



UNIVERSITY OF JAMMU

(NAAC ACCREDITED 'A' GRADE' UNIVERSITY
Baba Sahib Ambedkar Road, Jammu-180006 (J&K)

NOTIFICATION (22/Sept./Adp/39)

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, is pleased to authorize the adoption of the Syllabi and Courses of Study in the subject of **Social Work** for semesters IIIrd, IVth, Vth and VIth under the **Choice Based Credit System** at the Undergraduate level (as given in the Annexure) for the examinations to be held in the years indicated against each semester as under:-

Subject	Semester	For the examinations to be held in the year
Social Work	Semester-III	December 2022, 2023 and 2024
	Semester-IV	May 2023, 2024 and 2025
	Semester-V	December 2023, 2024 and 2025
	Semester-VI	May 2024, 2025 and 2026

The Syllabi of the courses is also available on the University website:
www.jammuuniversity.ac.in.

Sd/-
DEAN ACADEMIC AFFAIRS

No. F. Acd/II/22/6687 - 6700

Dated: 27-09-2022

Copy for information and necessary action to:

1. Dean Faculty of Social Science
2. HOD/Convener, Board of Studies Social Work
3. All members of the Board of Studies
4. C.A. to the Controller of Examinations
5. Director, Computer Centre, University of Jammu
6. Deputy Registrar/Asst. Registrar (Conf. /Exams. UG/ Exam Eval Non-Prof/CDC)
7. Incharge University Website for necessary action please

Sumitasharma
Deputy Registrar (Academic) 27/9/22

Topsy 26/9/22

UNIVERSITY OF JAMMU

THREE YEAR UNDERGRADUATE PROGRAMME (CBCS)

SYLLABI OF B . A. in SOCIAL WORK

(Examinations to be held in Dec 2022, 2023, 2024 & 2025)

S.no.	Course Type	Course Code	Course Title	Credits
Semester-III				
1.	Core Course (C)	USWTC-301	Contemporary Social Concerns	6
2.	Skill Enhancement Course (SEC-1)	USWTS-301	Social Psychology	4
Semester –IV				
3.	Core Course (C)	USWTC-401	Social Deviance and Social Problems	6
4.	Skill Enhancement Course (SEC-2)	USWTS-402	Areas of Social Work Practice	4
Semester- V				
5.	Skill Enhancement Course (SEC-3)	USWTS-501	Social Action	4
6.	Discipline Specific Elective Course(DSE)-1	USWTE-502	Social Work Intervention with Individual	6
7.	Generic Elective (GE)-I	USWTE-503	Social Work & Health Care	6
Semester -VI				
8.	Skill Enhancement Course (SEC-4)	USWTS-601	Research in Social Work	4
9.	Discipline Specific Elective (DSE) 6III	USWTE-602	Social Work Intervention with Groups	6
10.	Generic Elective (GE)-II	USWTE-603	Social Welfare Administration	6

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER III)

**Under Choice Based Credit System (CBCS) Examination to be held in the years December
2022,2023,2024**

Course No: USWTC-301

Course Type : Core Course

Credit: 6

Duration: 2½ hours

Title: CONTEMPORARY SOCIAL CONCERNS

Internal Assessment Test: 20

External End Semester Exam: 80

Total Marks : 100

Objectives:

- Understand contemporary social concerns.
- Appreciate the role of social work in dealing with contemporary concerns.
- Develop an understanding in dealing with social concerns.

Unit I: Understanding Social Problems

- 1.1 Social Problems: Concept and Nature
- 1.2 Types of Social Problems
- 1.3 Social Work response to social problems

Unit II: Gender and Related concerns

- 2.1 Understanding Gender
- 2.2 Gender discrimination
- 2.3 Gender based violence

Unit III: Vulnerable Groups

- 3.1 Street and Working Children
- 3.2 SC, ST, OBC and Minorities
- 3.3 Differently Abled.

Unit IV: Health Issues and Concerns

- 4.1 Reproductive and Child Health
- 4.2 HIV/ AIDS
- 4.3 Stress and Mental Health

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER III)

**Under Choice Based Credit System (CBCS) Examination to be held in the years December
2022,2023,2024**

Course No: USWTC-301
Course Type : Core Course
Credit: 6
Duration: 2½ hours

Title: CONTEMPORARY SOCIAL CONCERNS
Internal Assessment Test: 20
External End Semester Exam: 80
Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

