M.P.Ed. UNDER CHOICE BASED CREDIT SYSTEM  
FOR THE EXAMINATION TO BE HELD MAY 2020, 2021, 2022

SEMESTER – II

Course No.PSMPPC-204

Title: CLASSROOM TEACHING: BADMINTON, TABLE  
TENNIS, VOLLEYBALL, FOOTBALL, HANDBALL,  
BASKETBALL, CRICKET, HOCKEY

PRACTICAL COURSE

100 Marks

External Marks:60

Internal Marks:40

PSMPPC-204	Classroom Teaching : Badminton, Table Tennis, Volleyball, Football, Handball, Basketball, Cricket & Hockey	60	40	05 Hrs	4
------------	---------------------------------------------------------------------------------------------------------------------	----	----	--------	---

INTERNAL PRACTICAL

i) Games/ Sports/Events (Class Room Teaching)

Marks – 40

1. Marking of Games/ Sports/Events (Marks – 10)
2. Teaching ability of various basic skills of Games/ Sports/Events (Marks – 10)
3. Interpretation of Various rules of Games/ Sports/Events (Marks – 10)
4. Officiating Signals & filling of score sheet of Games/ Sports/Events (Marks- 10)

EXTERNAL PRACTICAL

i) Games/ Sports/Events (Class Room Teaching)

Marks – 60

1. Marking of Games/ Sports/Events (Marks – 12)
2. Teaching ability of various basic skills of Games/ Sports/Events (Marks – 12)
3. Interpretation of Various rules of Games/ Sports/Events (Marks – 12)
4. Officiating Signals of Games/ Sports/Events (Marks- 12)
5. Filling of score sheet of Games/ Sports/Events (Marks-12)

Note : Each candidate has to submit a handwritten note book comprising of five lessons on the above mentioned games / sports / events.

Handwritten signatures and notes in blue ink, including the word 'kajal:' and various scribbles.