- | | |
|--|---|
| Ahuja, Ram | Social Problem in India, Jaipur, Rawat Publication. (Unit I) 1997 |
| Becker, H.S.
1966 | Social Problems- A Modern Approach, New York, John, Wiley & Sons (Unit I) |
| Madan, G. R. | Indian Social Problems, New Delhi, Allied Publisher. (Unit II,
III & IV) 1981 |
| Merton, R. K.
and Nisbet,
Robert A | Contemporary Social Problems, Harcourt Brace Jovanovich,
New York. (Unit III, IV & V) 1971 |
| Rao, M.S.A. | Urban Sociology, New Delhi, Manohar Publication. (Unit IV
& V) 1980 |

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B. A SOCIAL WORK (SEMESTER III)

**Under Choice Based Credit System (CBCS) Examination to be held in the years December
2022,2023,2024**

Course No: USWTS-302

Title: SOCIAL PSYCHOLOGY

**Course Type : Skill Enhancement Course
(SEC-1)**

Internal Assessment Test: 20

Credit: 4

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Objectives:

1. To investigate the manner in which behaviour, feelings and thoughts are influenced.
2. To understand interpersonal and societal issues.

Unit I: Nature and Scope of Social Psychology

- 1.1 Social Psychology: An introduction
- 1.2 Methods of social psychology.
- 1.3 Relevance of social psychology to social workers.

Unit II: Concepts in Social Psychology

- 2.1 Social Perception
- 2.2 Social Cognition
- 2.3 Social Influence
- 2.4 Interpersonal attraction

Unit III: Groups and Group processes

- 3.1 Definition and Types of Groups
- 3.2 Group development, Group dynamics
- 3.3 Leaderships: Traits, styles and types

Unit IV: Social Attitudes

- 4.1 Social attitudes: Definition, Features and formation, measurement and change.
- 4.2 Prejudice, Discrimination and Stereotypes
- 4.3 Aggression- Nature, Cause and Control

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B. A SOCIAL WORK (SEMESTER III)

**Under Choice Based Credit System (CBCS) Examination to be held in the years December
2022, 2023,2024**

Course No: USWTS-302	Title: SOCIAL PSYCHOLOGY
Course Type : Skill Enhancement Course (SEC-1)	Internal Assessment Test: 20
Credit: 4	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks) Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

Aronson, E., Wilson, T.D., & Akert, R.M.

Baron R.A., Branscombe N.R., Byrne D., Bhardwaj G
Baron, R.A & Byrne, D.

Social Psychology (6th Ed.) Prentice Hall, NJ.
(Unit I,II,III,IV,), 2007.

Social Psychology (12th Ed.) Pearson, Delhi.
(Unit I,II,III,IV,V), 2010.

Social Psychology (10th Ed.) Pearson Education Inc., New Delhi. (Unit I,II,III,IV,V), 2006.

- Feldman, Robert, S. Social Psychology (3rd Ed.) Prentice Hall, NJ. (Unit I,II,III,IV,), 2001.
- Franzoi,S. Social Psychology(5th Ed.) Mc Graw-Hill, New York. (Unit I,II,III,IV,), 2009.
- Hogg, Michael A. and R. Scott Tindale (eds). Blackwell Handbook of Social Psychology: Group Process. Blackwell Publishing, (Unit I,II,III,IV,), 2002.
- Hogg. Michael A., Vaughan Graham M., Social psychology An Introduction, 7 Grosvenor place, Brookvale, New South Wales, Australia. (Unit I,II,III,IV,), 1995.
- Kuppuswami.B. Socialpsychology, Asia Publishing House, Bombay (Unit I,II,III,IV,), 1994.
- Lippa,R.A. Social Psychology Wardsworth Publishers, California. (Unit I,II,III,IV,), 1990.
- Lindgren H.C, Introduction To Social Psychology, John wiley and Sons (2nd Edition),Ansari Road,Darya Ganj, New Delhi. (Unit I,II,III,IV,), 1962.
- Myers,D.G. Social Psychology (10th Edition) Mc Graw-Hill, New York. (Unit I,II,III,IV,), 2010.
- Paliwal S., Social Psychology, RBSA Publishers, Jaipur (Unit I,II,III,IV,), 2002.
- Raven,B.H. & Rubin,J.Z. Social Psychology ó John Wiley & Sons, New York. (Unit I,II,III,IV,), 1983.
- Sharan A.K Social Psychology, Ajay Verma Commonwealth Publishers 4831/24, Prahlad Street, Ansari Road, Daryaganj. (Unit I,II,III,IV,), 1999.
- Worchel S. & Cooper J. Understanding Social Psychology, The Dorsey Press, Illinois. (Unit I,II,III,IV,V), 1979.

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B. A SOCIAL WORK (SEMESTER- IV)

**Under Choice Based Credit System (CBCS) Examination to be held in the years May, 2023, 2024
& 2025**

Course No: USWTC-401

Title: SOCIAL DEVIANCE AND SOCIAL PROBLEMS

Course Type : Core Course

Internal Assessment Test: 20(1 hour)

Credit: 6

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Objectives:

1. Understand the concept of social deviance and social change.
2. Identify the major factors contributing to the emergence of social problems.
3. Understand the role of social worker in dealing with the social problems

Unit I: Social Deviance and Social Change:

- 1.1 Concept of social conformity and deviance
- 1.2 Theories of social deviance
- 1.3 Social change: Concept and factors
- 1.4 Theories of social change

Unit III: Violence in Indian Society:

- 3.1 Concept and nature of violence in Indian society
- 3.2 Communal violence
- 3.3 Violence against children

Unit IV: Social Problems:

- 4.1 Drug addiction, HIV/AIDS, beggary, prostitution, and suicide
- 4.2 Environmental degradation
- 4.3 Displacement and development

Unit V: Social Defence:

- 5.1 Social defence: Concept, nature, and scope
- 5.2 Areas of Social defence, Policies and Programmes
- 5.3 Social defence services in India
- 5.4 Social defence and voluntary organisations

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER- IV)

**Under Choice Based Credit System (CBCS) Examination to be held in the years May, 2023, 2024
& 2025**

Course No: USWTC-401

Course Type : Core Course

Credit: 6

Duration: 2½ hours

Title: SOCIAL DEVIANCE AND SOCIAL PROBLEMS

Internal Assessment Test: 20(1 hour)

External End Semester Exam: 80

Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

- | | |
|---------------------|---|
| Baig, M. A. A. | Environment, Law and Justice, Regency Publications, New Delhi, 1996. |
| Bhattacharya, S. K. | Social Defence: An Indian Perspective. Regency Publications, New Delhi. (Unit V), 2003. |
| Clinard, M. B. | Sociology of Deviant Behaviour Holt, Rinehart and Winston Inc., Holt. (Unit I), 1963. |
| Cohen, A. K. | Deviance and Control, Prentice Hall India, New Delhi, 1968. |
| Domenech, J. | Violence and its causes, UNESCO, Paris. (Unit I & II), |

- M. et. Al. 1981.
Giddens, A. & Social Theory Today, The Polity Press, Cambridge, 1987.
- Turner, J. (eds.)
Helfer, M. E. The Battered Child, University of Chicago Press, U.S.A., 1997.
- Indian Social Problems, Allied Publishers, New Delhi.
- Madan, G. R. (Unit IV), 1981.
- Mann, J. AIDS in the world: A Global Report, TISS, Mumbai. (Unit III), 1992.
- Singh, R. Collective Violence: Genesis and Response, IIPA, New Delhi (Unit-III), 1988.
- Delhi. (Unit III)
- Thomas, G. AIDS in the world: A Global Report, TISS, Mumbai. (Unit IV), 1992.
- Thukral, E. G. Big Dams, Displaced People: River of Sorrow, River of Change, Sage Publications, New Delhi, (Unit IV). 1992.

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER IV)

**Under Choice Based Credit System (CBCS) Examination to be held in the years May,
2023, 2024 & 2025**

Course No: USWTS-402

Title: Areas of Social Work Practice

**Course Type : Skill Enhancement Course
(SEC-2)**

Internal Assessment Test: 20(1 hour)

Credit: 4

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Objectives:

- Develop an understanding of the areas of social work practice.
- Develop skills required for professional social work practice.

Unit I: Social Work with Family and Child

- 1.1 Needs and problems of families; Needs and challenges for children,
- 1.2 Family and child welfare policies and programmes in India.
- 1.3 Emerging role of social workers in dealing with families and children in difficult circumstances

Unit II: Social Work with Youth

- 2.1 Problems of youth in contemporary society
- 2.2 Youth and youth welfare (Major policies and Programmes), factors influencing development of youth
- 2.3 Youth and Leadership, Role of youth in nation building, Role of social workers in working with youth in difficulties.

Unit-III: Social Work with Differently Abled

- 3.1 Understanding Disability: Concept, Types, needs, problems and causative factors at the individual and societal level.
- 3.2 Major Policies and programmes for differently abled in India.
- 3.3 Role and challenges of Social Worker in dealing with people with special needs.

Unit-IV: Social Work in Education

- 4.1 Historical overview of School Social work in India, Role of professional organizations. Challenges in school social work practice
- 4.2 Flag-ship education programmes in India: Sarva Shiksha Abhiyan and Right to Education, Non-Formal Education, Adult Education.
- 4.3 Working in schools to deal with school phobia, depressed, grieving, suicidal students, school community collaborative initiatives and home visiting.

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER IV)

**Under Choice Based Credit System (CBCS) Examination to be held in the years May,
2023, 2024 & 2025**

Course No: USWTS-402	Title: Areas of Social Work Practice
Course Type : Skill Enhancement Course (SEC-2)	Internal Assessment Test: 20(1 hour)
Credit: 4	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

Hartman, A. and Laird

Family Centered Social Work Practice, New York Free Press, (Unit-1) 1983

Tata Institute of Social Sciences.

Enhancing the role of family as an agency for Social and Economic Development (Unit-1) 1994

Gore, M.S.

Organization and Family change, Popular Prakashan, Bombay, (Unit-1) 1980

Rapp-

Paglicei, L.A., Dulmus, C.N. & Wodarski, J.S. (Eds)

Handbook of Prevention Interventions for children and Adolescents, New York, John Wiley & Sons. (Unit-1), 2003.

Pecora, P.,

The Child Welfare Challenge: Policy, Practice, and Research, Aldine de Gruyter, New York (Unit-1) 2000

Whittaker, I., Maluccio, A.,

- Barth,R.P. and Plotnick,R.D.
Rani,A. Children in difficult situation in India-A
Review, TISS.Bombay (Unit-1) 1986
- Singh, R.R. Social Care of Child in Delhi: Policy, Programme and
Process, Department of Social Work, University of Delhi.
- Fuchs,E.(ed.) Youth in a Changing World: Cross Cultural Perspectives on
Adolescence, Mouton Publishers, Paris (Unit-2),1976.
- Pandey,R. Sociology of Youth, Sterling Publication, New Delhi (Unit-
2),1984.
- Oliver Social Work-Disabled People and Disabling Environment,
Jessica Kingsley Publishers, London (Unit-3),1993.
- The Gazette of India The persons with Disabilities-(equal opportunities, protection
of rights and full participation), Act.1995. (Unit-3),1995.
- Samnta, R.K. Rural Women; Issues, opportunities and Approaches, B.K.
World of Books. (Unit-4),2005.
- Rahman,Z. Empowerment of Rural Indian Women Study of
Uttarakhand, Kalpaz Publications, New Delhi (Unit-4),2007.
- Allen- Meares, P Social Work Services in Schools (5th Edition),Boston:
Pearson (Unit-5),2007.
- Gandhi, A. School Social Work in India, Common Wealth Pubs. Delhi
1990.

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER V)

Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024 & 2025

Course No: USWTS-501

Title: SOCIAL ACTION

Course Type : Skill Enhancement Course (SEC-3)

Internal Assessment Test: 20(

Credit: 4

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Objectives

- Understand the concepts and context of Social Action.
- Develop understanding and analyzing issues in a broader context in order to respond to critical social realities.
- Acquire knowledge on the concepts, processes and techniques of Social Advocacy.

Unit-I: Introduction to Social Action:

- 1.1 Social Action: Meaning, Concept, and Definitions. Principles of Social Action.
- 1.2 Need for Social Action. Goals and Objectives of Social Action,
- 1.3 Approaches and strategies of Social Action,

Unit II: Social Work and Social Action

- 2.1 History of Radical Social Work Practice
- 2.2 Settlement House Movement and Anti-Oppressive Social work practice
- 2.3 Critical Social work and Structural Social Work practice

Unit-III: Introduction to Social Advocacy:

- 3.1 Meaning, Concept and Definitions of Social advocacy, type of social advocacy, process of Social Advocacy,
- 3.2 Social advocacy as a tool for social change, prerequisite for Social Advocacy:
- 3.3 Leadership, Campaign Planning, coalition and Network building, Media Advocacy.

Unit- IV: Social Action as a Method of Social Work:

- 4.1 Social Action in relation to case work, Social Action in relation to Group Work,
- 4.2 Social Action in relation to Community Organization, Social Action in relation to Social Work Research,
- 4.3 Social Action in relation to Social Welfare Administration

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks)

Duration :2½ hours

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER V)

Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024 & 2025

Course No: USWTS-501

Title: SOCIAL ACTION

**Course Type : Skill Enhancement Course
(SEC-3)**

Internal Assessment Test: 20

Credit: 4

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

Alinsky, Saul, Rule of Radicals, Vintage Book Edition, 1998

Bailey R and Mike Brake (EDs), Radical Social Work, Edward Arnold, London, 1975

Baviskar A, Social Movements in India, in N G Jayal and PB Mehta (EDs)- Oxford Companion to Politics in India, Oxford University Press, New Delhi, 2010

Freire P, Pedagogy of the Oppressed, Penguin Books, New Delhi, 1997

Gurr T R, Why Men Rebel, Princeton University Press, Princeton, 1970

Muzaffar Assadi, Movements and Politics in Karnataka, Karnataka Journal of Politics.

Ray, Ray and M F Katzenstein (EDs), Social Movements in India- Poverty, Power and Politics, Rowman and Little field, 2005

Sangavi S, The New People's Movement in India, Economic and Political Weekly, 2007

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER -V)

Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024 & 2025

Course No: USWTE-502

Title: SOCIAL WORK WITH INDIVIDUALS

Course Type : Discipline Specific Elective (DSE)-1

Internal Assessment Test: 20

Credit: 6

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Objectives:

1. Understand social case work as a method of social work.
2. Develop abilities to critically analyze problems of individuals as well as families and factors affecting them.
3. Enhance understanding of the basic concepts, tools techniques skills and process.
4. Develop ability of establishing and sustaining a working relationship with the client.

Unit I: Introduction to Social Case Work:

- 1.1 Concept of social casework: meaning, nature, objectives and importance
- 1.2 Historical development of social case work
- 1.3 Principles of social case work
- 1.4 Components of social case work: person, problem, place and process

Unit II: Understanding Clients:

- 2.1 Basic human needs
- 2.2 Types of problems faced by individuals and families
- 2.3 Factors obstructing personality development of individuals
- 2.4 Concept of social role and reasons for poor role performance

Unit III: Approaches to Social Case Work:

- 3.1 Task-centered approach
- 3.2 Social-psychological approach
- 3.3 Problem solving approach
- 3.4 Integrated approach of practice

Unit IV: Tools, Techniques, Skills and Process of Social Case Work:

- 4.1 Client-worker relationship and use of authority
- 4.2 Case work tools: listening, observation, interview and home visits
- 4.3 Skills of case work: communication, resource mobilization, rapport building and case work recording.
- 4.4 Phases of case work process: study, assessment, intervention, termination and evaluation

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER -V)

Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024 & 2025

Course No: USWTE-502

Title: SOCIAL WORK WITH INDIVIDUALS

Course Type : Discipline Specific Elective (DSE)-1

Internal Assessment Test: 20

Credit: 6

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS :

- | | |
|----------------|---|
| Beistek, F.P. | The Casework Relationship. Chicago: Loyola University Press.(Unit-IV), 1957. |
| Hamilton, G. | Theory and Practice of Social Casework. New York: Columbia University Press. (Unit-V), 1956. |
| Mathew, G. | An Introduction to Social Casework. Bombay: Tata Institute of Social Sciences.(Unit-II), 1992. |
| Pearlman, H.H. | Social Casework: A Problem Solving Process. Chicago: The University of Chicago Press.(Unit-II), |

- 1957.
- Skidmore, R.A. & Thakhary, M.G. Introduction to Social Work. New Jersey: Prentice Hall. (Unit-I), 1982.
- Timms, N. Social Casework: Principles and Practice. London: Routledge and Kegan Paul.(Unit-I), 1964.
- Timms, N. Recording in Social Work. London: Routledge and Kegan Paul.(Unit-IV), 1972.
- Werner, H.D. A Rational Approach to Social Case Work. New York : Association Press.(Unit-III), 1965.
- Younghusband, E. New Development in Case Work. London: George Allen and Unwin.(Unit-III), 1966.

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER -V)

Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024 & 2025

Course No: USWTE-502

Title: SOCIAL WORK & HEALTH CARE

Course Type : Generic Elective (GE)-I

Internal Assessment Test: 20(1 hour)

Credit: 6

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

**Objec
tives:**

1. U

1. Understand health situation in India
2. Understand various factors affection health and
3. Health care system, community, health, Policies and programs.
4. Learn to work with multi-disciplinary team

Unit-I: Introduction to Health:

- 1.1 Concept of Health: Physical, Social, Mental and Spiritual Dimensions of health- Positive health.
- 1.2 Determinants of health- Changing perspectives of health care and social work practice in the field of health.
- 1.3 Concept of Social medicine, and Community Medicine. Role of family in health and disease. Health Scenario of India.

Unit- II : Classification of diseases Communicable and Non-communicable diseases:

- 2.1 Brief discussion on causes, signs and symptoms, treatment and prevention of communicable and Non- Communicable diseases.
- 2.2 Leprosy, TB, STDs, AIDS, Hepatitis A and B, Cholera, Typhoid and Malaria, Cancer, Blindness, Hypertension, Diabetes. Accidents:
- 2.3 Raising incidents of road traffic accidents ó causes, effects and management strategies for the prevention of accidents.

UNIVERSITY OF JAMMU
B. A. SOCIAL WORK (SEMESTER -V)
Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024
& 2025

Course No: USWTE-502

Title: SOCIAL WORK & HEALTH CARE

Course Type : Generic Elective (GE)-I

Internal Assessment Test: 20

Credit: 6

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

Unit- III : Mother and Child Health Services:

3.1 Mother and Child Health(MCH) Services: Prenatal and Postnatal care ,

3.2 Immunization- School health programme, ICDS and RCH Programmes.

3.3 Nutrition- balanced diet. Under nutrition and malnutrition. Remedial measures.

Unit-IV: Mental Health:

4.1 Concept of mental Health, Mental Illness, Community Mental Health and Community Psychiatry.

4.2 Mental Health as a Part of General health. Rehabilitation, prevention of mental illness and promotion of mental health,

4.3 Methods and techniques and role of the social worker, individually or as part of a team of professionals and Para- Professionals, working with multi-disciplinary teamø.

4.4 Health Education: meaning, importance and methods. National Health Programmes ó National Health Policy ó National and International Organizations for Health.

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER -V)

**Under Choice Based Credit System (CBCS) Examination to be held in the years May 2023,2024
& 2025**

Course No: USWTE-502

Title: SOCIAL WORK & HEALTH CARE

Course Type : Generic Elective (GE)-I

Internal Assessment Test: 20

Credit: 6

External End Semester Exam: 80

Duration: 2½ hours

Total Marks : 100

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

1. Alex, Alexander V: Human Capital Approach to Economic Development, Metropolitan, New Delhi, 1983.
2. Bajpai, P.K. (Ed): Social Work Perspectives on Health, Rawat Publications, Jaipur, 1998.
3. Clark, D.W and McMahon, B. (Ed): Preventive and Community Medicine, Little, Brown and Company, Boston, 1981.
4. Hanlon, J.J and Picket, G.E: Public Health ó Administration and Practice, C.B.Mosby Company, St.Louis, 1979.
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6. Lathem, W and Newbery, A: Community Medicine ó Teaching Research and Health Care, Butterworth, London, 1970.
7. Mathur, J.S: Introduction to Social and Preventive Medicine, Oxford and I.B.H. Publishing Company, New Delhi, 1971.
8. Mechanic, David: Medical Sociology ó A Selective View, Free Press, New York, 1968.
9. Nichols, P.J.R. (Ed): Rehabilitation Medicine, Butterworth, London, 1980.

10. O'Neill, D. (Ed): Modern Trends in Psychosomatic Medicine, Butterworth and Co., London, 1955.
11. Park, K: Park's Textbook of Preventive and Social Medicine, Banarsidas Bhanot, Jabalpur, 1997.
12. Ramachandru, G: Health Planning in India, A.P.H. Publishing Corporation, New Delhi, 1997.
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UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER VI)

Under Choice Based Credit System (CBCS) Examination to be held in the years December 2023,2024 & 2025

Course No: USWTS-601	Title: Research in Social Work
Course Type : Skill Enhancement Course (SEC-4)	Internal Assessment Test: 20
Credit: 4	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Objectives:

1. Understand the need for Scientific Approach to human inquiry in place of common sense approach.
2. Conceptualize and formulate a simple research project, Prepare and administer of simple tools of data collection and Report writing skills.
3. Develop and understanding of Statistics, simple statistical tools and learn to use these.

Unit-I Introduction:

- 1.1 Social Work Research and Social Research: Concept, objectives. Importance of Social Work Research.
- 1.2 Types of Social Research, Difference between Social Science Research and Social Work research.
- 1.3 Social Work Research as a method of social work.

Unit-II: Basic Steps and Concepts in Social Work Research:

- 2.1 Steps in Social Work Research: Identification of Research Problems, Review of Literature, Statement of Problems, conceptualization objectives, Hypothesis.
- 2.2 Developing Research Tools, Sample, Data Collection, Data Processing, and Analysis
- 2.3 Presentation of results and report.

Unit-III: Research Designs and Research Tools:

- 3.1 Research Designs: Case studies, survey (exploratory and explanatory)
- 3.2 Descriptive Experimental (natural or post- facto, quasi, field and laboratory)
- 3.3 Research Tools: Observation, Interview Schedule, Interview Guide/ Checklist Questionnaire, Methods of Data Collection: Observation and interview, Sources of data: Primary and Secondary ó Published and Unpublished Universe
- 3.4 Sampling: Need, types and Procedures ó Determination of sample size.

Unit-IV Statistical Analysis:

- 5.1 Meaning of statistics, Computing percentages and Measures of Central Tendency ó Arithmetic Mean, Mode and Median. Measure of Variation- Range, Standard Deviation. Computer application and Social Work Research.

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER VI)

Under Choice Based Credit System (CBCS) Examination to be held in the years December 2023,2024 & 2025

Course No: USWTS-601	Title: Research in Social Work
Course Type : Skill Enhancement Course (SEC-4)	Internal Assessment Test: 20
Credit: 4	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS :

1. Aggarwal, Y.P: Statistical Methods, Sterling Publishers Pvt.Ltd. Bangalore, 1988.
2. Goode, W.J. and Hatt, P.K: Methods in Social Research, McGraw Hill, New York, 1962.
3. Gupta, S.P: Statistical Methods, Sultanchand and Sons, New Delhi, 1984.
4. Kothari, C.R: Research Methodology ó Methods and Techniques, Second Edition, WishwaPrakashan, New Delhi, 1990.
5. Krishnaswamy, O.R: Methodology of Research in Social Sciences, Himalaya PublishingHouse, Bombay, 1993.
6. Lal das, D.K: Practice of Social Research, - Social Work Perspective, Rawat Publications,Jaipur, 2000.
7. McMillan: Statistical Methods for Social Workers, University of Chicago Press, Chicago,1952.
8. Moser, C.A and Kalton, G: Survey Methods in Social Investigation, ELBS and Heinemann,London Educational Books, 1974.
9. Polansky, N.A(Ed): Social Work Research, University of Chicago, Chicago, 1960.
10. Raj, Hans: Theory and Practice in Social Work Research, Surjeet Publications, Delhi, 1987.
11. Ramachandran, P: Issues in Social Work Research in India, Tata Institute of Social Sciences,Bombay, 1990.

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER -VI)

Under Choice Based Credit System (CBCS) Examination to be held in the years December 2022,2023,2024

Course No: USWTE-602	Title: SOCIAL WORK WITH GROUPS
Course Type : Discipline Specific Elective (DSE)-III	Internal Assessment Test: 20
Credit: 6	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Objectives

1. Develop understanding of group work as a method of social work.
2. Gain knowledge about group formation and use of a variety of group approaches.
3. Develop knowledge, skills and techniques to be used by the social worker in groups.
4. Understanding group as an instrument of change.

Unit I: Introduction to Social Group Work:

- 1.1 Social groups: meaning, characteristics, types and significance
- 1.2 Concept of group work: Evolution, characteristics and objectives
- 1.3 Basic values and principles of group work
- 1.4 Models of group work practice

Unit II: Groups Processes and Dynamics:

- 2.1 Group behavior
- 2.2 Communication and interaction pattern
- 2.3 Group cohesion & conflict

Unit III: Development of the Group:

- 3.1 Stages of group work: planning, beginning, middle and ending phases
- 3.2 Use of programme as a tool: importance, principles and elements.
- 3.3 Role of group worker in different stages of group work practice

Unit IV: Skills and Techniques of Social Group Work /Different Settings:

- 4.1 Group work skills: facilitation, analytical thinking, leadership and recording in group work
- 4.2 Techniques of group work: group counseling group discussion, group decision-making, role play, programme media and group sessions.
- 4.3 Application of group work with different groups: children, adolescents, elderly persons, women and persons with disability
- 4.4 Areas of group work practice: Health education, substance abuse, schools, labour welfare, juvenile delinquency

UNIVERSITY OF JAMMU

B. A SOCIAL WORK (SEMESTER -VI)

Under Choice Based Credit System(CBCS) Examination to be held in the years December 2022,2023 & 2024

Course No: USWTE-602	Title: SOCIAL WORK WITH GROUPS
Course Type : Discipline Specific Elective (DSE)-III	Internal Assessment Test: 20
Credit: 6	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

Balgopal, P.R.&
Vassil, T.V.
Brown, Allan
Douglas, T.

Geoffrey, L.G. &
Ephross, P.H.
Konopka, G.

Toseland, R.W. &
Rivas, R.
Trecker, H.B.

Wilson, G. &

Groups in Social Work: An Ecological Perspective.
New York: Macmillan.(Unit-I), 1983

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Group Processes in Social Work: A Theoretical
Synthesis. Chicester: Johan Wiley & Sons.(Unit-II),1972

Group Work with Population at Risk. New York:
Oxford University Press.(Unit-V),1997.

Social Group Work: A Helping Process. Englewood
Cliffs: Prentice.(Unit-II),1963.

An Introduction to Group Work Practice. New
York: MacMillian.(Unit-III),1983.

Social Group Work: Principles and Practices. New
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UNIVERSITY OF JAMMU**B. A. SOCIAL WORK (SEMESTER VI)**

Under Choice Based Credit System (CBCS) Examination to be held in the years December 2022,2023,2024

Course No: USWTE-603	Title: SOCIAL WELFARE ADMINISTRATION
Course Type : Generic Elective (GE)-II	Internal Assessment Test: 20
Credit: 6	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Objectives:

1. To develop an understanding of basic concepts of Administration in Social WorkPractice.
2. To expose the ability to apply the basic principles of Social Welfare
3. To provide necessary knowledge of Administration of Welfare Organisation.
4. To develop an understanding of the organisation as a system.

UNIT – I- Conceptual Frame Work:

- 1.1 Social Welfare and Social Service,
- 1.2 Social Welfare Administration and Public Administration.
- 1.3 Principles of Social Welfare Administration, Functions of Social Welfare Administration.

UNIT –II-Registration of Welfare Organisation:

- 2.1 Provisions for various forms of Registration of Welfare Organisation / NGOs: 2.2 Indian Trust Act 1882/ Society Registration act 1860/Company Act 1956.
- 2.3 Conditions and Procedures required for Registration of NGOs under Registration of Societies Act 1860.
- 2.4 Administration of Registered Welfare Agencies: Role and Functions of General body, Role and Responsibilities and Functions of Office bearer.

UNIT-III- Social Welfare Boards:

- 1.1 Objectives and functions of Central Social Welfare Board, State Social Welfare Advisory Board- Role and Functions.
- 1.2 Concept of Grant in Aid: Eligibility and procedures involved to get Funding assistance from Internal and External organisations.
- 1.3 Programmes and Schemesof the Central Social Welfare Board.

UNIT –IV- Agency Administration:

- 4.1 Concept of Administration, Organisation and Management.
- 4.2 Executive in Administrative Process: Responsibilities and Functions of Executive in the Administrative Process: **POSDCORB:** (Planning, Organising, Staffing Directing, Coordinating Reporting, Budgeting)

4.3 Nature of programmes of NGOs, General and Specific Problems of Non-Governmental Organisations (NGOs), Remedial measures.

UNIVERSITY OF JAMMU

B. A. SOCIAL WORK (SEMESTER VI)

Under Choice Based Credit System (CBCS) Examination to be held in the years December 2022,2023,2024

Course No: USWTE-603	Title: SOCIAL WELFARE ADMINISTRATION
Course Type : Generic Elective (GE)-II	Internal Assessment Test: 20
Credit: 6	External End Semester Exam: 80
Duration: 2½ hours	Total Marks : 100

Note for paper Setting:

Internal Assessment Test (20 marks)

Duration: 1 hour

The paper consists of:

One long Answer Type Question of 10 marks and five Short Answer Type Questions of 2 marks each.

External Examination (80 marks) Duration :2½ hours

The paper will consist of three sections:

Section A will consist of 5 short Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 70-80 words. Each question carries 3 marks (5×3=15).

Section B will consist of 5 medium Answer Type Questions, having at least one question from each unit. The candidate will have to answer all the five questions, in about 250-300 words. Each question carries 7 marks (7×3=35).

Section C will consist of 4 long Answer Type Questions, having at least one question from each unit. The candidate will have to answer any two questions, in about 500-600 words. Each question carries 15 marks (15×2=30).

BOOKS:

1. Bhattacharya, Sanjay. Social Work Administration. Jaipur: Rawat Publication, 2006.
Social Work: An Integrated Approach, Jaipur: Rawat Publication, 2004.
2. Chowdry, Paul D. Social Welfare Administration. New Delhi: Atma Ram and Sons, 1990.
3. Dhama, O.P. Extension and Rural Welfare. Agra: Ram Prasad & Sons, 1986.
4. Dubey, S.N. Social Welfare Policy and Social Welfare Service. Bombay: Tata Institute of Social Sciences, 1972.

5. Goel, S. L. Social Welfare Administration: Social Justice and Empowerment. Vol.1& 2. New Delhi: Deep and Deep Publication Pvt. Ltd., 2010.
6. John, Ray. Executive Responsibilities. New York: Association Press, 1954.
7. Johri, P.K. Social Administration. New Delhi: Anmol Publication, 2007.
8. Mazumdar, Ammu Menon. Social Welfare in India. Bombay: Asian Publishing House, 1964.
9. Patel, A.K and Dubey M.V. Philosophy of Social Work. New Delhi: Crescent Publication Corporation, 2010.
10. Rameshwari, Devi and Ravi Prakash. Social Work and Social Welfare Administration: Methods and Practices. Jaipur: Mangal Deep Publication, 1998.
11. Ranjana, Devi. Social Welfare: Concepts and Theory. New Delhi: Omega Publications, 2009.
12. Sachedeva, D.R. Social Welfare Administration, New Delhi: Kitab Mahal, 2009.
13. Skidmore, R.A. Social Work Administration. Boston: Allyn & Bocan, 1995.
14. White, Leonard D. Introduction to the Study of Public Administration. New Delhi: Surjeet Publication, 2007.
15. Young, P.V. Mastering Social Welfare. London: Macmillan Press, 1998.